



COLORADO

WOMEN

# FLYFISHERS

A sociable club for women who flyfish

April 2004 Vol. VIII, No.4

## APRIL MEETING

**DATE:**

Tuesday, April 6, 2004

**TIME:**

5:30 - 6:30 Social Hour

6:30 - 7:30 Dinner (Optional, \$9.50)

7:30 - 8:30 Program

**PLACE:**

Piccolo's Restaurant  
3563 S. Monaco Parkway,  
Denver

**PLEASE BRING:**

A donation for our monthly Raffle

A flyfishing friend *New guests are welcome!*

### How to Get There

Piccolo's is located at 3563 S. Monaco Parkway, Denver, approx. one-half mile east of I-25 near the southwest corner of Hampden and Monaco in the King Soopers shopping center. Go to the private banquet room on the right side of the restaurant. We will be there!

*At our April meeting...*

## The Caddis of the Arkansas River

with Bill Edrington

The spring dance of the caddisfly draws hundreds of trout and anglers to the Arkansas River every year. Bill Edrington, owner of Royal Gorge Anglers in Canon City, will talk about fishing caddis hatches and, in particular, the spring hatch on the Arkansas.

Come learn about the life cycle of the caddis and about the system Bill has developed to fish each stage effectively.

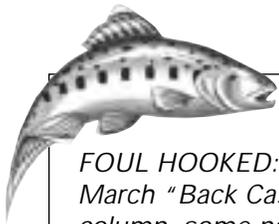
In his previous life, Bill was a professor of sociology and now is the author of a new book, "Fly Fishing the Arkansas," which will be available for purchase at our meeting. —*Diane Meyer, Program Chair*

## CWF Calendar

Apr. 3	CWF Flyfishing Clinic
Apr. 6	Monthly Meeting
Apr. 10	FFF Certified Casting Instructor Workshop
Apr. 13	CWF Board Meeting
Apr. 17	CWF River Clean-up
Apr. 30 - May 2	CWF Weekend Trip Arkansas River
May 8	CWF Day Trip, Hot Sulphur Springs area, Colorado River
May 22	CWF Day Trip, Big Thompson River
June 4	CWF Weekend Trip, Red Feathers Lakes

### Welcome New Members

Mary Kay Bael - Golden  
Jan Clark - Placerville  
Heather Fadrhonc - Denver  
Sue Farr - Louisville  
Janice Holcomb - Pine  
Susan Hrivnak - Montrose  
Ruth Irons - Colorado Springs  
Betty Peterson - Denver  
Jody Yehle - Denver



**FOUL HOOKED:** In the March "Back Cast" column, some nameless typographer mistook the word *bootie* for *booty* — a humorous word for prize. In fact, *bootie*, a variation of "bootee," is a light overshoe, usually worn by the CWF Newsletter production staff while trying to catch bonefish off the reefs of Belize during presstime. We regret the error . . . and their absence. — Ed.

## BACK CAST

MARCH 2004 MEETING  
BY ARLYS WARFIELD

**A**s flyfishing slide shows go, this was a good one. Dan Wright was clever enough to illustrate his lecture, "Practical Aspects of Short Line Nymphing," not only with on-the-river demonstrations of good technique but also with photographs of well-known Club members to spice up the visuals.

Dan noted that we all start flyfishing by short line nymphing because it's the easiest technique for guides to teach either wading or floating, and good casting skills are not necessarily required. But to become a really good short line nymph you need

*"We all start flyfishing by short line nymphing, whether or not we are wade fishing or float fishing."*

DAN WRIGHT

these skills for success: (1) you're a good wader, (2) you're a good reader of water, (3) you possess knowledge of insect life cycles, (4) you possess knowledge and awareness of the river (does it fish better in the winter, or better in the summer/fall), and (5) you know knots, flies and terminal tackle. (As Dan says, "knots are the administrative operation of flyfishing.")

Here are Dan's five principle for nymphing success: (1) Nymph within 15 feet for best chance of catching fish, (2)

Your indicator must be free of drag, (3) Flies and weight must be upstream of indicator (with this one notable exception: at the end of the drift on the swing; in that case, count 1000, 2000, 3000 before tightening line when fish strikes), (4) You have added weight from the bottom up, and (5) Everybody catches the "tugger" fish — you catch 30% of the fish-takes that are unseen.

Five common errors in short line nymphing: (1) wading too deeply too quickly (most fish can be found in the warmer water near the bank), (2) casting line over 15 feet, (3) putting on too little lead and then not changing it, and (4) analyzing, not reacting.

Regarding weight: Add lots of weight when you begin — #6 split shot (add weight with putty lead wrapped around split shot) about 16" above first fly—and then remove it as you see fly bouncing off the bottom. Adjust weight every 6 or 8 casts.

Where fish live: (1) in highly oxygenated water, (2) in the riffles, (3) deep holes in slow moving water (especially in winter).

Water temperature and River Flows: temperature can fluctuate all day long so carry your stream thermometer. Check river flows if you can on the Internet before you leave home at [dwr.state.co.us/Hydrology/flow\\_search.asp](http://dwr.state.co.us/Hydrology/flow_search.asp).

Watch out: "Fish have a brain the size of a pea, and they use all of it."

Nymphing Rig: Dan always uses a 7-1/2 foot leader and adds 12-16" tippet (ties with a triple surgeon's knot) for first fly, then another 12 - 16" for the dropper fly. Split shot plus lead putty is added at the surgeon's knot and the yarn indicator 1-1/2 — 2 x water depth above it.

Nymphing position: put fish straight across from you, then cast upstream and drift to it (fish generally move only 2 to 3 inches to take food so you need to put it in the target area).

Dan's program set a new Club attendance record of over 70, with 13 first-timers. Rim Chung of RS-2 midge fly fame and *Denver Post's* own Charlie Meyers, with wife Diane, were special guests. (see *Pop Shot photo essay on page 9*)

### The Raffle

A new feature was added to the monthly meeting Raffle with the introduction of a Silent Auction for a full day float trip for two on the North Platte River. The winning bid of \$375 came from **Anne Zadrzil**. Enjoy, Anne!

**Carol Leonard** and **Chris Juvan** ran neck and neck for the volume prize title in the Raffle, but new member **Connie Rogers** retrieved the big prize of an hour casting lesson donated by Dan Wright — and a startled **Nancy Sherman** actually fell off her chair when she heard her number called for Rim Chung's donation of 12 assorted flies. **Mary Kuchynka's** donation 18 assorted flies in a box was won by **Marcia Exley**, and then Mary turned around and won the CWF Traveling Fly Box, which just goes to show that no good deed goes unpunished. ■

## MOTHERS' S DAY CADDIS HATCH

ARKANSAS RIVER (BONDING) TRIP, APRIL 30 - MAY 2

BY CHRIS JUVAN, TRIP CO-CHAIR

The annual CWF Arkansas River trip is scheduled for April 30th - May 2. Fishing reports indicate the river is waking up and the fishing will continue to improve. We will know in the next few weeks if we will be fortunate enough to experience the annual caddis hatch. This is a very popular "eating" time for fish and has proven to be a great training ground for catching them on dry flies. If the caddis are not quite ready we will be in the midst of the blue wing olive hatch. As long as the weather holds, in that the river does not get washed out early due to warm weather, we can't miss having a wonderful catching time!

### Wade and Float Trips

ArkAnglers has been great in accommodating our members with the choice a half or full day or a combination of the two. As of this writing, there are spots still available. The trips are based on two members participating with each guide. Half day wade \$80/ea; half day float \$90/ea; full day wade \$110/ea; full day float \$140/ea.; Half day Wade- full day float combination \$195/ea. If you would like to participate on these trips, please contact Chris Juvan (303) 480-0985 ASAP. We will assist in pairing members if necessary.

### Saturday Night Dinner

The annual Saturday night dinner/party will be at the Rainbow Inn. The dinner will be prepared and cleaned up by the Rainbow Inn staff in the courtyard. Menu: Beef brisket and chicken with trimmings and desert. It will start around 6 p.m. If you would like to eat, please sign up for dinner by April 9th with either Carol Stegink (303) 771-2078 or Chris. Cost of the dinner is \$7.50/person. After April 9 the cost will be \$10.50.

Make checks payable to the Rainbow Inn. If you don't want to eat, please join the party. Plan on bringing your own drinks. Please mail checks to either Carol or Chris.

### Accommodations

The majority of Club members have reservations at the Rainbow Inn in Salida (Tel: 1-800-539-4447). They provide a small breakfast of coffee and toast. Make your reservations today!! If the Rainbow is booked, there are members at the Aspen Leaf (Tel: 1-800-759-0338) and the Super 8 (Tel: 1-719-539-6689). Members will

begin arriving Thursday, with some staying through Monday.

### What to Bring

Bring your 4-5 weight rods with leaders going down to 5x tippets. Since it is spring-time, be prepared for rain, snow, cold or warm weather. In other words, have layers of clothing. Typically, Club members will bring lunch items with plenty of water and take it with them to consume on the river. Dinner is on your own but it is easy to hook up with other Club members.

### Suggested Flies

Bring a variety of caddis patterns and blue wing olives. We will have updates for flies as we get closer to the event. Watch for updates on [cwftalk@topica.com](mailto:cwftalk@topica.com).

### Questions

Call Chris Juvan at (303) 480-0985. We will try to connect members who want to car pool, or share a room, or participate with float and/or wade trips.

### Need Trip Coordinators

This is a big trip and trip coordinators would be appreciated! Fishing ability is not a concern to be able to coordinate a trip. Please call Chris if you can help. Thank you. This will be a great weekend! ■

## CWF Hosts IWFF and Others on the Arkansas Trip

BY CRAIG STANTON

Our 2004 Arkansas River Trip to Salida may be the most fun Mother's Day Caddis Hatch ever. Why? We are expecting guests! Colorado Women Flyfishers is hosting the Spring 2004 Rendezvous for IWFF (International Women Fly Fishers, Inc.)

CWF has invited IWFF members from all over the country, as well as She Fishes from NM and The Dame Juliana Anglers from AZ to join us on the Arkansas trip at the end of April. We may be meeting a dozen or more women anglers, not only from NM and AZ, but also from as far away as CT, MO, WA or even VA.

Also, the daily press in the form of Ed Dentry of the *Rocky Mountain News* will be visiting and talking with us on the river.

## SNEAK PEEKS

Two great CWF day trips are featured in the month of May.

### Colorado River Day Trip, May 8

The Colorado River is one of the premier trout streams in Colorado. The section we will be fishing flows through beautiful ranch land that parallels U.S. Highway 40 between Grandby and Kremmling.

We will be fishing close to the confluence of the Williams Fork River at Parshall. It is full of beautiful brown and rainbow trout. This area is Gold Medal Water.

Specific directions will be in the May newsletter, along with where to meet and what flies to use.

### Big Thompson River Day Trip, May 22

The Big Thompson River originates inside Rocky Mountain National Park, flowing east through the town of Estes Park and continuing east to eventually join the South Platte River. It is a fun trout stream full of lots of eager cutthroat, brown and brook trout.. It has good riffles and pocket water to fish.

The Big Thompson is within easy driving distance from Denver and is easily accessed with U.S.34 paralleling the river for most of its course below Estes Park.

More information will be in the May newsletter with detailed directions, meeting place and flies to use. — Carol Stegink, Trip co-Chair

I hope it will be a great experience, hostessing these women anglers and other guests. I also hope you will meet and greet them warmly . . . you never can tell what we might learn from them or what kind of reciprocal invitation we might receive for the Club or as individuals. So, if you happen to see a new face on the river or at the BBQ, introduce yourself, please.

We should know who will be joining us in mid April. Meanwhile, get those caddis and BWO patterns tied up!

See you soon!

# THE FLEDGLING FLY FISHER

## A BEGINNERS'S NOTEBOOK — CHAPTER ONE: KNOTS

BY SUZANNE SNEED

*This is the first in a series of articles designed to help the beginning flyfisher absorb the basic skills required to go on the river and enjoy the day.*

Newcomers to the world of flyfishing find that there seems to be so much to learn. There are lots of published and unpublished suggestions on gear and techniques and fishing locations and much more. But the one thing you need to be able to do yourself is to tie knots! There are lots of books, and articles and publications that overwhelm you with the number of possible knots you should know. The reality is that there are just a couple you need to know to be able to fish on your own.

First, do not worry about getting the backing and fly line on your reel. Let your fly shop do it when you buy your line. Second, while you are at the shop, have them show you

the knots you will need! Most shops are glad to help you. They may offer to sell you a knot tying tool. If you get one, make sure you spend some time in the shop practicing with the shop's supervision. Nothing is worse than getting on the water and not having a clue how the darn thing works (not that it ever happened to any of us!).

Here are the situations you will need to be able to handle on your own, and the knots I would recommend:

Leader-to-Line Connection  
Loop-to-loop, or Surgeon's Knot. This is really just making two loops and connecting them together! You can even buy Looped Leaders!

Or, if you insist on making a knot, tie the Nail Knot. A special tool can help you with this tight, and very effective, knot.

Tippet-to-Leader  
Double Surgeon's knot. This knot works well for attaching different diameters of tackle together.

Fly-to-Tippet  
Improved Clinch Knot. A more secure ver-

sion of the clinch knot.

That's it. Just three knots!!! And to make matters easier, listed below are some great sites for learning these knots. Some even have animation!!! How cool.

[http://www.flyangleronline.com/  
go to Features and then Knots](http://www.flyangleronline.com/go to Features and then Knots)  
<http://www.flyfield.com/davetips.htm>  
<http://www.flyfisherman.com/skills/jb4knots/index.html>

And here is a great general site for beginners, including sections on knots:  
<http://www.flyfisherman.com/skills/dwtackle/index.html>

I found these sites because I did not know my knots and, to make myself learn, I signed up to teach the knot session at the Girl Scout workshop! No better way to learn than to make yourself teach. Teach your friends, teach your family, teach your pet! Get yourself some different colored climbing rope or something big and easy to see. Then work your way down to leaders and tippets.

As Dan Wright said at the March meeting, "Practice, practice, practice . . . in front of the TV, or wherever." ■

## CWF Board Introduces Mentoring Program: "Buddy System" Will Aid Newcomers

BY DAWN DOBSON, EDUCATION CHAIR

In February, the CWF Board of Directors met and discussed goals and our vision for the future. The Board felt a need to try to encourage more newcomers to join us on our trips. One of the ideas that came out of our brainstorming session was the possibility of developing a mentoring program in which we incorporate a "Buddy System" on some of our trips.

*"When new members sign up for these trips, they can request to be accompanied by a Buddy."*

We truly hope this will be a fun opportunity to improve everyone's fishing experience, as well as contribute to the social component of our Club's mission. The three trips selected for this program are: April 17th River Clean-up on Clear Creek, May 22nd on the Big Thompson and July 31st trip to the Dream Stream. The Trip co-Chairs will coordinate our Buddy system, using each trip's sign-up information.

By now, you are probably very excited about participating in this

program and wondering, "What can I expect from my Big Buddy?" or "How do I get to be a Big Buddy?"

First, if you request a Buddy, you will receive a complimentary phone call before the trip during which your assigned Buddy will give you a brief overview of the day. This might include departure/return times, terrain you will encounter, equipment/clothing to bring, and fly selection. When you arrive at the river, she can assist you in rigging up your rod and reel. On the river, you will get assistance with wading/reading the water, using correct technique/presentation, landing the fish, safely releasing the fish, and identifying the fish.

Of course, your Buddy can't get you out of bed, fix your breakfast, guarantee you a 20-fish day, or carry you back to the car at the end of the day. We also felt it was above and beyond the call of duty to provide personal items and/or equipment such as T.P., socks, flies, tippet, rods or reels. All you have to do is show up (on time), bring your own stuff, be excited to learn and have fun!

All of this and probably more could be yours at absolutely no charge (although a beverage at the end of the day might be a nice gesture)! All you have to do is indicate that you want a Buddy when you sign-up. Members who wish to volunteer as a mentor will know that the program's success depends on their participation. ■

# CLUB TRIP REPORT

GILL TRAIL, CHEESMAN CANYON  
BY CHRIS JUVAN

**SOUTH PLATTE RIVER, MARCH 13.** The 12 members who participated in the first Club trip of 2004 could not have asked for a better day of fishing in the sunshine. (O.K., maybe a few more fish could have been caught and landed.) We car pooled from Sedalia and found ample parking spaces in the Gill Trailhead located above Deckers. The trail had a few frozen spots here and there, but for the most part the snow has melted and the trail was clear. We arrived on the river at about 10 a.m. and found the river low and clear. The good news about having the river low is that it is easy to spot fish. And those that were spotted were big and eating. Still they were not easily caught but they were willing to look at the fly and give it a thought, look it over, eat it or move out of the way!

We represented the Club well, according to the game warden who was checking licenses. Our group had been doing the best in catch-



Is this not a beautiful canyon? Don't you wish you had signed up for this trip?



Lisa Rattenni demonstrates hiking into the canyon without having to wear waders and boots! Nifty backpack, Lisa!

ing fish. **Karen Williams, Sherri Moore** and **Suzanne Sneed** casted to risers all day long in the pool that meets the trail.

Since the pool was low, clear and water was running slow, the fish had ample time to watch the fly come from a long distance. In doing so, if they saw one little twist or jump they would refuse the fly. It was fun to watch them study and refuse the natural insects as well. Karen found it odd that Sherri, Suzanne and myself would scream in frustration when these studious fish would finally come up to grab our flies, and then we would pull it away from them prior to hooking up. She asked, "why did you do that?" until she experienced the same non-hook up!

It appeared that there was a little spawn-



Here is part of the group that hiked in on the Gill Trail on March 13 — the other members of the group must have been off down the river catching fish! Left to right, Jane Franzen, Diane Kyncl, Chris Juvan, Anita English and Carol Stegink.

PHOTOGRAPHS BY  
LISA RATTENNI

ing activity occurring, and **Anita English** reported catching on a green egg.

We were very fortunate to have a wonderful day on this part of the river. The game warden informed us that they will be releasing water from the dam in the upcoming weeks in order to flush out some of the fire debris. It is hoped this flushing will clear out the bottom to allow these wild trout to spawn, and the insects to continue to thrive, so that we may enjoy having fish in this river for years to come. ■

## President Stainton Announces Board Position Changes

**P**resident Craig Stainton announced at the March meeting that CWF will be losing its Treasurer, **Suzanne Sneed**, who will be moving to Ohio in April. The Club By-laws state that the President or Board can approve a replacement; thus, the following changes were approved by the Board at its February meeting:

Special Project Chair **Sherri Moore** will move into the Treasurer's position and **Joanie McCord** will assume Sherri's former position as the new Special Projects Chair. Both were given a round of applause for assuming their new roles on the Board. ■

## GEARAGE SALE FLYFISHING EQUIPMENT SWAP SCHEDULED FOR APRIL 3

BY PAT NILSSON

**T**he Trout Fisher's third annual flyfishing equipment swap will be held April 3rd from 9 a.m. to 5 p.m. If you have fly rods, fly reels, waders, vests, fly tying vises, wading boots, etc., this is a good chance to sell on consignment for 100% store credit or 80% cash value.

The Trout Fisher will be accepting equipment for the swap through April 2nd.

This is also a good chance for you to get some good bargains. For more information, call (303) 369-7970 or visit the shop at 2020 South Parker Road, Denver. ■

Your contributions to the CWF  
Newsletter are very welcome!  
Send them to [arlys@earthlink.net](mailto:arlys@earthlink.net)

## EDUCATIONAL CLINIC

### CARING FOR YOUR FLY ROD

BY JOHN JAILLET

Your rod is undoubtedly the single, most important tool when fighting any fish, and it is also the easiest piece of equipment to break. If you follow the following advice, you will decrease the chance of ruining or damaging your fly rod.



- Always store your rod in a rod sock inside a metal tube. This will ensure your rod is not crushed or damaged while traveling.

- Always place the butt section of the rod in the rod sock with the handle toward the open end. The tip sections should be placed in the rod sock with the

*"Any time a rod is out of its tube, it is in danger."*

tips pointing toward the opening. By placing them this way, the large handle will help protect the delicate tip sections of the rod. If you put the tips down, they could jam against the bottom of the case and break.

For those who like to use rod and reel storage cases, use the same method of rod section insertion as for the metal tube.

#### Rod Assembly

- Before assembling your rod's sections, wipe any water or debris from the tip and butt sections. Impurities can cause the sections to stick together and may create scratches or cracking when attempting to disassemble them.

- The correct way to join graphite rods is to put the tip on the butt and slide it down until it stops easily. Line up the guides and push the sections together firmly. The ferrules should fit together snugly.

- When stringing a rod, place it on a diagonal with the butt and reel on the ground. You should also try to have

something you can place on the ground first to protect your reel and reel seat from dirt and damage. Carefully feed the fly line through the guides. Always avoid bending over the tip section to put the line through the final two or three guides. Many rods are broken while being bent this way.

#### Dings Hurt

- When flycasting, use extra care when using weighted-eye flies, or split shot. Although a hit on your rod may not break it at that time, it could cause microfractures which will cause the rod to weaken and break later.

- Periodically check your rod during the course of a day's fishing to ensure the ferrules are mated and haven't worked loose. A strike on a rod with loose ferrules could easily result in the breakage of the ferrules — making the rod a total loss!

#### Use Caution on the Water

- If tree limbs or bushes are hooked from a boat, or while wading, point the rod tip directly at the snag area and pull back along the axis of the rod, putting the stress on the reel instead of the rod.

This will either dislodge the snag or break your tippet, but your rod will be saved. NEVER rear back on the rod to try to pull the fly loose. Flies and tippets are cheap, your rod isn't.

- When fighting a fish, never hold your rod above the handle. If you do, this will cause the load to be transferred to a smaller diameter rod section and will dramatically increase the stress to the rod.

- When bringing in a fish, do not over-retrieve the line. A general rule of thumb calls for leaving as much line out as the length of the rod: If you have a nine-foot rod, leave at least nine feet of line from the rod tip to the hook. Steadi-

ly raise the rod to guide the fish toward you. Be careful not to raise the rod tip behind your head.

- Never reel flies all the way to the rod tip. This will damage the ceramic insert or fracture the tip of the blank.

If you are playing a fish and it makes a run under the boat, you must act quickly. Dip the rod tip into the water alongside the boat, protecting the line and rod from breakage. In shallow areas, be careful not to spear the bottom.

- If an electrical storm occurs while fishing, put your rod as far from your body as possible. Graphite is an excellent conductor of electricity, as are your hands, arms, torso, legs, etc.

- Use the rod only for its intended purpose and know its limitations: Light line weight rods are engineered for use with light leaders. Using heavy leaders on light rods can stress them beyond their design and function.

- Remember: Any time a rod is out of its tube, it is in danger. Setting up your rod should be the last thing you do before fishing and taking it down and storing it should be the first thing you do when quitting.

#### Preventive Care

- After the day's fishing, be it in fresh or salt water, rinse your rod carefully in a solution of mild, soapy water to remove any residues or odors.

Make sure you thoroughly dry your rod before storing. This will prevent any damage to the rod's finish from water standing on the rod, and it will prevent mildew on the rod sock, which will also lead to all kinds of damage.

You can also wipe down the rod with a liquid furniture polish to enhance the look and finish.

- Lubricate reel seats and touch up guide feet with a cotton swab dipped in WD40, or other similar corrosion inhibitors. ■

*John Jaillet is a member of the Penticton, B.C. Flyfishers. This article is reprinted from FFF Clubwire.*

## Attention Flyfishing Clinic Participants

We received a great turnout of applications for the April 3rd CWF Flyfishing Clinic! Information packets including directions and what to bring will be mailed by March 23rd. If you do not receive it by the 29th, please call Dawn Dobson at (303) 777-8642.

## Fly Tiers Corner

### Mothers' Day Caddis

This pattern works very well during the caddis hatch on the Arkansas. Late in the day try trimming the bottom of the hackle, making the fly sit flat on the water. Also remember to try skating this pattern if the fish are not co-operating.— *Matt Hamilton, Trout's Flyfishing, 1077 Old S. Gaylord St., Denver (www.trouts.net)*

#### Recipe

Hook: TMC 100 #14-16

Bead: Small, green, glass bead

Thread: Black UNI 8/0

Dubbing: UV black Ice Dub

Wing: Early season cow elk

Hackle: Brown rooster

#### Tying Instructions

Step 1: Secure bead at the start of the bend of the hook.

Step 2: Dub the body starting at the bead and ending at the 3/4 point.

Step 3: Stack a small amount of elk hair and tie in at 3/4 point. The wing should be the length of the body.

Step 4: Tie in hackle and make 4 or 5 turns ending right behind the eye of the hook. Whip finish.

## Web Bites

BY LISA RATTENNI, PR/OUTREACH CHAIR

**T**he CWF website is a huge source of information available FREE to all members. Take some time and check it out. Don't forget to check the bottom of your 2004 Roster for the password to the Members Only section.

In order to provide more information about fishing — and to replace the information formerly provided by the now defunct Virtual Fly-

*"... we will be adding a fly shop page which will list addresses and telephones and, most important, their web sites."*

shop, — we will be adding a fly shop page, which will list addresses and telephones and, most important, their web sites. This fly shop web site listing will be a valuable resource for checking on local conditions,

water flow information and appropriate flies to use.

We hope to expand this listing to national sites so that Club members who go traveling beyond the Colorado region can secure useful fishing data before they leave.

Please help us increase this listing by sending any fly shop information you may have that is not listed; all fly shops are encouraged to be a part of this very important section of our web site. E-mail your information to [lisar@lisaratts.com](mailto:lisar@lisaratts.com). ■



## Liz's Casting Clinic Quiz

BY LIZ WATSON

*Reprinted with permission from the Northwest Women Flyfishers Newsletter, March, 2001.*

1. A rod that recovers very rapidly from a flexed state would be called \_\_\_\_\_.
  - a. Slow action.
  - b. Tip-flex.
  - c. Fast action.
  - d. Full-flex.
2. A tension cast or water haul . . .
  - a. Is not useful for changing casting directions.
  - b. Is only effective with sinking lines.
  - c. Eliminates an aerialized back cast.
  - d. Requires multiple false casts.
3. What is the result of stopping the rod about 45 degrees above horizontal on the forward portion of the roll cast?
  - a. The line unrolls above the water.
  - b. A large, open loops forms.
  - c. The line piles up.
  - d. None of the above
4. You are a right-handed caster and many of your casts land to the left of their intended position. Your problem might be:
  - a. A curved rod plane
  - b. Rotation of your arm or wrist during the casting stroke
  - c. Creeping during the forward cast
  - d. Both A and B

Answers:

1. (c); 2. (c); 3. (a); 4. (d)

## Women's Sizes Now Available in CWF Shirts

**S**amples of colors and sizes of the Columbia women's (!!!!) fishing shirts were modelled at the March meeting. If you did not order a shirt yet, there may be a chance for you to get one of the few extra shirts that will be ordered.

Color choices are an orangy yellow color called "Roughy" and a tan sandy color called "Fossil." Women's sizes are available in S, M, L, and XL.

Prices will be between \$33 and \$35. The extra shirts will be on a first-come, first-serve basis. You may call me at (303) 926-8139 to be added to the waiting list. — *Craige Stainton*

## The Raffle Corner

April 2004

### A Deluge of Prizes from Pat Nilsson

April showers bring May flowers . . . and caddis hatches on the Arkansas River. You will also be showered with approximately 31 great prizes with a value of \$248.00 at your monthly Raffle in April.

#### Featured Fly Shop

Our featured fly shop this month is appropriately Royal Gorge Anglers in Canon City, Tel: (719) 269-3474, [www.royalgorgeanglers.com](http://www.royalgorgeanglers.com). Our speaker this month Bill Edrington

*If you won a guide trip at the Holiday Raffle, please contact the guide or guide service ASAP, so they may complete their schedules. This will also give you the best chance of obtaining the date you want. If you decide you do not want the trip, please contact Pat Nilsson so the trip can be offered to someone else.*

gave CWF a generous discount so we could purchase his new autographed book, "Fly Fishing the Arkansas." Take it from me, this is a book to have if you plan to fish the Arkansas River. Bill selected a dozen assorted life cycle caddis flies in a fly box, and added an Arkansas River Fishing Map and Guide and a \$20.00 gift certificate for other Raffle items. Stop by this shop, say thank you, and find out where to fish and what flies to buy.

Thanks to Our Business Donors

Big Thanks go to our other retailers for donations. Pat Dorsey's Fly of the Month (6) Biot Mayfly Emergers Palm BWO size 20, plus a 20% discount coupon at Blue Quill Angler (303) 674-4700; a fly box from Alpine Angler (303) 873-6997; and a \$20.00 gift certificate was given to Fran Sturgis from Great Western Fly Shop Co. [www.greatwesternflyfishing.com](http://www.greatwesternflyfishing.com).

The Colorado Angler (303) 232-8298 donated a beautiful fleece shirt. You could win a \$9.00 VIP certificate from Piccolo's Italian and Mexican

Restaurant to buy your dinner that evening, and Trout Fisher (303) 369-7970 donated assorted fly tying materials.

Thanks to Our Member Donors

I personally want to thank the following CWF members for their donations, they just keep getting better and better: Fran Sturgis, Cordie Medina, Diana Pahnke, Mary Kuchynka, Susan Kelley, Marion Nutt, and whomever donated the mystery items. If you plan to donate items, please tag your donations with your name and approximate value.

#### Door Prizes

Don't forget to get your free door prize ticket at the membership desk to have a chance to win one of 20 door prizes drawn after the program has ended.

#### Raffle Ticket Specials

Raffle tickets are \$1.00 each, six for \$5.00 or a best buy 13 for \$10.00. —PN.

### CWF Board of Directors 2004

#### President

Craige Stainton  
[craigefish@aol.com](mailto:craigefish@aol.com)

#### Vice President

Diane Meyer  
[diane@dianemeyerphoto.com](mailto:diane@dianemeyerphoto.com)

#### Secretary

Karen Williams  
[karenwilliam@pcisys.net](mailto:karenwilliam@pcisys.net)

#### Treasurer

Sherri Moore  
[samoore99@msn.com](mailto:samoore99@msn.com)

#### Education

Dawn Dobson  
[dobsond@earthlink.net](mailto:dobsond@earthlink.net)

#### Funding

Pat Nilsson  
303-752-2474

#### Membership

Diana Pahnke  
[dpahn@earthlink.net](mailto:dpahn@earthlink.net)

#### Newsletter Editor

Arlys Warfield  
[arlys@earthlink.net](mailto:arlys@earthlink.net)

#### PR-Outreach

Lisa Rattenni  
[lisar@lisaratts.com](mailto:lisar@lisaratts.com)

#### Special Projects

Joanie McCord  
[flyfishingjmac@netzero.net](mailto:flyfishingjmac@netzero.net)

#### Trips

Chris Juvan  
[cjuvan@colliersb-k.com](mailto:cjuvan@colliersb-k.com)

#### Carol Stegink

[stegfish@cs.com](mailto:stegfish@cs.com)

#### This Issue

Editor: Arlys Warfield

Proofreaders: Cindy Gomez,  
Karen Williams

Printed by Alpha Graphics in  
Denver.

#### Web Site

[www.colowomenflyfishers.org](http://www.colowomenflyfishers.org)

Please check the membership roster in the Members Section of the CWF web site for any errors. Send corrections to [dpahn@earthlink.net](mailto:dpahn@earthlink.net)

### The Rocky Mountain News Visits CWF on Arkansas River Trip

**O**ur Mothers' Day Caddis Hatch Club trip on the Arkansas River will include a special guest, Ed Dentry of the *Rocky Mountain News*. Ed is coming to see for himself why the members of CWF have such a good time at this annual event. (Make sure he spells your name correctly!)

### A Simple Way to Spread the Word about CWF

Wear your CWF shirt or vest or jacket when shopping at your local fly shop, or attending a monthly meeting, or a fishing event, or a trade show. Our logo is a great one to share and display.

P O P S H O T

DAN WRIGHT SPEAKS TO A PACKED HOUSE  
CELEBS ALSO SPOTTED TAKING NOTES

PHOTOGRAPH BY LISA RATTENNI



There were rumors that CWF may need to move its monthly meeting to the Pepsi Center if we continue to draw overflowing crowds. In March, a new attendance record of over 70 was set (although the *Denver Post* reported the total was nearer to 100, a bit of hyperbole we think). In the group were special guests Rim Chung of RS-2 fame and Charlie Meyers of the *Denver Post*, who came with his wife Diane to hear Wright's presentation and then gave CWF a nice plug in his March 16th "Outdoors" column about the valuable information offered in programs like ours.

L A S T C A S T

*"Paddle easily,  
climb slowly.  
Choose the  
right places  
from the  
experience  
of other days  
and enjoy the  
view to the  
fullest."*

LEE WULFF  
1983

CWF 2004 MEMBERSHIP

\_\_\_ RENEWAL

Enclose a check for \$25 made payable to Colorado Women Flyfishers.

\_\_\_ NEW MEMBER (over 18? yes\_\_\_ no \_\_\_ )

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

The Club does not sell or trade or give away members' e-mail addresses.

Flyfishing Ability: (circle one) Professional Advanced Intermediate Beginner

I would like to serve on the following committees: (Circle as many as you like!)

Programs Membership Special Projects Education

Outreach/PR Newsletter Raffles/Funding Trips

MA IL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137