

COLORADO

WOMEN

FLY FISHERS

A sociable club for women who flyfish

July 2004 Vol. VIII, No. 7

JULY PICNIC & GEARAGE SALE

DATE:

Tuesday, July 13, 2004

PLACE:

PROSPECT PARK, on 44th just west of Kipling

TIME:

5:30 - Start of Festivities

6:15 - Dinner (catered by Bennett's BBQ)

COST: (RESERVE BY JULY 1ST)

\$3.00 — for each adult or child over 12 years old

PLEASE BRING:

- Your own beverage (no glass containers): water, sodas and 3.2 beer only
- Flyfishing gear for the gearage sale
- Money for Raffle; Camp chair for sitting
- Flyfishing gear for fishing and casting practice

HOW TO GET THERE

FROM THE NORTH: Take I-70 west to Kipling. Turn south onto Kipling and proceed to 44th. Turn right onto 44th (west). FROM THE SOUTH: Take I-25 to 6th Ave. west (or C470 north to 6th Ave. east) and go to the Kipling exit. Go north on Kipling to 44th. Turn left onto 44th (west).

There is a Winchell's donut shop on the southwest corner and a Phillips gas station on the northeast corner of 44th & Kipling. About .8 of a mile you come to Robb St. (11300 west) you will see the park on your left (south side). It is .3 of a mile to the pavilion. Pass tennis courts, then a lake on your right and softball field on your left. Follow the lake road around to the (large) pavilion.

Summer Fling Goes Hawaiian...

CWF Family Picnic is a Rocky Mtn. Luau

Prospect Park is beautiful! Rain or shine — we will have plenty of room! There are bathrooms; there's running water; a lake to work on casting; a

Send \$3.00 dinner checks, payable to CWF, c/o Diana Pahnke, 6290 S. Yampa Court, Aurora, CO 80016. (303-791-2177) by July 1st.

stream to work on casting, nymphing, drys or whatever; two playgrounds for the kids; a large grass area for casting practice (*see separate article on page 6*) . . . and lots

of large trees for shade!

And great food from Bennett's BBQ!!

Remember the theme is Hawaiian . . . so wear your best Hawaiian outfit (or closest to it). And receive a gift!

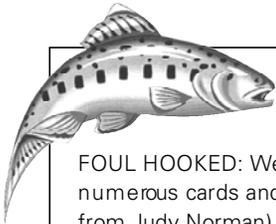
If you have any questions, please feel free to contact the July Picnic Chair Diane Kyncl at 303-274-2100, or Special Projects Chair Joanie McCord, at 303-344-8055 —*Joanie McCord*

CWF Calendar

- July 6 NO MONTHLY MEETING
July 13 CWF Picnic and Gearage Sale — RESERVE YOUR PLACE BY JULY 1ST
July 15 Henry's Fork River, ID
- 18 Long Weekend Trip
July 31 Dream Stream Day Trip (Last Buddy Trip)
Aug. 3 MONTHLY MEETING
Aug. 10 CWF Board Meeting
Aug. 13 The Frying Pan River
- 16 Weekend Trip

Welcome New Members

Julie Volz - Golden
Card Brooks - Golden
Wendy Acheson - Boulder



FOUL HOOKED: We have received numerous cards and letters (mainly from Judy Norman) citing us for not mentioning the special 50th birthday pin Judy Norman received at the May meeting. We regret the omission and apologize to Judy Norman for the oversight. — Ed.



PHOTOGRAPH BY CAROL NEVILLE

A ROCKING CHAIR IS IN HER FUTURE: The elderly Judy Norman fishing (and catching) from an Arkansas River rock.

BACK CAST

JUNE 2004 MEETING

BY DIANE MEYER

Pat Higgins, owner and head guide of Bear Creek Fly Fishing, had quite a challenge creating a presentation about how to organize your fly box. Q: "How many ways are there to organize a fly box?" Pat's Answer: "As many as there are people in this room. It's very individual."

There are pros and cons with every fly box on the market, but which one works for you? Foam, being the most common, holds any fly but tends to flatten the hackle on some dry flies like the Humpy and Wulff patterns. Box and compartment fly boxes are great for dry flies and large streamers, yet flies can become air born when windy. Boxes with slots or nubs work well for flies in sizes 14 or larger, but smaller flies tend to fall out. The combination box, one with foam and compartments, allow you carry a greater assortment of patterns and is Pat's favorite for preserving the shape of the dry fly hackle.

"The combination box, one with foam and compartments, allow you to carry a greater assortment of patterns . . ."

PAT HIGGINS

Organization

How do we organize our favorite fly box? There are basically two categories that a fly will fall into: **IMITATOR PATTERNS** — ones that resemble fish food, and **ATTRACTOR PATTERNS** — ones that

trigger a feeding response.

Here are some of Pat's suggestions for putting your bugs to bed:

- (1) In the top left side of the box place your midge larva patterns followed by the midge pupa patterns;
- (2) Opposite these flies are the adult patterns;
- (3) Underneath and on the left side would be the Mayfly nymphs and emergers;
- (4) Opposite these flies would be your adult Mayfly patterns; Repeat this system for Caddis.
- (5) Attractor patterns and nymphs like the Copper John, San Juan Worm, ants and beetles can be put in a separate Attractor fly box. Place small terrestrials opposite these flies.

NOTE: You should have at least three flies of each pattern in different sizes.

Use Several Fly Boxes

"You can have more than one fly box," says Pat. A small, foam box is great for large Stoneflies on the left, adult Stones on the right. Underneath would be Streamers on the left side and large Terrestrials on the right side of the box.

Pat uses a 70 / 30 imitation to mix patterns in his boxes. In a combination foam and compartment box, seventy percent of his flies are imitation and thirty percent are attractors. This system is quick and easy for finding just the right fly.

Pat's handout on "Organizing Your Fly Box" will be available on his web site at www.bearcreekflyfishing.com.

THE RAFFLE

There were lots of great prizes given away, with lots of flies provided by Ligas. **Betsy Loeff** won a fly box with 26 flies in it, followed closely by **Cathy Poinier** who won a box with 19 flies. Of course over the summer, trees may be the gr-gr-greatest recipients of most of those flies. And, by the way, **Sandy Wright** won the CWF Traveling Fly Box. Lucky girl! ■

Car Pooling? Please Be Considerate

With the cost of gas hovering at or above \$2.00 a gallon, I am sure that it goes without saying that we all need to share the the auto expenses when we accept a ride with another Club member. You can work this out in many ways. I know that some riders offer gas money, supply lunch/dinner for the driver, have ample flies to share and/or contribute refreshments after fishing. Keep in mind that it costs more than gas to drive a car. It will make us each feel better when accepting rides and offering rides to other Club members. Each of us should enjoy the activity and share all the expenses. —Chris Juvan, Trips Co-Chair

JULY CLUB TRIPS

MIDSUMMER DAY — AND LONG WEEKEND — DREAMS

BY CHRIS JUVAN, TRIPS CO-CHAIR

Dream Stream, Saturday, July 31 Day Trip

Pat Dorsey describes this area as follows: "... the lush meandering, meadow portion of the South Platte between Spinney and Elevenmile Reservoirs is known as the Dream Stream, and rightly so; this beautiful 3-mile section of the Platte offers anglers the opportunity of a lifetime to catch large trout. This fabulous tailwater fishery is located in the heart of South Park, tucked between 14,000 foot snow capped peaks on the west, rich ranchland to the north and south, and Pikes Peak on the east. Spinney is a well-balanced fishery where anglers can catch trout on nymphs, dry flies and streamers. The river is comprised of prime trout habitat, which includes, riffles, runs, gravel bars, shelves, and undercut banks.

Fly-fishers can expect to catch a mixed bag of rainbows, browns, and cutthroats in 16-20 inch range. In addition spring (rainbows, and cutthroats) and fall (browns and kokanee salmon) spawning runs from Elevenmile Reservoir are quite impressive with fish up to 12 pounds landed during a key three-four week period. Ideal flow conditions for the Dream Stream is between 100 CFS and 250 CFS. The regulations are flies and lures only and all fish must be returned to the water immediately."

Last Buddy Trip

This is the last of the planned buddy trips. If you would like the opportunity to be accompanied by an experienced CWF member, please indicate so on the sign up sheet at the picnic, or call me. The more experienced member will fish with you on the river and introduce you to other club members. They are to be your buddy for the day, not your guide.

Where and What

We will meet at the RTD Park 'n Ride on Wadsworth just south of Hwy 285 (on the west side of the road) at 6:45 a.m. with departure at 7:00. If you would like to meet on the river, we will start at the free parking lot.

What to Bring

4-5 weight rods are the tickets. Bring a few warmer clothes just in the event the weather changes, rain gear, lunch, water and a happy face.

Suggested Flies

Since this area receives a great deal of fish-

ing pressure, we will most likely be using smaller flies, i.e. 18-22. We are hoping to have some dry fly action on Adams, Griffiths Gnats, but will also be nymphing with Caddis, Pheasant Tails and Midges. If the Fishing Goddess is looking over us, we will be using grasshoppers as well.

Trip Coordinator

Stay tuned to CWF talk or contact Chris Juvan at 303-480-0985 the week of the trip to be tuned into any changes or updates. ■

SNEAK PEEK

A weekend camping trip.

The Frying Pan River, August 13 - 15

TRIP COORDINATOR:
CHRIS JUVAN

As posted on the Taylor Creek web site, the Frying Pan is a renowned for some of the most prolific insect hatches of any western water, the Frying Pan is a year-round fishery that provides some of the most varied angling opportunities throughout the entire year. Anglers can fish size 12 Green Drake flies through the summer, Blue Winged Olives in the spring and fall — and have exciting Midge fishing through the winter months!

As a tailwater fishery (Ruedi Reservoir), the Frying Pan also adds the excitement of large, (in excess of ten pounds) fish feeding on Mysis Shrimp within the first mile of the spillway!

We are anticipating fishing during the famous Green Drake hatch. The drakes are fairly big and slow moving when they hit the surface and can offer a unique type of fishing on the top with larger sized dry flies.

Camping (or not)

If the weather (and local bears) allow, we will be camping at the Ruedi Reservoir campground. The campground has water and restroom facilities. If we are not able to camp, we will plan to stay in a motel in Basalt. It is probably wise to make camping reservation soon, call Reserve USA at 877-444-6777. Watch for the trip write up in the August newsletter.

Henry's Fork River, Idaho Weekend Trip, July 15-18

If you are sitting on the fence on this trip...jump down and make it happen! Time is drawing close. Departure times will vary with everyone's schedules. IF you are planning to go, please let me (Craig Stainton) know your schedule so that we ensure we will be able to meet up.

Where and What

The drive is just over 10 hours if you go the Rock Springs, Jackson, WY route. I will be staying at the A-Bar Ranch (1-800-286-7358). We plan on fishing from Thursday, July 15 to Sunday, July 18, and hope to head to Yellowstone Park for one day during that time, if weather permits.

For greater details on the Island Park area and hotel and camping info, please check June's newsletter "Sneak Peek" on the Henry's Fork trip.

What to Bring

Rods: 4, 5 or 6 wt rods. (It can be windy so a 5wt, 9 ft rod might do a bit better than a 4wt.)

Tackle: 9-12 foot 4x or 5x leaders for picky big trout; tippet, from 3x-6x.

Clothing: Expect warm weather but bring layers, rain gear, two-way radio...just as you would do on other CWF trips.

Suggested Flies

Flies: Insects to expect: Flavelinnea (small Green Drake-like mayflies), Pale Morning Duns, Callibaetis, possibly Brown Drakes, and maybe a few Green Drake stragglers. My friend Rick Parry suggested the following patterns: Flav Cripples (14 - 16), Green Drake Cripples (10 - 12). Biot emerger patterns, using for PMDs, olive green for Flavs, yellow for callibaetis. Dun or Spinner patterns, sized 14 down to 20, depending on insect you hope to match.

If you don't tie, don't worry. There are five sources for buying flies within walking distance of where we will be staying.

Please e-mail/call me if you want tying directions, or if you would like to have a tying session before the trip.

Trip Coordinator

For more information, call Craig Stainton 303-926-8139 (9 a.m. to 8 p.m.)

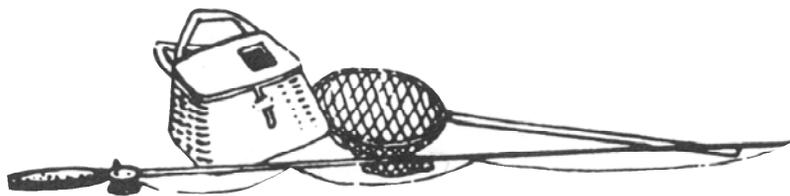
This should be a wonderful fishing experience! I hope you can make it! ■

THE FLEDGLING FLYFISHER

A BEGINNERS'S NOTEBOOK — CHAPTER FOUR: CARING FOR YOUR FISHING EQUIPMENT

BY STEPHANIE EWEN

This is the fourth in a series of articles designed to help the beginning flyfisher absorb the basic skills required to go on the river and enjoy the day.



Whether fishing in fresh or saltwater, questions arise on how to take care of your equipment. Protecting your flyfishing investment is important, and the good news is it requires only a little time and effort after each fishing day, but then a little more time when storing after the season. Here are some good things to do.

Rod, Rod Bag and Rod Tube

Wipe off with warm water (especially if you are fishing saltwater) and dry thoroughly. Check for fractures and nicks where your heavy fly or split shot has banged the rod. Check the rod guides for nicks and abrasions which can damage your fly line. (A nylon stocking run through the guides is a good nick-indicator.) If the guides are damaged, contact the manufacturer to correct.

Store your equipment dry, never in a wet rod bag or tube. Dry the bag first and leave the rod tube open, taping the cap to its side. Store the rod upright and in a cool place, again with the tube cap off and taped to the tube side.

Rod Grip

Clean with a small amount of alcohol or nail polish remover when the grip is oily or dirty and only wipe the grip, not the rod.

Rod Ferrules

Clean with mild soap and warm water. Use Q-Tip if you need to clean inside the hollow end. Be gentle, ferrules are fragile.

Reel

Freshwater: The biggest concern is grit in the reel mechanism. Immerse the reel with the line in warm water with mild soap, swish it and rinse thoroughly. Open the reel, check for grit, and oily grit. Clean out grit with a clean cloth, Q-tip or even a toothbrush. Check the literature that came with your reel to see if oil is required (*Oil is verboten in some reels like Ross Reels and should never be added.—ED.*)

Saltwater: The biggest concern is salt corrosion. Use same treatment as above, focusing on lots of warm, fresh water to dissolve dried salt.

To store, turn the drag to the very lowest (often indicated with a minus sign on your drag knob) to increase the life of your reel.

Lines

Run warm water in the sink. From your reel, strip off all the line into the sink. Then pull the line through a dry cloth or paper towel, while looking for abrasions or cracks. (Use old, cracked line for practice casting!) to lubricate or “dress” the line, wipe the whole line with a dressing, i.e. 303 Line Dressing from Orvis, and polish with a soft cloth. Wind the line back on the reel and store in a cool, dry place out of sunlight. If you need to replace your line you might wait until spring; you never know which new products may be on the market.

Leaders and Tippets

Store in a cool, dark place — not in the trunk of your car! If more than two years old, replace. (Test its strength by pulling on a piece to its breaking point.) Fluorocarbon should last at least 7-10 years since it is impervious to UV rays.

Note: When disposing of lines, leaders and tippet material, remember to keep wildlife safe from getting tangled in our refuse. Throw in a trash receptacle.

Waders

Store in a cool, dry place and hang up (do not fold in the bottom of the closet). Store the wading belt by running through the wader suspenders. Gravel guards can go around the boots or ankle.

To check for leaks, use a flashlight through the waders in a dark room, or blow air into wader's suspect leak area and submerge in a tub, watching for bubbles. Pinhole leaks need cement while larger leaks, patches. Repair kits are available.

A hairdryer set on low is good for drying the insides. Stuff paper inside waders if need to prevent sides “glueing together.”

Boots

Clean the felt bottoms as best you can. To prevent carrying disease, e.g. whirling disease, from one stream to another use a very mild antiseptic solution. Check the laces, too.

Flies

Always put flies away dry. Open all boxes

to dry out. Check hooks for rust and sharpen, if necessary. To recondition dry flies, either put in a steamer, or hold with tweezers over a hot kettle spout, or use a hair dryer in a pillowcase.

Vest

Clean out the pockets before storing. Used tippet material, ancient snack wrappers or a treasured stone may appear!

Net

Repair holes, made by that enormous fish you caught this summer.

Wading Staff

Before storing, use silicon as a good lubricant for the collapsible type.

Reprinted from the Juliana Berners' Anglers Newsletter, November-December 1999.

OFFSTREAM

NEWS FROM OTHER ORGANIZATIONS OF INTEREST TO CWF

The Women's Wildemess Institute is a Colorado non-profit organization established with a mission of strengthening the courage, confidence and leadership qualities of girls and women through the challenge and support of group wilderness and community-based experiences. The organization considers itself in line with the values of Colorado Women Flyfishers and is hoping to collaborate with CWF.

It is offering two women specific fly-fishing courses, one in the Snowy Range of Wyoming July 30 to August 1 and the other a one-day course in Boulder on June 26.

Contact Mary Monroe Wednesday at 303-938-9191, or the balance of the week at 303-247-1043.

Your contributions to the CWF Newsletter are very welcome!
Send them to arlys@earthlink.net

JUNE CLUB TRIP REPORTS

FISH KEYED INTO STONE, NOT SALMON, FLIES ON THE COLORADO RIVER, AND "S'MORE" SUCCESS AT THE FIRST CAMPING WEEKEND AT RED FEATHERS LAKE

BY CHRIS JUVAN, TRIPS CO-CHAIR

JUNE 4, 5, 6 — RED FEATHERS LAKE: Four tents and a trailer pulled in and camped at Dowdy Lake and the eight of us claimed it "Red Feathers Weekend." What a wonderful time we had. There were a clouds blowing in the sunshine, and few drops of rain that fell, but for the most part the weather was cooperative. The campground was big and full with families, kids and dogs.

We were able to have campfires both Friday and Saturday evening and enjoyed planning our day's activity and sharing our dinner and eating **Sandy Wright's** s'mores for desert. We know how to have a good time!

The rainbows and browns fish were very cooperative in letting us catch them on dry flies, or on a dropper, for both Saturday and Sunday. The lake was recently stocked so we caught a number of 6-8 inch fish. The surprising part was there were also a number of fish caught in the 12-14 inch range with a few 20-inchers. It was a treat to hook into big rainbows that would jump out of the water or come swimming straight at you. These fish remember being caught before and attempted numerous feats to regain their freedom.

The flies of success were stimulators, H & L Variants, Elk Hair Caddis with nymphs including Damsels, Scuds, Hare's Ears and Prince Nymphs. **Diane Kyncl** came through Sunday morning with a secret fly (she couldn't remember the name of it) and landed a big rainbow. Hopefully she will bring the photo to the next meeting. We all consistently caught fish in belly boats and in fishing from the shore.

This was a great first camping weekend trip, and I am confident to say, "y'all should have come!" ■

SATURDAY, MAY 22 — COLORADO RIVER: Due to the run off on the Big Thompson River, we changed the day trip to the Colorado River. The Colorado River is still under drought conditions and not experiencing the typical high and dangerous flows. Every spring the famous salmon flies migrate to the edges of the river, hatch along the edge, hang in the bushes to mate and return to the water to lay their eggs. We were hoping that the fish would be keyed into these



PHOTOGRAPH BY CHRIS JUVAN

big flies on the surface. We did see numerous salmon flies on the edge but the fish were not keyed into them. However, they were keyed into the small stoneflies as well as the caddis that hatched throughout the day. The majority of the fish caught (there were a

COLORADO RIVER THRILL: This is the tiniest picture of Pamela Middleton holding the biggest fish she ever caught with a fly rod. If Chris had set her digital camera setting to the HQ, or the middle e-mail/print setting, it could have been printed as a much bigger picture, befitting the size of the fish caught! — Ed.

bunch) were hooked below the surface on nymphs. Surprisingly, the fish were holding in the fast riffle water—which should not be a surprise since stoneflies prefer highly oxygenated water.

"Surprisingly, the fish were holding in the fast riffle water — which should not be a surprise since stoneflies prefer highly oxygenated water."

There were 15 members who made their way up I-70. There were ample planned stops along the way to accommodate everyone's needs. One of the first stops was the McDonald's in Winter Park (so **Craig** could use the facilities), the

second was to Nelsen's Fly Shop (which was so busy the line to buy flies at 8 a.m. was six deep), third was Ian's Bakery in Grandby (for those who needed pastries for breakfast and sandwiches for lunch) — CWF definitely made its presence felt on the I-70 corridor.

There were a few mishaps during the day: it was reported that those that stopped at Ian's bakery had gained five pounds before noon; **Kathleen Harrington** fell in and **Katherine Wright** planted a fly in her hand. The exciting things included: **Marion Nutt** did not swallow the salmon fly that flew into her mouth; two of our members, **Deb Gunther** and **Pamela Middleton**, caught their biggest fish on a fly.

We had a number of new members joining in on this trip, and **Anita English's** sister reported, "I almost caught my first fish."

It was a good day all around! ■

FOTO FACTS

Use these techniques to send good reproductive color or b/w photographs to the CWF editor or CWF webmaster for inclusion in the CWF newsletter or web site.

Digital Camera

Before you take that great shot of the big fish you caught on the river, check your settings: use the middle setting (For example, HQ on an Olympus digital camera) which is good for e-mailing or printing in postcard size.

However, noted CWF Club member and photographer Diane Meyer, "...sets my digital to its highest pixel setting. You get less images on the flash card, but they're better." Be sure to check your manual to select the proper setting.

Conventional Film Processing

Whether you use a conventional or a disposable camera, you can ask your film processor to cut a CD at the same time you are ordering prints (*Costco and Sam's Club have very reasonable prices, and quick turnaround*). You can then use the pictures on the CD to send e-mails to your friends or to CWF.

MEMBER NEWS

GETTING TO KNOW OUR MEMBERSHIP

BY NANCY RUTHERFORD TURLEY

I'm sure you've wondered, as I have, about the backgrounds of our members. A recent plea on CWFtalk for the stories of those in the medical and teaching fields brought forth some interesting results! Although we did not have enough replies to calculate our own Club census for these professions, the diversity of these backgrounds made for some very interesting stories! Meet seven of our members, with a particular twist this time, not on their fishing backgrounds, but their professional backgrounds!

ANNE ZADRAZIL is an orthopedic/neurosurgery floor nurse who works at the new Anschutz Inpatient Pavillion at Fitzsimmons/University of Colorado Hospital. She has worked as a registered nurse for over 22 years and currently is a charge nurse. She also acts as a preceptor for new employees, graduate and student nurses. Anne is presently involved in creating hospital policy and developing computer charting/plans of care to assist nurses with End of Life care of patients. Involved in several hospital committees including Staff Nurse Council, End of Life Committee and Falls/Safety Committees, she is a busy woman, but will still sit for the Orthopedic Certification exam this coming fall. Good luck, Anne!

MARY ELLEN FREAS currently teaches Sociology at the Community College of Denver with a specialty in Death, Dying and Bereavement. She has taught at CCD for about 12 years as adjunct faculty. She has a Master of Social Work Degree from the University of Denver and is All But Dissertation (ABD) from the Union Institute. Her area of study is Thanatology (death and dying). As a practicing social worker she had a private practice in the Denver area for 30 years specializing in working with those who were terminally ill, as well as with the survivors and families. She was involved in HIV/AIDS community, dating from 1979 with her first client, and was the founder of the Circle of Love and Healing, an AIDS process support group which served the needs of those who were diagnosed with HIV, their lovers, friends, families and medical providers. During the 80s and 90s she served on the Board of Directors of the AIDS, Medicine, and Miracles organization and was on the national education staff of the Louise Hay Institute and has provided workshops to various groups on the topic of Compassion Fatigue and staff burnout.

Diane Kyncl also uses her many years of experience and expertise as a nurse in the Labor and Delivery field as a teacher for Regis University. She teaches courses for nursing students through the auspices of her own area and place of work at Denver Health Medical Center. Diane started as a L&D nurse before she had three children and was able to re-enter this same field and same hospital about 15 years later! As well as her nursing degree, Di holds another degree in Marketing. She also taught Lamaze classes while her children were young.

RUTH IRONS acted as an EMT basic for an ambulance in Wyoming for about 12 years in a small department. Although averaging only about 18 runs a year, none of them were "just a ride to town." She currently is trying to get her Wyoming certification moved to Colorado. Ruth could tell you many stories about working in small communities. EMTs there are like chaplains and friends as well—sometimes their job is just to comfort family members whose loved ones have died. Sometime they are the first to show up and the only ones to help the grieving. Other times they even gave patients rides home because they were ready to go home before the paperwork was done, so they rode both ways! The thank-

Testing Fly Rods at the Picnic

What's it like to cast a 3wt? How about a 4wt? Is casting a 3 wt any different from a 5wt? How about casting an 8' rod vs. a 9' rod? Is there a difference? Come to the picnic and test cast 3wt, 4wt and 5 wt rods to develop a sense of how different weight rods feel. Also, cast a 4wt, 8' and a 4wt, 9' to compare the timing of your cast with longer and shorter rods.

Rods from Elkhorn Rods, Loveland, CO, will be available for this great learning opportunity. Elkhorn Rods has also donated a great little 5-piece, 3wt travel rod with line and backing (to be combined with a CWF purchased reel) for our Silent Auction. Bidding ought to be fast and furious on this item!

See you there! —*Craige Stainton*

you they received were worth it all.

How many of you knew that our own president, **CRAIGE STAINTON**, has a background in teaching?! She is a Library Media Specialist for K–12th grades and holds a Master's Degree in Media Education. She taught primary grades and on the University level at Florida State University. Currently Craige is taking computer classes in Powerpoint and Excel (and looking for a job if anyone has a lead for her!)

CAROL WEBER wears two hats as the Reading Specialist and GT Coordinator, and as a teacher at Canyon Creek Elementary School (in Cherry Creek Schools). She teaches 1st through 5th grades. She is in her 3rd year in Cherry Creek. Prior to going to Cherry Creek, she was a Staff Developer for the Public Education Coalition. Before that she taught at Garland Country Day School for 14 years in First, Third and Fourth grades. Coming to Colorado from Illinois, where she had 11 years teaching experience in First grade, her years of teaching experience totals 29 years, with 19 of those years in First Grade! This past year she tutored kids in Grades 2, 3, 5 and 6. Next year she won't have time to tutor because she will be teaching a graduate class for UCD and Cherry Creek and taking three Leadership classes herself. On a personal note, she is expecting her first grandchild, a little girl, the first week of July and plans to teach her to flyfish as soon as she is able to hold a rod! Congrats Carol!

CAROL NEVILLE, former CWF Trip Chair and current CWF Webmaster, lives in Canon City (and also has property in Nathrop) and is a professional flyfishing guide in Salida on the Arkansas River. Carol has a Music Education degree and chose to apply that by being an independent studio music teacher for nearly 30 years in Greeley. While also playing violin in the Greeley Philharmonic and Cheyenne Symphony Orchestras, she taught piano and synthesizer lessons to children and adults. (How many of you knew that about Carol?!) She is a woman of many talents; now she has redirected her teaching to the subject of her life's passion: flyfishing! Carol is still teaching—just the subject and surroundings have changed! Wouldn't you like to have her surroundings to teach in?! ■

Got news?! Let us know what is new in your life! Have you recently taken a vacation, received a new degree, retired, become engaged or become a grandparent? Reply to nanwrtr@brensnan.net to tell us your latest!

The Raffle Corner

July 2004 Prizes from Pat Nilsson

At the July Summer Fling Picnic and Gearage Sale, CWF will have their second "Special Raffle" with eleven items valued at \$15.00, with a total value of \$247.00. This year at the picnic you will be able to buy tickets at the low cost of \$5.00 for six raffle tickets, or \$10.00 buys you thirteen tickets.

Thanks to Our Business Donors

You will have the opportunity to win the following items, which were all donated to the CWF July Raffle: CABELAS Advanced Anglers Storage System with six adjustable boxes (\$55 value), obtained by Nancy Sherman; A \$25.00 Gift Certificate from TROUT FISHER (393) 369-7970; 18 FLIES — six are PAT DORSEY'S FLY OF THE

The rockets' red glare highlights eleven Raffle items and three dynamite Silent Auction items at the July Picnic and Gearage Sale.

MONTH CLUB with history of fly and recipe (303) 674-4700; Plano chest pack, lanyard, My Canteen water purifier with holder; Flexlight; Red Cross First Aid Kit; Liquid Fly candle; and wooden "Gone Fishing" wall decoration.

Silent Auction

July means noise and fireworks, but at our picnic it will be silent while you are bidding on THREE dynamite SILENT AUCTION items (*Don't forget to bring your checkbook.*)

1. Mike Spence, of TOM JENNI'S REEL MONTANA (406) 522-1547, has donated a second Full Day Float Trip for two people, which includes the transportation to and from the river, lunch, drinks, flies, rods, reels and equipment if needed. You can plan on 6 to 8 hours of fun and instruction fly fishing. You have a choice of fishing the Madison, Yellowstone, Missouri, Bighole, Beaverhead, and Gallatin Rivers. You can go anytime in August or September, or possibly in 2005. Whoever buys this trip should let them know ASAP (www.tomijenni.com, or spencefly.com).

2. Manufacturer of ELKHORN RODS in Loveland, CO, donated a five-piece, 3-weight, 8.6 ft. fly rod with line and backing. A Club purchase of a 3/4 Reddington Red Fly disk drag Reel was made at cost from TROUT FISHER.

3. Columbia donated a short sleeve shirt and shorts (women's size medium), and Powell Rods donated a fishing cap.

Thanks to Our Member Donors

A big thank you also goes to Club Members Lisa Rattenni, Kathleen Harrington, Susan Kelly, Cordie Medina, Connie Rogers, Sherrie Schrantz, Carol Stegnik, and Willi Tebow for their donations for Raffle prizes and door prizes.

All donations are appreciated. Please tag your items with your name and approximate value.

Good Luck in selling your gearage. If they don't sell consider donating the items for future CWF Raffles.

Happy 4th of July! —PN.

A Venomous Encounter

BY DIANE MEYER

I was desperate for a little fishing time so I headed out to my favorite small stream. It was a crowded Sunday afternoon, but I finally found an empty pullout along the creek. The trail was steep, filled with loose rocks and fallen branches, but I was determined to fish. I fished a slow run, caught one, and then crossed over to try my luck downstream.

The streamside was like a military obstacle course; boulders and fallen trees were covered with underbrush. I had only one small tree to step over to get to where several brown trout waited. I picked up my foot and at the last moment looked down. Below me was a fat rattlesnake moving through the bush — the exact spot where I would have placed my foot. There have always been rattlesnakes in the dry, rocky hills of the Red Rocks area, but I've never encountered one.

Young snakes are the most dangerous, usually injecting all of their venom. The adult snakes inject venom when needed, but many times a snake will produce a dry bite as a means of defense. However, I wasn't waiting around to find out.

According to the American Red Cross, these steps should be taken if you are bitten by a rattlesnake:

- Wash the bite with clean water and soap;
- Immobilize the bitten area and keep it lower than your heart;
- If the bite is on the hand or arm remove any rings, watches, or tight clothing;
- Get medical help immediately (within 30 minutes);
- Apply a loose bandage to restrict the flow of venom (1 finger loose).
- Carry a First Aid Kit. You can get them from www.denver-redcross.org.

I want to add to these steps:

- Tell someone where you are going;
- Don't fish alone, or fish where there are people;
- Always be aware of your surroundings, especially in rocky areas.

Happy (and safe) Fishing! ■

EDUCATION UPDATE

SUMMER CASTING CLINIC SUCCESS PROMPTS NEW FALL SERIES

We had a great response to our Summer Casting Clinic series. All classes were filled and several people were put on waiting lists. Due to the popularity of these classes, we will offer another series this fall which will include a repeat session of each offered this summer, as well as new classes for those who are more advanced and ready to extend their skills further.

Stay tuned to the newsletter for additional information! —Dawn Dobson, Education Chair

Forgot your password? The password to the Members Only Section of the CWF web site is located on the bottom of the current CWF Roster. Or, e-mail Lisa Rattenni at lisar@lisaratts.com for it.

EDUCATIONAL CLINIC

CASTING ABOUT: LIGHTNING SAFETY

BY ROSEMARY WIESE

Thunderstorms make me nervous. I like the awesome crashing and flashing, but the inherent electrical chaos is fearsome. These storms occur in warmer, humid conditions, when dark, high-rise sized cumulonimbus clouds build in the sky. Strong, turbulent currents build up within a cloud, causing ice crystals in the cloud to continually rise and fall. The ice crystals are so heavy that the currents can't keep them in the air, and they fall to the earth as rain, ice or hail.

Properties of Lightning

Lightning is an electrical discharge between positive and negative regions within the cloud. As the air swirls up and down at a fast speed, water droplets and ice crystals smash into one another. This creates static electricity. Eventually, the top of the cloud becomes positively charged and the bottom becomes negatively charged. Sometimes a spark will jump from one end of the cloud to the other, making a bright flash. Other times, the ground will build its own charge and the spark will jump to the ground, making a fork or zigzag flash. In either case, the spark heats the surrounding air quickly, the hot air expands and thunder is the result. So, what is this prelude to? Safety, of course.

Conductors for Lightning

Lightning zigzags because it is looking for the wettest parts of the air. If, however, something tall and pointed is available — a skyscraper, a tall or isolated tree, a graphite flyrod — the lightning will go through that object in place of the wet air. If you are on the other end of the flyrod, guess what? You may not be killed, but you could be seriously fried. A graphite rod is a lightning rod. It may not matter whether the rod is graphite, bam-



boo or fiberglass — it's taller than you and probably wet. It's a conductor, so it's a target for lightning. Also, remember that lightning comes before thunder whether you can see it or not (light travels faster than sound). Don't count on the thunder to warn you of impending lightning.

What is a good warning, though, is a tingling rod in your hands.

Actions to Take on the River. . .

Okay, here is what you do when you're caught in a thunderstorm: **Get out of the water and put the rod down flat, immediately.** Walk away. Keep a low profile. If you are the tallest thing around, lie down until the storm passes. Although a car is generally a safe place to be in an electrical storm, don't ramble to it with the rod in your hand while the storm gets closer. It may get there first. Lie down, and wait it out. Do not seek shelter under an isolated tree — in the trees is okay, but away from the tallest tree.

. . . and in the Boat

If you are in a float tube or boat, get off the water quickly. Keep your rod horizontal, break it down, and paddle like hell. In any case, don't pick up your rod until you are sure the storm has passed.

Think it can't happen to you? Wrong! It did happen several years ago on the San Juan River in New Mexico. Everybody left the water and stashed their rods, except for one old gentleman who ignored all warnings. He continued to fish . . . and was struck dead.

Be vigilant. Tight lines. ■

Reprinted with permission from the Northwest Women Flyfishers Newsletter, September 2001.

Errata

Last month's CWF Newsletter incorrectly listed the Panorama Park as the site of the CWF Family Picnic. Prospect Park is the correct site. Also, the same article listed 6 p.m. as the start time for the picnic; 5:30 p.m. is correct, with Bennett's BBQ serving dinner at 6:15 p.m. **For picnic dinner reservations, mail \$3.00** for yourself and each family member (children under 12 are free) to CWF, c/o Diana Pahnke, 6290 South Yampa Court, Aurora, CO 80116 **no later than July 1st.** Those members who miss the reservation closing date may bring their own dinner and join the fun! ■

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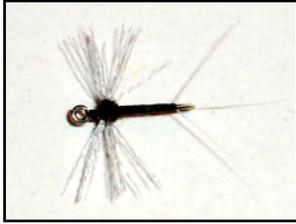
www.colowomenflyfishers.org

Please check the membership roster in the Members Section of the CWF web site for any errors. Send corrections to dpahn@earthlink.net.

Fly Tiers Corner

Trico Spinner

The tricos are coming, the tricos are coming! —*Mat Hamilton, Trout's Flyfishing, 1077 Old S. Gaylord St., Denver (www.trouts.net)*



Recipe

Hook: TMC 101, size 20-24

Thread: Uni 8/0 Black

Tail: White Micro Fibetts

Thorax: Black Superfine Dubbing

Wing: White Z-Lon

Tying Instructions

- Step 1: Start thread at the 3/4 point and tie in three micro fibetts so that their finished length will be slightly longer than the hook shank.
- Step 2: Back wrap the thread to the bend of the hook, making sure to keep the fibetts on top of the hook shank.
- Step 3: Spread the tails out with your fingers, then make a wrap behind the tail, to lock them in place.
- Step 4: Advance the thread back to the 3/4 point, creating a smooth body.
- Step 5: Tie in a clump of Z-Lon, using a figure eight wrap to create the horizontal wings.
- Step 6: Dub a small thorax around the tie in point for the wings, ending right behind the eye.
- Step 7: Whip finish.

LAST CAST

"I have been redeemed. Not only is dark chocolate an essential food group, now CBS National News states that 1-1/2 ounces can improve cardiovascular health. YESSS! I knew it all along: just a little bit daily can make you happy inside as well as out."

MARION NUTT

CWF MEMBER (AND CHOCOHOLIC)
SINCE 1997 (AND BEFORE)

CWF 2004 MEMBERSHIP

RENEWAL

Enclose a check for \$25 made payable to Colorado Women Flyfishers.

NEW MEMBER (over 18? yes___ no ___)

Name: _____

Address: _____ City _____ Zip _____

Home Phone: _____ Work Phone: _____

E-Mail: _____

The Club does not sell or trade or give away members' e-mail addresses.

Flyfishing Ability: (circle one) Professional Advanced Intermediate Beginner

I would like to serve on the following committees: (Circle as many as you like!)

Programs Membership Special Projects Education

Outreach/PR Newsletter Raffles/Funding Trips

MAIL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137



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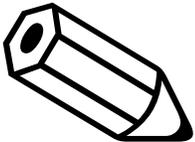
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