

# COLORADO WOMEN FLYFISHERS

*A sociable club for women who flyfish*

July 2006 Vol. X, No. 7

## JULY PICNIC & GEARAGE SALE

### DATE:

Tuesday, July 11, 2006

### PLACE:

PROSPECT PARK, on 44th just west of Kipling

### TIME:

5:30 - Start of Festivities      6:00 - Catered Dinner

### COST: (Reserve by July 1st)

\$3.00 for each Club member and child under the age of 12; \$9.00 each for non-member and older child

### PLEASE BRING:

- Your own beverage (no glass containers, no alcoholic drinks): water, sodas and 3.2 beer only
- Flyfishing gear for the Gearage Sale
- Cash/check for Silent Auction items.

### HOW TO GET THERE

FROM THE NORTH: Take I-70 west to Kipling. Turn south onto Kipling and proceed to 44th. Turn right onto 44th (west). FROM THE SOUTH: Take I-25 to 6th Ave. west (or C470 north to 6th Ave. east) and go to the Kipling exit. Go north on Kipling to 44th. Turn left onto 44th (west).

There are a Winchell's donut shop on the southwest corner and a Phillips gas station on the northeast corner of 44th & Kipling. About .8 of a mile you come to Robb St. (11300 west); you will see the park on your left (south side). It is .3 of a mile to the pavilion. Pass tennis courts, then a lake on your right and softball field on your left. Follow the lake road around to the (large) pavilion.

*At our July Picnic...*

## CWF PICNIC SWASHBUCKLES WITH PIRATE THEME

Join us Tuesday, July 11, for our annual Family Picnic and Gearage Sale. The theme this year is Pirates (of the Caribbean). Be creative and come up with a nifty, swash-buckling outfit!!

You and your family may begin arriving at 5:30 p.m. to socialize. Bennett's Bar-B-

**Reservations must be received by Sat., July 1st. Make check payable to CWF and send it to Joanie McCord, 11843 E. Kepner Dr., Aurora, CO 80012**

Que buffet will be set up to begin serving at 6 p.m.

Bring any gear you've outgrown to sell at the Gearage Sale. Also bring extra cash for our Silent Auction. Char Bloom

is bringing her drift boat to do rowing demonstrations on the lake. She'll also be bringing some samples from her clothing and gear line. David Ahn will be joining us to let us cast and learn about titanium fly rods.

Any questions, call me at (303) 274-2100, or Gearage Sale Chair Jane Francen at (303) 777-9332, or Joanie McCord at (303) 344-8055. See you there!! — *Diane Kyncl, Picnic Chair*

## CFW Calendar

July 1 . . . . . CWF Picnic Reservation  
Deadline  
July 11 . . . . . CWF Family Picnic  
July 15-16 . . . Club Weekend Trip,  
Lake City, CO  
July 29 . . . . . Club Day Trip,  
Fraser River

ARCHIVAL INFORMATION: Please send any published articles featuring CWF, or written by a CWF member, to Club Secretary Nancy Sherman, Keeper of the CWF Archives

## Welcome New Members

Lisa Banner . . . . . Denver  
Carrie Bamber . . . . . Broomfield  
Charyn Billick . . . . . Aurora  
Chani Buchner . . . . . Centennial  
Eileen Egloff . . . . . Westminster  
Sue McKnight . . . . . Brighton  
Stephanie Stouff . . . . . Golden

• 43 New Members Enrolled in 2006.



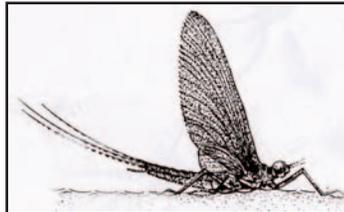
**FOUL HOOKED:** Now that we are deep into the 2006 fishing season, this is a good time to refresh our memories on the various diseases and invasive pests that are damaging the trout populations in our favorite rivers. Lisa Rattenni, a U. S. Wildlife volunteer in the Rocky Mountain National Park, has sent us Wildlife's guidelines for identifying and curbing the spread of these various threats to aquatic species. The guidelines also lists the local rivers affected by these threats. Please read Appendix A and note the ways you can keep your gear disinfected. — Ed.

## BACK CAST

### JUNE PROGRAM MEETING: A BUG'S LIFE

BY ARLYS WARFIELD

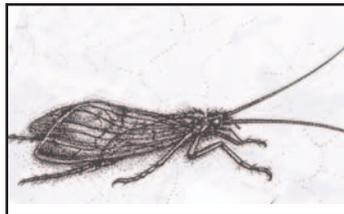
It never ceases to amaze me how much flyfishers enjoy gathering to hear more about bugs. And the June program meeting was no exception. Entomologist Jim Lewis entertained a packed house with his presentation of the various stages of trout bugs' life. Jim's main fly-fishing motto is "If you can figure out what is in the river that the fish are feeding on, you will be a successful angler." To that end, Jim listed the four major categories of insect life: mayflies, caddisflies, stoneflies and midges—and some other categories.



#### Mayfly

The mayfly has an incomplete life cycle (no pupa stage): egg, nymph, and adult — with the adult, which lives only 24 hours, characterized as graceful with wings that look like sails on a boat. Initial adult stage is the dun form, which hides in the branches of nearby foliage. then it transforms to a spinner before returning to water to mate and lay eggs. Mayflies hatch from early spring

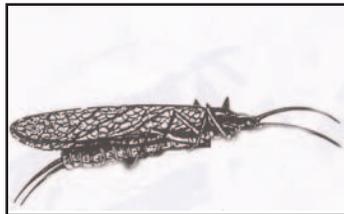
through fall. Adults include the blue wing olive (colder months March-April), calibaetis, and trico (spinnerfalls in July); spinners are identified by their clear wings and longer tails. The nymphs are clingers, crawlers and swimmers (pheasant tails) and molt through the back, which breaks open to release the larger next form. Its rise forms are subtle.



#### Caddisfly

The caddisfly has the entire life cycle: egg, nymph larva, pupa and adult — with the adult characterized by "pup tent" wings and a one-year life cycle. Hatches start in the spring and continues through late fall. Caddisflies are found in highly oxygenated water (riffles) similar to the Arkansas River. Caddis are often mistaken for moths, which are not aquatic insects, but do not have dust

on their wings. The adult fly, which lives up to two weeks, is frenetic and jitterbugs across the water. Its rise forms are splashy and the hatches usually occur in the afternoon into the night. During the massive Mothers' Day Caddis Hatch, upsize your fly to attract the trouts' attention. Egg-laying female caddis come out late in the evening and are a good food source for fish; fish them by skating flies across the water's surface.



#### Stonefly

The stonefly can have a two-to-four-year life cycle, which is incomplete: egg, nymph, and adult — with the very large adults characterized with wings that fold over each other. Adults are identified by their clumsy behavior, are quite large (1-3 inches) and live up to 48 hours. They are usually found in well-oxygenated water in free-stone rivers (Colorado, Gunnison, Roaring Fork), require

higher water quality than trout (trout can live in more marginal waters) and hatch in June and July. Tie a Yellow Sally above a caddis larva on the Colorado in June when the stonefly molts. Prince Nymphs, hare's ears, Kaufman Stone and Bitch Creeks are typical stonefly nymphs.



#### Midge

The midge is the single most important aquatic insect for trout since it hatches all year around and has the entire life cycle: egg, nymph larva, pupa and adult. Parachute Adams, Griffith's Gnats, deer and crane flies and mosquitoes are all examples of adult midges. Stillwater midges can be quite large. There is no adult midge spinnerfall. At Cheesman Canyon and on the Williams

Fork, tie a Black Beauty on top and a Miracle Nymph or Mercury Midge or a brassie below. A Griffith's Gnat represents a midge cluster. Trout go for emergers (pupa) like the Rojo Midge.

#### Attractors and Terrestrials

Royal Wulffs, Yellow Humpys, Trudes, San Juan Worms and egg patterns can attract

CONTINUED FROM PREVIOUS PAGE

trout and represent no specific insect but are usually used to get the trouts' attention and are often trailed by a mayfly, caddisfly or midge pattern.

Hoppers, ants, cicadas and mice are typical terrestrials fished during late spring and summer months.

### Damselflies and Crustaceans

Damselflies are seen in lakes and can be fished as the adult dry, or the nymph (use partial sink tip and strip the blue, green or tan larva parallel to the bank).

Crustaceans are scuds (use #6, #8 orange, pink and tan on the Grey Reef), crayfish, woolly buggers (good on the Taylor, Frying Pan and Blue Rivers) and mysis shrimp (catch the big fish with these below the dam outlet on the Frying Pan).

### Jim's Fishing Tips

- Do not fish without polarized dark glasses.
- Stop to observe insect and fish activity before stepping in a river.
- In insects, size does matter to trout



PHOTOGRAPH BY CONNIE ROGERS

**BEGINNER FLYFISHER'S QUICK QUIZ.** Did Connie Rogers have a caddis spinner, a mayfly spinner, or a mosquito on her arm this month at Chapman Lake?

(then the fly silhouette, then the color).

- Pick out a rising fish, get the rhythm of its eating cycle, then drift your fly to its nose.
- To increase hookups, set the hook in the downstream current.

### The Raffle

Mary Ellen Freas was the big winner this month, taking home not one, not two but three

big prizes — including Pat Dorsey's Fly of the Month. **Willi Tebow** won Dan Wright's casting lesson, **Kellie Isaac** got the Simms waterproof pouch and **Marsha Exley's** homemade cookies were won by **Susan Kelley** but eaten by the entire group. We are happy to note that **Diane Brians** won the CWF Traveling Fly Box since she is one of our best fly tyers and can be counted on to contribute 12 good Colorado catching flies. ♦

## THIS IS NOT THE RAFFLE CORNER

At the July picnic we will not have a Raffle but will have another Silent Auction — but take heart! It's not all expensive guide trips or exotic angling vacations. We will be auctioning off some very nice and very affordable items, including a weekend in the English Ponderosa (Anita English's condo in Winter Park), a One-On-One Casting Lesson with the handsome Dan Wright and a Weally Wonderful Williamjoseph Waistpack, just to name a few.

So bring your check book and bid on something you would like to have, big or small, and I promise that your FULL support of CWF will not EMPTY your bank account. And a big wet kiss to our Treasurer, Betty Peterson, for handling the transactions (something she does very well) while I indulge in an exotic angling vacation to the Lapland Fishing Festival in northern Sweden (yah, sure, you betcha!). — Jody Yehle

## GO FISH THE LAKE FORK OF THE GUNNISON

### JULY 15-16 WEEKEND TRIP AT LAKE CITY, COLORADO

BY PHYLLIS VINSON, TRIP CO-CHAIR

Let's go fish the waters around Lake City, south of Gunnison. Lake City is surrounded by the Gunnison, Uncompahgre and Rio Grande National Forests, providing plenty of public access. There are many rivers and streams in the area, including The Lake Fork of the Gunnison, Cebolla, Henson, Cochetopa and Los Pinos Creeks.

These waters offer your choice of medium-sized river fishing, small stream pocket water and beaver pond fishing or technical, spring creek fishing. There is National Forest, BLM and SWA public access on the rivers and streams in the area. There are 20 miles of access on the Lake Fork and 30 miles on Cebolla Creek, and Henson Creek flows through Lake City. The BLM web site provides detailed access information and maps: <http://www.co.blm.gov/gra/gfofishlowgun.htm/> This is a popular area so book early.

### Directions

You can get to Lake City by taking Hwy 149 southwest from Gun-

nison. The road will meet up with the Lake Fork and provides access to the river.

### Fishing Contact Information

The Sportsman Outdoors (970) 944-2526 - <http://www.lakecitysportsman.com/>

Dan's Fly Shop (970) 944-2281 - <http://www.dansflyshop.com/>

This chamber of commerce link provides area camping, dining and lodging information: <http://www.lakecity.com/>

### Recommended Flies

We should see hatches of PMDs, BWOs, Green Drakes and Red Quills. If we're lucky, there may be some lingering salmonflies and other stoneflies. Always come prepared for midges, caddis and terrestrials. This should be prime dry fly time.

If you need more information, contact PhyllisVinson at (303) 690-6737 or [PHYLV@compuserve.com](mailto:PHYLV@compuserve.com), or Dawn Dobson at (303) 777-8642 or [dobsond@earthlink.net](mailto:dobsond@earthlink.net). 🚗

# **GO FISH THE FRASER RIVER**

## **JULY 29 DAY TRIP TO TABERNASH, CO**

BY DAWN DOBSON, TRIP CO-CHAIR

**W**ith a little luck, the Fraser River goddess will allow us the opportunity to fish this beautiful and unfortunately endangered resource. The Fraser River headwaters begin at Berthoud Pass and travel down some 24 miles through the towns of Winter Park, Fraser, Tabernash, and Granby. There has been quite a bit of controversy resulting in the Fraser being listed among the top three to five most endangered streams. Due to increased demand for water on the Front Range, various entities are proposing to increase the existing (and already taxing) 65% diversion of river flows to 85%. Concerns that fish habitat will diminish as the decreased flows fail to diminish pollution from road maintenance and treated sewage from local municipalities.

### **Last-Minute Changes**

Because of these finicky conditions, we will have to monitor flows carefully and make a "game time" decision on whether to fish there or not. It is critical that you check your email for the latest posting on CWF Talk the night before.

You can access the first stretch of river via Robber's Roost campground and likely catch small browns and rainbows. However,

opportunities for larger fish exist in the lower section near Tabernash.

### **When and Where to Meet**

We will meet at our usual carpool rendezvous on I-70 at the Morrison Exit at 6:45 a.m. and depart promptly at 7:00 for the approximately 90-minute drive to Mo Henry's Fly Shop. To reach the fly shop, travel west on I-70 to the exit for US 40 – Winter Park. Continue on US 40 through Winter Park and into Fraser. The fly shop is located on US 40 right next to the post office. Their number is (970)726-9754.

At the shop we will stock up on any flies you must have, get last minute advice and confirm our directions from the guys in the shop. Please check in with the guys in the shop for advice and directions, if you come later on your own.

### **Directions**

The directions to the river access are: Take US 40 through Fraser and Tabernash and turn right on CR 83-84 (this is the way to Devil's Thumb Ranch). Stay left at split (about 1/3 mile), go over bridge and take left at Strawberry Creek Road (you will go through a small housing development).

You will get to a small parking lot and trailhead in about 1-1/2 miles. There is a private

drive that you need to be sure not to block.

### **What to Bring**

You will want to pack a lunch and water as we will be hiking into the river approximately 1/4 of a mile. Be prepared for changes in weather especially the afternoon thundershower.

It is always good to have small midge patterns (sizes 18-24) such as Brassies, Biot Midges, Black Beauties, and Griffith's Gnats. You will also want a variety of caddis life forms such as Breadcrusts, Latex, Buckskins (sizes 10-18) for the larva stage and pupas, and Elk Hair or CDC Caddis adults, sizes 14-20. It is also possible to get into a few Green Drakes so one should bring Drake emergers as well as adult Drakes and Parachute Adams in sizes 10-12. PMDs and stoneflies may also be present, depending on the flow. As always on small streams, attractors such as stimulators, Trudes, and Wulffs may also entice the fish in the pocket water.

Please sign up for this trip (if you haven't done so already) at the July Picnic. Contact me at [dobsond@earthlink.net](mailto:dobsond@earthlink.net) or (303) 777-8642, if you have a change in plans or aren't attending the picnic and wish to join us. On the morning of the trip, I can be reached via cell phone at (303) 748-2498. 🚗

**cwftalk@Topica.com keeps members up-to-date with Club activities and is the link members need between monthly meetings and newsletter mailings. Contact [arlys@earthlink.net](mailto:arlys@earthlink.net) to sign up.**

## **SNEAK PEEKS**

### **FRYING PAN RIVER AND ROARING FORK RIVER Basalt, Colorado**

#### **Weekend Trip: August 12-13**

Get out your credit card and book your campsite for one of our most popular trips to the Frying Pan River. This river is one of the most spectacular rivers to fish. The clear water with red boulders makes the perfect backdrop for brightly colored browns and bows. Those of you who wish to camp can book reservations at the Molly B Campground at Ruedi Reservoir by going to [www.reserveusa.com](http://www.reserveusa.com). For those wanting more comfort or fewer opportunities to see bears, you can get a reasonable room at the Green Drake Motel in Basalt by contacting them at 1-800-905-6797.

Many of us make an extended weekend out of this trip by heading up earlier in the week. This also allows us to dodge some of the crowds. Finally, you may want to consider investing in a float trip on

the Roaring Fork River which has been fishing quite well these past two years. Guided trips for both rivers can be arranged by contacting Taylor Creek Fly Shop in Basalt at (970) 927-4374.

Sign up sheets will be passed during the July Picnic and at the August Program meeting. — Dawn Dobson

### **SOUTH SAINT VRAIN Brainard Lake Recreation Area Day Trip: Saturday, August 26**

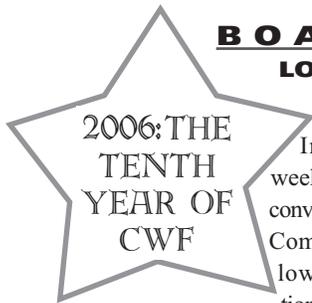
In August, let's try our hands at pocket water fishing for brookies and greenbacks. The South St. Vrain offers just this sort of action close to the Metro area. The creek between Long and Brainard Lakes or below Brainard Lake is the perfect place to try out that 3-weight rods. Dry and dropper with an attractor pattern as the dry should work to bring up these cooperative fish. This will be a perfect way to beat the August heat, with a stroll through the forest. For bigger water, there is access along Hwy 7 between Lyons and Peaceful Valley.

For further information, Trip Coordinator Connie Rogers can be reached at (303) 868-7319 or [connie.rogers@comcast.net](mailto:connie.rogers@comcast.net) — Phyllis Vinson

## **BOARD ELECTIONS**

### **LOOKING FOR A FEW GOOD WOMEN**

BY ANNE NICHTING, CWF PRESIDENT



2006: THE  
TENTH  
YEAR OF  
CWF

In the next few weeks, the Board will convene a Nominations Committee. The following board positions, each a two-year

term, are up for election this November.

1. **VICE PRESIDENT:** Assists the President, organizes programs for member meetings as chair of the Program Committee, monitors compliance with the Bylaws, and, in the absence of the President, acts as President. Elected in even-numbered years.

2. **TREASURER:** Keeps and maintains the accounting records of the Club, including depositing checks and cash, making disbursements and maintaining a written record of all transactions; makes accounting records available for inspection at any time by the Board; makes a quarterly report to the Board, an annual report to the membership, and other reports at such times as the President may request; and maintains membership dues records. Elected in even-numbered years.

3. **FUNDRAISING/RAFFLE CHAIR:** As Chair of the Fundraising/Raffle Committee, plans, coordinates, and staffs volunteers and conducts a raffle, if appropriate, at shows and events as approved by the Board and co-sponsors the annual holiday party fundraising with the Public Events Chair. (See note below regarding this new Board position.) Elected in even-numbered years.

4. **MEMBERSHIP CHAIR:** As chair of the Membership Committee, provides wel-

come, introduction of and orientation of new members; produces and provides each new member with a CWF information packet; creates and maintains names badges for all members; and maintains a complete, accurate and up-to-date membership roster in cooperation with the Treasurer. Elected in even-numbered years.

5. **SPECIAL PROJECTS CHAIR:** As chair of the Special Projects Committee, plans and coordinates special projects, including any social, conservation or charitable activities that may be undertaken by the Club. Elected in even-numbered years.

\* \* \* \* \*

**PUBLIC EVENTS CHAIR:** At its May meeting, the Board decided to create a new Board position to assist the Fundraising/Raffle Chair and Membership Chair with several of the duties assigned to those positions. The first Public Events Chair will not become an official Board position until 2008. The duties of that position will be: As chair of the Public Events Committee, plans, coordinates, and staffs volunteers and conducts raffles, if appropriate, at shows and events as approved by the Board and co-sponsors the annual holiday party fundraising with the Fundraising/Raffle Chair. Elected in odd-numbered years.

The Board would like to see one or two volunteers step forward next year, before the position becomes official, to assist with the shows and holiday party.

This position and the Fundraising/Raffle Chair are key ones for CWF and also afford the opportunity for volunteers to further define the important functions of fundraising and representing CWF at public shows. Consider volunteering for this position if you want to help shape CWF as it continues to move forward.

Please consider if YOU — or another member you would like to nominate — would consider the opportunity, responsibility and joy of being a part of the Board of our special Club! Board meetings are held once a month (currently the second Tuesday of the month), 10 months of the year.

Nominations are open through September 1st. Please contact me at (303) 698-2228 or email me at [anighting@aol.com](mailto:anighting@aol.com). And remember, a community is something you belong to and help create. ♦

## **NICE CATCH**



**Lisa Timmons nets a good one on Chapman Lake.**



**Chris Juvan goes carp fishing on the Miracle Mile.**



**Jane Francen hoists a huge Yampa trout.**

PHOTOGRAPHS (TOP TO BOTTOM) BY CONNIE ROGERS, CRAIG STANTON, ANNE NICHTING

FROM THE 2001 CWF ARCHIVES



**THE JOY OF LEADERSHIP ROLES** Past board members Marilyn Drobny, Linda Hooker, Carol Neville, Pat Barz and Kay Willis and share the camaraderie of planning the 2001 CWF calendar.

## **CLUB TRIP REPORTS**

### **GREY REEF AND MONARCH LAKE BROUGHT NEW VISTAS TO CLUB MEMBERS**



**W**hile only five of us braved the 2,600 cfs flows on the North Platte on the May 20-21 weekend trip, everyone reported catching some of the Gray Reef fatties. **Jody Yehle** and **Pat Nilsson**, after resolving their amazing lodging challenges, pulled in fish by throwing streamers at the bank from their drift boat.

**Anne Zadrazil** landed a 20+ inch fish while on her float. The fish voted unanimously for flies that were red. We finished the float by fishing a tandem of three red flies!

In spite of the flows getting back to normal after the drought years, wading at the dam and other spots was possible and resulted in a few fish in the net. — *Phyllis Vinson, Trips Co-Chair*

**S**ixteen Club members and friends went up to Monarch Lake and the surrounding area on June 10th in search of the big Mackinaw trout or whatever else would bite. Several camped the night before and after, but since Arapahoe Bay was full so they had to stay beyond Byers Canyon. The carpool group fished Arapahoe Creek below the lake, but not too much activity was seen. Of course, **Chris Juvan** and **Craige Stainton** caught some, and **Gayle Snook** caught several browns, but the big guys eluded us. I understand the lake crowd caught some, but I don't know what kind.

After a picnic lunch, the carpool group decided to go to the Colorado River at Hot Sulphur Springs because it was reported by **Nancy Sherman** that fish were biting there. When we pulled into the parking area, a guy had caught several on blue wing olives and was going to Monarch Lake because he heard the Mackinaw were biting. We wished him luck, but we went ahead and spread out along the river. Several browns were caught and there were risers all around us. Caddis and BWOs were flying around; it was a good afternoon. — *Karen Williams, Trip Coordinator*



**THE FLY AND BUG DRILL** (Top Left) Barb Keller ties one on, but (below) Willi Tebow is still examining bugs on a rock at Monarch Lake.



**MONARCH LAKE LUNCH BUNCH** Gayle Snook, Willi Tebow, Anne Zadrazil, Barb Keller and Anne's friend Carol are having a good day on the lake.

## CHILI

### IT'S WHAT'S FOR DINNER (APRÉS FISHING)

*The Saturday night Chili Cook-off at the Club Trip on the Arkansas River generated many requests for the chefs to publish their award-winning entrées. Here is this month's entry.*

#### Linda Price's Caddis Hatch Chili

Recipe by Chef Price of Salida

Serves 6.

#### BROWN TOGETHER

1 pound lean ground beef (or turkey)

1 onion, chopped

3 to 5 cloves garlic, chopped

#### ADD

20 ounces tomatoes

1 small can tomato sauce

1 can pinto beans

1 can black beans

4 jalapeno peppers, seeded and sliced

2 tablespoons chili powder

1/2 teaspoon oregano

1/2 teaspoon cumin

Pepper to taste

Mexican chocolate (optional)

#### Corn Bread

Recipe by Martha Stewart

Serves 12.

#### INGREDIENTS:

1 stick unsalted butter

1/2 cup chopped onion

1 clove minced garlic

1 roasted red pepper

1 cup corn

1/4 cup jalapeno peppers, canned

1-1/2 cups cornmeal

1/2 cup flour

1/2 cup sugar

1 teaspoon salt

2 teaspoons baking powder

2 eggs

1-1/2 cups buttermilk

1 cup Monterey jack cheese

Pre-heat oven to 350 degrees.

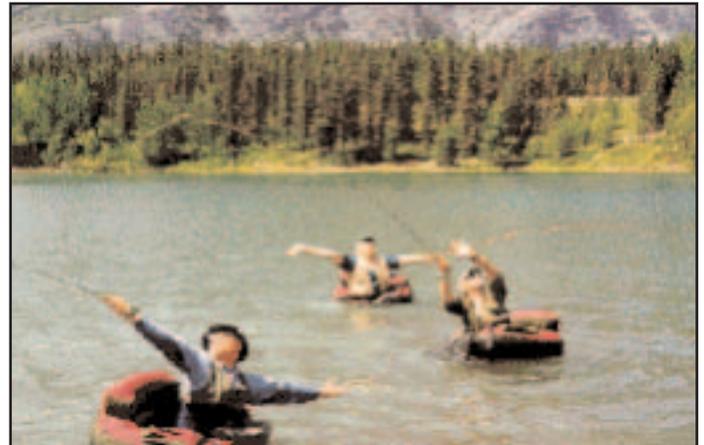
In a large cast iron skillet, melt butter. Add the onion, garlic roasted red pepper, corn and jalapeno and saute.

Mix together the dry ingredients in a bowl. Mix together the eggs and milk. Add to the dry ingredients and mix well. Add the sauteed ingredients and cheese and mix again. Pour the mixture back into the cast iron skillet. Cook for 35 minutes or until golden brown. Serve with honey butter.

## DVD REVIEWS

### POETIC FLYFISHING FILMS

DOWNLOADED FROM WEBSITE



“Belly Boat Hustle” and “Passing Lane,” two rollicking comedies from the Calgary filmmaker Sandra Sawatzky, highlight a career which includes Internet, film and conventional broadcast. Producer-writer-director Sandra Sawatzky grew up on the prairies in Canada. In 1995 she produced, directed and wrote her first dramatic short film “Passing Lane.” It is a comedy about a girl who has an epiphany in the rubber boot department of a major department store’s bargain basement. The film was well received at film festivals and won an AMPIA in Alberta. “Belly Boat Hustle” was produced in 1998 and has been embraced by audiences in Canada and in the United States. It also received an AMPIA and has screened at both Lincoln Center and the Museum of Modern Art in New York. Currently unavailable, back orders for the film will be filled at <http://www.maplelake.mb.ca/sandras.html>.

## MEMBER NEWS

BY NANCY RUTHERFORD TURLEY

**Kay Willis** is on the move! Again this summer she is doing the Triple By-pass Ride on July 8th, biking over three mountain passes from Evergreen to Avon. The ride will cover 120 miles and an overall gain in climbing altitude of 10, 310 feet! To follow her route, check out this website: [http://www.teamevergreen.org/Triple\\_2005/TripleMap.pdf](http://www.teamevergreen.org/Triple_2005/TripleMap.pdf). Kay has also decided to take a different tack in her career and has been attending Regis University this past year to obtain another Master’s Degree: this time in Special Education. Although she has five more classes to take, she landed a job already at Overland High School in Aurora in the Cherry Creek School District. She is able to teach with a TTE (temporary teaching endorsement) until she finishes her classes. She is teaching a caseload of 20 tenth grade students who have learning and emotional disabilities. Cherry Creek School District even recruited her!

Interestingly enough, Kay is preceded by two other CWF members who taught at Overland High School and two CWF “affiliates” — Dee Bond taught math there most or all of her teaching career, and Sue Armstrong taught there for 16 years in Consumer and Family Studies. Both Dee and Sue are now retired from teaching. Dee’s husband Jim also taught at Overland and Nancy Turley’s husband, Steve, coached gymnastics there! Isn’t it a small world?! ♦



**AWARD WINNERS** The first Colorado Women's Fly Fishing Team, a big winner at learning competition techniques, posed at the Awards Banquet: Janice O'Shea, Team Captain Sandy Wright, Don Watts (Bass Pro Shops Team Sponsor), Alternate Nancy Sherman, Kay DuShane, and Cindy Leming. Missing: Keli VanCleave and Alternate Phyllis Vinson.

## COLORADO WOMEN FLYFISHERS PARTICIPATE IN JUNE'S NATIONAL FLY FISHING CHAMPIONSHIP

BY JANET CANAAN, PR/OUTREACH CHAIR

The 2006 National Fly Fishing Championship was about more than just fly fishing. It was about hard work, camaraderie, competition, teamwork, enthusiasm, lots of driving, late nights, early mornings, old friends, new friends, sacrifice and, oh, yes, fishing. And Colorado Women Flyfishers were right in the middle of it all, as members of the Colorado Women's Team, transportation volunteers, controllers and coordinators.

CWF's own **Sandy Wright** led the team, inspiring them with her enthusiasm and leadership. **Kay DuShane** made it back from a trip to the Bahamas just in time to fish like a crazy person. **Nancy Sherman** and **Phyl-**

**lis Vinson** were alternates on the team, just in case. These members were ably supported by non-CWF members Janice O'Shea, Cindy Leming, and Keli VanCleave.

If you ask how the team did in the competition, you'll get a lot of answers, depending on your definition of "did." No, we didn't win. We didn't even come close. But what we "did" was create a core of women who now know what the competition is all about, and are prepared to train hard for future competitions. We made contacts with many top-notch fly fishers from the U.S., Canada and the U.K., including past and present members of Team USA, who are willing and able to help team members and future com-

petitors learn new skills. And we gained some great exposure and recognition for teamwork and a positive attitude in the face of challenge.

But the Colorado Women's Team wasn't the only group to be recognized! Every-



PHOTOGRAPH FROM USA RATTENNI



PHOTOGRAPH BY ANNE NIGHTING

**A DAY IN THE LIFE OF A CWF VOLUNTEER** Lisa Rattenni (right) was a volunteer truck driver but also became a Big Horn Sheepherder at the Clear Lake venue; Arlys Warfield and Betty Peterson paused from their trucking duties to watch the fly fishing action at Lily Lake.

where you looked, at the Boulder Outlook Hotel or at the five venues, CWF members were there, unselfishly volunteering their time and energy. We drove vans full of competitors from one venue to another (and cleaned out the vans, gassed them up and filled them with goodies). We drove trucks full of competitor gear to each venue (and loaded the trucks, and unloaded them, and packaged gear and hauled lunches). We worked as controllers, scoring individual competitors. We talked to spectators about the event, and about fly fishing in general. We gave out CWF business cards. We planned and cheered and fended off mountain sheep. And everyone noticed.

Many thanks to the CWF members who volunteered their time: **Char Bloom, Diane Brians, Jane Francen, Dot Lindsey, Janet Lopez, Anne Nichting, Carol Oglesby, Betty Peterson, Cathy Poirier, Lisa Rattenni, Nancy Sherman, Carol Stegink, Arlys Warfield, Jody Yehle, and Ann Zadrzil.** These are the CWF volunteers we know of. Any other CWF members who may have volunteered through Trout Unlimited, thank you for your efforts, as well.

My job as Public Relations/Outreach Chair is to get exposure for Colorado Women Flyfishers and to reach out to the fly fishing community. Thanks to the volunteers listed above, my job was easy.

What did CWF get out of this event? Just a few things:

- We now have more exposure at Bass Pro Shops, which stepped up to sponsor the team. They can (and are eager to) help us in fundraising activities.
- We developed strong ties with several Trout Unlimited chapters.
- We enhanced our reputation in the fly fishing community by showing our support and giving our time. (CWF enrolled at least one new member as a direct result of that effort: Chani Buchner, daughter of Jay Buchner, President of Fly Fishing Team USA.)
- CWF was mentioned favorably in several newspaper articles.
- CWF members got a broader view of the fly fishing world, and learned new tactics for catching fish.
- We made new fishin' buddies from the West Coast to the East Coast and beyond (the British Army Fly Fishing Team is hooking us up with their women's team ... we may have visitors!)
- We established an ongoing participation in the National Fly Fishing Champi-

PHOTOGRAPHS BY FRAN STURGIS



**HOOK 'EM AND BOOK 'EM** Sandy Wright in the quiet waters at Deckers (top) and Nancy Sherman (below) in the roily Big Thompson River catch fish the European way and then run to their Tournament controller to record the official measurements. For a description of the Czech Nymphing Technique and how it affects the Competition Rules, see Appendix B.

PHOTOGRAPHS BY ARLYS WARFIELD



onship, with a position on the Steering Committee and a voice in how future competitions will be conducted.

So, was it worth it? Ask anyone who vol-

unteered. Ask them if they will volunteer again next year. After all, October 5, 6 and 7, 2007, will be on us before you know it. We had an exciting ride. Let's do it again! ♦

**Final Standings for Women in the NFFC Competition were:**

- Lowest score was better score.*
- Nancy Jobe (Fresno Team 2): 45
- Sandy Wright (COWO): 50
- Kay DuShane (COWO): 54

- Barbara Pentoney (FFUSA Team 3): 56
- Janice O'Shea (COWO): 57
- Cindy Leming (COWO): 61
- Keli Van Cleave (COWO): 62

**EDUCATION CLINIC REPORT**  
**HIGH WATER GETS LOW MARKS, A GOOD DAY ANYWAY**  
 BY ANITA ENGLISH, CHAIR

The May 27th “on the water” CWF Education Clinic turned into an “on the bank” clinic. The flow was over 700! More than 30 of us were welcomed by Lyle and Donna Hetterly, the managers of Farmers Union Education Center, just outside Bailey. They prepared yummy strawberry cream muffins and fruit for breakfast, then followed that up with a delicious hamburger lunch.

After a little music (“Rocky Mountain High” and a slightly off key “If I Had a Wagon I Would Go to Colorado”), we were ready to learn.

The quality of the instructors made this clinic a success. **Carol Neville** and **Cathy Greenwald** taught the two strands of beginner classes and drew high praise. **Dana Rikimaru** and **Dan Wright**, who are perennial favorites, were as usual excellent and made their classes a lot of fun. **Jeff Engel** helped his students understand entomology better and then demonstrated the sliding strike indicator, using special macramé yarn and a orthodontic elastic band. Several ladies said that this was worth the price of the clinic.

Even though the water was wicked high, fish were caught. **Sherri Moore** caught four and **Connie Rogers** caught a big one. She did that last year, too!

It was a perfect day in Colorado. We do live in paradise. Now get out there and enjoy it! ♦



**CLINIC SUCCESS** Student Penny Henson and guide Jeff Engel join hands to hold her nice rainbow.



**THE TEACHING LIFE** (Above) Dana Rikimaru shows her beginner class the fine points of assembling leader, tippet and fly. (Below) Carol Neville’s students pay rapt attention.



PHOTOGRAPHS BY DIANE KYNCL

**CWF Board of Directors 2006**

**President**

Anne Nichting  
*anichting@aol.com*

**Vice President**

Diane Meyer  
*diane@dianemeyerphoto.com*

**Secretary**

Nancy Sherman  
*anglers@peoplepc.com*

**Treasurer**

Betty Peterson  
*betty@bettypeterson.com*

**Education**

Anita English  
*SB33MVP@aol.com*

**Funding**

Jody Yehle  
*jyehle@richochet.com*

**Membership**

Cathy Poirier  
*cpoirier@comcast.net*

**Newsletter Editor**

Arlys Warfield  
*arlys@earthlink.net*

**PR-Outreach**

Janet Canaan  
*jcanaan@jcanaan.com*

**Special Projects**

Joanie McCord  
*scottishfisher@earthlink.net*

**Trips**

Dawn Dobson  
*dobsond@earthlink.net*  
 Phyllis Vinson  
*PHYLV@compuserve.com*

**Newsletter Staff**

**Editor** Arlys Warfield

**Proofreaders**

Connie Rogers, Nancy Sherman,  
 Miki Seeley, Jody Yehle

**Production**

Jane Francen

**Printer** Alpha Graphics, Denver

Note that the copy and art deadline is the 15th of every month.

**Website**

*www.colowomentlyfishers.org*

**Membership Roster**

Send roster corrections to  
*cpoirier@comcast.net*.

# DIGITAL DAZE

FISH ON . . . OOPS, FISH OFF

PHOTOGRAPH BY JANE FRANZEN



**SPLASH**  
There goes  
Anne's 22-inch  
brown.

PHOTOGRAPH BY DEBORA RATLIFF



**SPLASH**  
There goes  
Connie's 20-  
inch rainbow.

# LAST CAST

PHOTOGRAPH BY ARLYS WARFIELD



The U. S. National Fly Fishing Tournament was all about learning new fishing techniques. Colorado Team members Sandy Wright and Nancy Sherman ended each day learning something new from their fellow competitors.

## CWF 2006 MEMBERSHIP

Membership for Calendar Year (January - December)

\_\_\_ RENEWAL

Enclose a check for \$25 made payable to Colorado Women Flyfishers.

\_\_\_ NEW MEMBER (over 18? yes\_\_\_ no\_\_\_ )

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

The Club does not sell or trade or give away members' contact information to outside vendors; however, rosters are printed quarterly for members' personal use only.

Flyfishing Ability: (circle one)    Professional    Advanced    Intermediate    Beginner

I would like to serve on the following committees: (Circle as many as you like!)

Programs	Membership	Special Projects	Education
Outreach/PR	Newsletter	Raffles/Funding	Trips

**MAIL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137**



COLORADO WOMEN FLYFISHERS, INC.

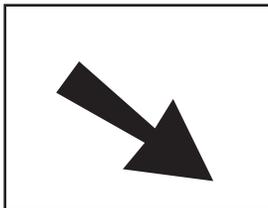
[www.colowomenflyfishers.org](http://www.colowomenflyfishers.org)

P. O. Box 101137

Denver, CO 80250-1137

Address Correction Requested

First Class Mail



**IN THIS ISSUE:**

**THE NATIONAL FLY FISHING CHAMPIONSHIPS**

**AND CLUB TRIP INFORMATION FOR**

**JULY AND AUGUST, PLUS THE CWF**

**JULY CLUB PICNIC\* AND LOTS MORE.**

**\* Reserve your place NOW – reservations due July 1.**

# U. S. Fish and Wildlife Guidelines for Prevention of Introduction and Spread of Aquatic Threats by Cleaning and Disinfecting Fishing and Field Equipment

Last Revised May 22, 2006

There are three primary disease/invasive threats to aquatic species in Rocky Mountain National Park (RMNP).

## Whirling Disease (WD)

- WD threatens trout populations.
- WD has been confirmed in several low elevation waters including Fall River, Roaring River, Colorado River, Timber Creek and Onahu Creek.
- WD is believed to be present in all low elevation waters in RMNP.
- Greenback cutthroat trout, a federally listed threatened species, is susceptible. In studies at the USFWS, National Fish Health Research Laboratory even a light exposure to WD resulted in mortality of over 25% of greenback cutthroat trout <1 year old.
- Colorado River cutthroat trout, the native trout of the westside of RMNP, also suffers mortality with exposure to WD.

## Batrachochytrium dendrobatidis (Bd)

- Bd, often referred to as chytrid fungus, threatens RMNP amphibians.
- The boreal toad is declining in the park and is currently classified as endangered by the State of Colorado. The primary reason for decline of the boreal toad is believed to be mortality related to exposure to Bd.
- Bd does not appear to be lethal in tiger salamanders although it can cause mortality in chorus frogs and wood frogs.
- Bd has been confirmed in the North Fork of the Big Thompson Drainage (Lost Lake and Kettle Tam), Fall River Drainage (Sheep Lakes) and Colorado River wetlands (near the Timber Creek Campground).
- Few areas in the park have been tested for Bd, and it is likely present in other park waters.

## New Zealand Mudsnail (NZMS)

- NZMS were recently discovered in Boulder Creek, Eleven Mile Creek, and the South Platte River, CO. They are also known to be present in the Green River in Utah, and throughout Yellowstone National Park.
- NZMS are believed to negatively impact native invertebrates as well as trout populations.
- NZMS have not been identified in RMNP but the threat of introduction is considered high because of the proximity of known locations and park visitation. NZMS are also extremely small and may not be detected until they have been present in the system for an extended period of time. Although NZMS have not been confirmed in RMNP there is a chance they are already here.

**Humans unwittingly assist the spread of these organisms by transferring them from one body of water to another on footwear, waders, nets, and other equipment.** Help protect RMNP aquatic species by following the recommended prevention and disinfection procedures below. It is expected that park staff, cooperators and researchers working on approved projects will follow the guidelines below. Recreationalists (including park staff on their lieu days)

are strongly encouraged to follow these guidelines.

## Guidelines

1. Dedicate specific equipment to each separate site (lake) (optional). This may be possible for researchers who only work at one site in the park. If equipment is specific to a site and has not been used elsewhere guidelines under number 4 do not need to be followed. If equipment will be used at only one site this year but have previously been used in other areas, follow the guidelines under number 4 to disinfect equipment prior to beginning work this season. Note: if a sampling site has a wider geographic reach follow the recommendations under number 4.

2. Do not use felt wading soles (highly recommended).

3. When conducting surveys within a drainage start at the top of the drainage and work downstream (highly recommended). Aquatic threats are typically located in lower elevation areas and this will minimize the risk of spreading organisms upstream.

4. Prior to working in park waters **clean and disinfect any equipment that has been in contact with soil and water** (required). **Examples include boots, waders, nets, etc.** Equipment also needs to be cleaned and disinfected in the following situations; a) after a visit to any area where whirling disease, B. dendrobatidis, or New Zealand mudsnails are known to exist; b) when moving within a drainage to sites that are >4 kilometers (2.5 miles) apart; and 3) before visiting different drainages.

There are several steps and options to disinfect equipment. For either option each step is required to insure proper disinfection against all pathogens.

## Disinfection Options

a. **Required:** 1) **Remove mud, snails, algae and other debris from nets, boots, waders and other equipment utilizing brushes, screwdrivers, or other tools,** and 2) Wash all equipment and tools used to clean equipment with bleach solution. Soak equipment for 10 minutes in the 10% household bleach solution (5,000 ppm hypochlorite) or when sensitive equipment cannot be soaked disinfect equipment with a  $\geq 50\%$  contact bleach solution; and 3) **Freeze gear overnight or soak and/or agitate equipment for >10 minutes in 50% solutions of Formula 409 Antibacterial Version (household cleaner)** or soak equipment for >one minute in >120°F water (dishwasher cycles will provide adequate heat). NOTE: Freezing gear overnight or longer is most effective.

b. **Required:** 1) Remove mud, snails, algae and other debris from nets, boots, waders and other equipment utilizing brushes, screwdrivers, or other tools; and 2) Soak and or agitate gear and equipment in a solution of 4-6 oz. Sparquat per gallon for >10 minutes exposure. Sparquat is a quaternary ammonium disinfectant (benzalkonium chloride) that is also effective at inactivating whirling disease spores, and (recommended) 3) Freeze gear overnight or soak equipment for >one minute in >120°F water (dishwasher cycles will provide adequate heat). NOTE: **Freezing gear overnight or longer is most effective.**

c. **Recommended:** Allow equipment to air dry, preferably in direct sunlight >84°F for >four hours.

# CZECH NYMPHING HIGHLY EFFECTIVE

BY TONY BISHOP

*This article has been reproduced with the permission of the author: Mr. Bishop hails from New Zealand and uses the English spelling and European measurements. It is helpful for the reader to note that 1 metre equals approximately 3 feet.*

*This nymph fishing technique is highly effective but little used outside Europe. It has become known as Czech Nymphing. Using this technique has placed Czech and Polish anglers right up amongst the top performers in World Fly Fishing Championships. A version of this technique is used by the National Fly Fishing Championship (NFFC); see below for its rules regarding leaders and flies.*

**S**o, what is the basis of its success? First, the angler fishes very close to lies and fish, with probably only about one to two metres of fly line out of the tip. The leader will be loaded with two or three nymphs, heavily weighted, and this means heavy.

**The heaviest fly is generally in the middle of the team of flies.**

The flies are vividly coloured, wild in fact, plenty of orange and pink. This does not mean that imitative flies are not used, they are, but mixing it up can produce enhanced results.

**The size of the flies were pretty large,** overall, and do not seem to put the fish off. Because no weight, other than the flies are used, the flies must be heavy to get them down to the bottom where the fish are typically eating nymphs. The larger flies tend to add more weight.

**Leaders are typically made of straight tippet material.** Fluorocarbon line is generally employed because it tends to sink faster. The leader is generally around 3 metres, or the length of the typical rod. This leader needs to be strong enough to account for the fact that a fish is hooked and played very close to the angler.

**The flies are positioned 20 inches apart,** with the heaviest fly typically in the middle position. The flies are tied on using droppers off the main line; these are usually accomplished by joining two sections of material with a double surgeon's, or blood, knot and leaving a tag hanging off. The most exact fly imitation is usually on the point (bottom) of the team of two or three.

**The cast is nothing more than a lob of the weighted flies upstream.** Don't try flicking a short cast, your ears will not be happy. I find the best method of casting is (if right-handed) to face downstream, and with the line tight and the rod-tip right at water level, do a back-cast, that turns into a forward cast as you swing your body to face upstream. Two things to watch out for:

1. The line must be tight and your rod tip on the water surface.
2. As for all casts, start slow and finish fast.
3. Make sure there is not a fish on before you start the cast — it has happened to me!

Once the flies are lobbed out and upstream follow the flies with the rod tip. Lift the rod tip as the flies drift towards you to pick up slack line off the water, and as the flies drift downstream, lower the rod tip for a drag free drift. At the end of the drift allow the flies to lift up to the surface. The angler actually leads the team of flies through likely looking holding water.

Use an indicator if you must, but it must be small. But, typically, this Czech technique allows the angler to actually feel the take. This is what makes it so effective and why the Czechs are seemingly such great nymph fishermen. An angler also spends more time actually fish-

ing, since his flies stay in the water longer. This for me is a key factor — the longer a fly is in likely water the greater your chances of hooking fish.

There is a downside to fishing this technique. First, you will lose a lot of flies, so be prepared to either tie a lot yourself, or buy them at your favourite store. Second, you will be tying lots of knots as you change flies and adjust your leader material.

**As for flies, there are a couple of things to consider.** Generally flies used are slim in profile, have no hackles and no legs. Because you are fishing so close and on such a short line the flies must sink like a rock. The middle fly as mentioned is usually the most heavily weighted, and often the most 'colourful', and may act as an attractant. A gold bead anything could be used on the point fly or a small Glo-Bug, very small. (Glo-Bugs (roe imitations) that are too big take far too long to sink). The fly at the top, again, could be a gold bead anything. Another tack is to use bead flies above and below the heavy fly. Bead flies sink fast.

**This technique is best used in fast, turbulent water.** As will be realised this method requires that you are close to the fish and you need the roily water to help disguise your presence.

I can think of innumerable stretches of water I used to walk past to get to the 'good' pools, especially on the Rivers of the central North Island, NZ, and the rivers of the West Coast (South Island, NZ), where I now get fish.

This technique can be valuable if you want to avoid crowds. There you are, wading happily pulling in fish while 'experts' wander past you making snide remarks to each other about the duffer who can't cast and fishing in the wrong area. Experts? Yeah, right!

This technique is not particularly new, it has been used in Poland and Czechoslovakia for many years. In the U.S., the Charles Brooks book, "Nymph Fishing for Larger Trout" describes a very similar method, and his book was written in 1976.

For further information, a Google search for "czech nymphing" will reveal many more sites.

## 2006 NFFC Competition Leaders

1. A single leader may be used, of any length.
2. Leaders may be knotted or knotless, and tapered or level.
3. Neither sinking nor floating devices may be added to the leader.

## 2006 NFFC Competition Flies

1. Competitors may use floating or sinking artificial flies.
2. Each fly must be dressed on a single hook, without limit as to size.
3. The length of the dressed fly will be at the discretion of the competitor.
4. Weighted flies are permitted, provided the weight is hidden within the dressing. A single visible bead, not more than 4 mm in its maximum dimension, is also permitted. Painting alone does not constitute dressing.
5. A maximum of three flies is permitted which must not be closer to each other than fifty cm, measured eye to eye, hanging freely.
6. All flies must be attached to the leader in such a way that they do not move or slide.

All flies must be dressed on hooks which are barbless, de-barbed or have the barb squeezed down flat.