



COLORADO

WOMEN

FLY FISHERS[©]

A sociable club for women who flyfish

September 2007 Vol. XI, No. 9

SEPTEMBER MEETING

DATE:

Tuesday, September 4, 2007

TIME:

5:30 - 6:30 Social Hour

6:30 - 7:30 Dinner (Optional, \$10.00)

7:30 - 8:30 Program

PLACE:

Piccolo's Restaurant

3563 S. Monaco Parkway (near the corner of Hampden), Denver

PLEASE BRING:

A donation for our monthly Raffle

A flyfishing friend *New guests are welcome!*

How to Get There

Piccolo's is located at 3563 S. Monaco Parkway, Denver, approx. one-half mile east of I-25 near the southwest corner of Hampden and Monaco in the King Soopers shopping center. Go to the private banquet room on the right side of the restaurant. We will be there!

Take light rail for a new and less stressful trip to the meeting.

At our September Meeting...

THE TAYLOR, THE EAST AND THE GUNNISON RIVERS

One of our favorite Club trips is happening in September this year. On the 29th and 30th we will be trekking to the East River at Almont to see what little Western Slope slipperies we can scare up from their shimmering chateaus. In other words, we're gonna catch some fish!

This is also a perfect excuse to head to Spring Creek or one of the other little tributaries in the area and play with that 3-weight rod you've been hiding in the back of the closet. September's meeting will include a presentation on Gunnison area fisheries, including the East, Taylor and Gunnison rivers. Come and find out what to use and how to use it, Western Slope style.

— Jody Yehle, Vice President and Program Chair

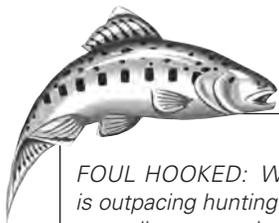
CWF Calendar

September 4 CWF Meeting
September 11 CWF Board Meeting
September 15 Club Day Trip,
RMNP
September 16-18 Retailer Show
September 29-30 Club Weekend Trip,
East River

Welcome New Members

Amy Belstra Denver
Janice Ehly Denver
Elizabeth D'Agostino Castlerock
Diane Figgins Monument
Simone Geoffrion Denver
Kris Haywood Denver
Starla McGuffee Monument
Renee Spampinato Denver
Amanda Willshire Denver

• 78 New Members Enrolled in 2007.



FOUL HOOKED: Wildlife-watching is outpacing hunting and fishing, according to a national survey by the U. S. Fish and Wildlife Service. People are buying binoculars and going to formal activities like the Estes Park Elk Festival in September, or the December Sandhill Crane Festival in Lamar. Meanwhile, the number of anglers in Colorado has declined 26 percent since 2001, according to statistics held by the Division of Wildlife. Nationally, fishing has declined 12 percent in the same period. These figures continue a slide that began over 20 years ago. Urbanization may be the main cause of the decline. Forty years ago it was easier to hunt and fish than it is today, when it takes some effort and research to find places outside the city to pursue those activities.

The good news is that if there are less anglers to compete with for space on the rivers, the better for us. And we have our monthly programs and Trips Co-Chairs to assist members in locating good waters to fish and help in identifying useful techniques and flies to use. So in retrospect maybe this is a "Good, Not Foul, Hooked" item. — Ed.

BACK CAST

AUGUST MEETING: ETHICS IN ANGLING

BY ARLYS WARFIELD

The surprise guest speakers were a self-professed geek, now an architect, and a former youth minister, now environmental attorney. The two, Jody Yehle and Connie Rogers, have the perfect backgrounds to discuss ethics in angling and flyfishing etiquette. Jody began the program describing how we can keep our rivers healthy by not transporting two scourges from river to river: whirling disease parasites and the New Zealand mud snail. Much of the following comes from her handout published online by DOW.

Whirling disease is an infection caused by the microscopic parasite, *Myxobolus cerebralis*. The disease is named for the characteristic swimming behavior that results as the parasite multiplies in the head and spinal cartilage of the infected fish (rainbow trout, primarily). In Colorado alone, where 11 of 16 DOW trout production facilities had tested positive for *M.cerebralis*, over \$10 million has been spent on hatchery clean up.

"Long before flyfishing, proper etiquette and respect for another's space existed. Although the practice of etiquette is questionable at times, distinct and desirable behaviors are supposed to separate the human race from all other animal species. Therefore, we often need to remind ourselves of proper behaviors while fishing. "

"FlyFishing Etiquette," Colorado Cutthroat Chapter of Trout Unlimited

The **New Zealand mud snail** that has invaded rivers and streams across the West has been confirmed in Colorado for the second time, raising concerns that the fast-spreading invertebrate could push out native species and compromise the long-term health of the region's aquatic ecosystems. New Zealand mud snails (*Potamopyrgus antipodarum*), which are native to the Southern Hemisphere, were found recently in the South Platte River in Elevenmile Canyon, below Elevenmile Reservoir Dam. In the fall of 2005, they were first discovered in Boulder Creek, just northeast of

Boulder. The discovery was somewhat unexpected, but not surprising because the nearest known population of mud snails is in the Green River in northeast Utah. Fact:

• The mudsnail is an average of 1/8 of an inch long (but can be as small as a grain of sand) and has a gray-brown, cone-shaped shell that consists of five whorls.

- It can live in all kinds of waters—from silted river bottoms to clear mountain streams.
- The mud snail can tolerate temperatures from 32°F. to 77°F., but prefers temperatures of about 66°F.
- It reproduce asexually; it only takes ONE to start a whole new population!
- A mudsnails can survive out of water for several days, so it's easy to see how it can move about and survive on recreational gear.

Jody also alerted members to the list of endangered species, which included the Rio Grande chub, cutthroat trout and sucker fish, as well as the greenback cutthroat, the Colorado River cutthroat, roundtail chub and pike minnow, among others. For more information, go on line to <http://wildlife.state.co.us>

How Members Can Help Keep Our Rivers Healthy

- CHECK, CLEAN and DRY all equipment.
- Rinse equipment (vehicles, boats, trailers, anchors, axles, waders, boots) thoroughly before leaving site – make sure that all mud and debris are removed. Felt soled boots are difficult to clean. Scrub with a small brush to remove caked mud. For extra treatment when you get home, soak your boots with full strength Formula 409 and water (1:2 dilution) and let sit for 10 minutes before rinsing. Rinse well. Or, use 1.5 oz. bleach per gallon water for 15 min. Be careful what you choose to bleach; bleach may be corrosive to some materials.
- Drying equipment thoroughly (1 day) is very effective in killing any parasites that might remain after a thorough wash. Dry heat, or freezing, kills the mud snail.
- Never dispose of fish entrails or other by-products into any body of water.

Sharing the River

Connie Rogers distributed a Trout Unlimited publication, "Fishing Etiquette," to remind members of various items, both legal and polite, to consider while fishing. Some

of them are as follows:

- Know the rules and regulations — carry your fishing license.

- Don't stress the resources: use barbless hooks; stop fishing when water temperature rises dramatically; do not cast to spawning fish; stay off spawning beds; handle caught fish with care (make sure net and hands are wet before handling fish and do not squeeze the fish); never insert anything into the gills of the fish; cut tippet if it is too difficult to extract hook; keep fish in water while setting up for photograph.

- An angler who has a fish on has the right of way.

- Always approach another angler from behind and to the side. If you spot anyone near a section you want to fish, it is theirs until they move on. This includes an angler just studying the water, a person having a picnic at bank-side and people playing in the water or just enjoying scenery.

- Talking to another angler is acceptable and quite proper. Not talking to another angler is acceptable and quite proper.

- If on the river bank, swing out up to 20 feet so as to not spook any fish upstream from the angler.

- An angler that is traveling upstream always has the right of way over an angler traveling downstream.

- Stay on trails; erosion is created by anglers taking short cuts to the river.

- Do not trespass; it is a criminal offense.

- Floating etiquette: Know the rules and regulations for float craft and safety equipment.

- After getting your boat in the water, move it out of the way to the upstream side of the ramp, thus allowing others to put-in. At the end of the float, practice the reverse and move your boat to the downstream section while fetching your trailer

- As you float and fish, give wading anglers a wide berth. Resist casting just upstream of a wading angler.

THE RAFFLE

There was strong action from beginner anglers for the 9 ft., 5 wt. 2-piece rod with case, donated by Dan Hall of Dan's Fly Shop in Lake City. **Ann Howell** was the lucky winner. Fly-of-the-Month items from Pat Dorsey at the Blue Quill Angler were won by **Carol Leonard** and **Gayle Snook**. **Rita Grover** got the Fish Pond fishing journal and **Janet Lopez** was excited to win the CWF Traveling Fly Box. ♦

GO FISH ROCKY MOUNTAIN NATIONAL PARK

SEPTEMBER 15 CLUB DAY TRIP

BY DAWN DOBSON, TRIPS CO-CHAIR

As we move into the peak fall fishing season, it will be a great time to visit Rocky Mountain National Park. You should begin to see fall colors in both the trees and the fish! (Remember to stay off any spawning beds.) **Janet Lopez** and **Sherry Shrantz** have helped us out by volunteering to coordinate our approach to the park. There will be opportunities to catch brookies, browns, rainbows, and cutthroats.

You will be able to utilize the information you gained from Wild Basin Outfitters at our previous meeting and benefit from Kirk Bien's generous offer to provide a 10% discount to members making purchases in his shop that day.

Directions

Take US 36 through Boulder to Lyons, Continue on US 36 out of Lyons through the canyon, up to the town of Estes Park. Kirk's Fly Shop will be on your left just as you get into downtown. Parking is available along the park across the street.

Where to Meet and Fish

Use cwfTalk@Google to independently arrange car pools to Kirk's Fly Shop in downtown Estes Park. We will rendezvous at Kirk's at 8:30 a.m. and depart promptly at 9:00,

giving folks plenty of time to shop. At the shop, Janet and Sherry will explain the possibilities for the day based on the shop's recommendation.

We are considering two main areas. One is to begin fishing along the Fern Lake trail head (we probably won't go all the way up to the lake) and fish our way to the pool. Another option would be to take a group to the Wild Basin area and hike up the St. Vrain a bit. If you miss the group in the morning, check in at the shop and ask where our group headed.

What to Bring

Be prepared for all types of weather, as it can change rapidly this time of year! Bring your lunch, water and sunscreen. For fishing, you can use a 3- or 4-weight rod for the smaller streams, although a 5-weight will be fine. A 7.5 foot 4x leader with 5x, 6x tippet will also do fine.

In terms of flies, you'll want to bring caddis sizes 10-24, foam ants size 16, hoppers, and midges in size 18-20. You may want to ask the shop what has been hot in the past few days.

If you have any questions or want to sign up, please email me at dobsond@earthlink.net. ♦

GO FISH THE EAST RIVER

SEPTEMBER 29-30 CLUB WEEKEND TRIP TO ALMONT, CO

BY DAWN DOBSON, TRIPS CO-CHAIR

Join us on our last weekend trip to beautiful Almont, Colorado. We are hoping to run into Kokanee salmon making their annual run up the East and Gunnison rivers. In addition to salmon,

"In addition to salmon, there are great opportunities to catch wonderful browns on the Gunnison and, of course, the Taylor . . ."

DAWN DOBSON

tailwaters below Taylor reservoir.

Directions

Take US 285 (from Denver), US 24 or US 50 (from Colorado Springs) to Buena Vista. Head into town and turn left on the Cottonwood Pass Road. Go over the pass to Taylor Reservoir and turn left and proceed down Taylor Canyon until you arrive in Almont. If the weather is bad, it is best to avoid Cottonwood Pass and take US 50 to Gunnison, then come back up to Almont from there.

Lodging/Accommodations

Most of us will be staying at Three Rivers Resort & Outfitting in Almont. They have several cabins available and can be reached at (970) 641-1303. If you are willing to risk the weather (usually it is beautiful) and sneak in one more camping adventure, Club

BOARD ELECTIONS

COWGIRL UP, LADIES

THIS IS YOUR CHANCE TO GET INVOLVED

PLEASE CONSIDER IF YOU — OR ANOTHER MEMBER — WOULD contribute your/her time and talents by participating in the Club's governance and tell us if you know of candidates who would be suitable for the following positions up for election this October for two-year terms, 2008-2009:

- President
- Secretary/Archivist
- Education Chair
- Newsletter Editor
- Public Events Chair
- PR/Outreach Chair
- Trips Chair.

Nominations are open through Tuesday, September 4.

You can contact any of the nominating committee members: Diane Kyncl, (phone 303-274-2100, email dkyncl@earthlink.net), Nancy Sherman (phone 303-233-1167, email anglers@peoplepc.com) or Karen Williams (phone 720-941-6160, email karen-william@comcast.net). Remember that your Club is only as good as the leadership provided by its membership. ♦

Question How do I know when it's time to get a new fly line?

Answer If you look at your fly line with a magnifying glass you will see hair-line cracks in the finish that are picking up dirt. They often make the front half of the line look dirtier than the back half. Try cleaning the line with any of the good line cleaners on the market, and if the line still looks dirty, it's probably time for a new line. Tip: when you get that new line, remember to clean it a time or two during the season to keep it from drying out and to restore the slick finish. — *with thanks to Pudge Kleinkauf for sending us this tip.*

CONTINUED FROM PAGE 3

members will be staying at Four Mile Campground in Taylor Canyon. If you want a camp site, contact Joanne Sondock at (303) 216-0868, as she will be staying there. There are several other campgrounds open further up the canyon and no reservations are needed after September 1st.

What to Bring

If you are after Kokanee, you'll want your 5- or 6-weight rod and a 2x or 3x leader, with lots of large split shot, along with pink or red streamers. Bring some 3x tippet. For trout in the area, the standard 5-weight with 7.5 foot 4x leader with 4x, 5x tippet will be great. The standard fall fly selection of stimulators, caddis for dry/dropper rigs; Copper Johns, pheasant tails, Hare's Ear, Prince nymphs, biot midges, Miracle midges will work for droppers and nymphing. If you plan to fish by the dam, bring along your mysis shrimp patterns, too. Those who enjoy throwing streamers will want to bring their assortment of woolly buggers. Before leaving town, you should check an up-to-date fishing report found at <http://www.angler-guide.com>. You'll want to bring clothing for all types of weather, as it can be finicky at this time of year.

If you have any questions, email me at dobsond@earthlink.net. ♦

A TWELVE STEP PROGRAM FOR FISHAHOLICS

THE FIRST STEP IS ADMITTING YOU HAVE A PROBLEM

BY BILL SCHNEIDER

Step 1 Admit that you are powerless to control your urge to fish and buy more fishing gear including all that stuff you don't need and has no chance of catching a fish; that your addiction hurts those around you; that your life has become unmanageable because of it; and that you've hit bottom, bankrupt, friendless, jobless, mired in despair.

Step 2 Start to believe that only a Higher Power greater than all of us, the Fishing God, can cure this insanity.

Step 3 Make a decision to turn over your life to the care of the Fishing God.

Step 4 Make a fearless inventory of yourself, detailing all your deficiencies, paying special attention to stashes of lures, flies and night crawlers that should be in the refrigerator.

Step 5 Admit first to yourself, then to the Fishing God and then to a loved one or close friend, the exact nature of your wrongdoings, out loud, shamelessly, unrestrained. That means all the laughable exaggerations about the length of your fish, the lame excuses to your spouse about why you needed a new boat or rod, and those reprehensible lies to your boss about why you weren't coming into work.

Step 6 Ready yourself to ask the Fishing God to cleanse away all of defects in your character. And be sure to allow a lot of time for this.

Step 7 Humbly request that the Fishing God erase your shortcomings. Again, allow lots of time for this.

Step 8 Make a list of all persons you have harmed with your defects and wrongdoings and lies and become willing to make amends to all of them.

Step 9 Make direct amends to all these people. This will require even more time, at least several months.

Step 10 Should you forget and fall from grace and return to your shameful ways, commit to make amends immediately after your future misdeeds. This may add an hour or so to each day you go fishing, but it's allowable to make amends to your fishing buddies in the saloon after a long day on the river.

Step 11 Commit to maintain your improved character and devotion to the Fishing God. Otherwise, He will continue to frown upon you and send you home fishless day after day after day.

Step 12 Have a spiritual awakening as the result of taking these steps and carry this message to other fishaholics you meet along the river or on the lake.

This article appeared in the July issue of the News West Travel & Outdoors newsletter. We are grateful to Connie Rogers for sending it along to us for the benefit of those among us who are afflicted. — Ed.

OUR GUIDING LIGHTS

GETTING TO KNOW OUR CLUB'S FISHING PROFESSIONALS

AN INTERVIEW WITH GLORIA LEONARD BY NANCY RUTHERFORD TURLEY

This is the ninth in a series of interviews with Club members who serve as professionals in the industry.

Q: Gloria, we know you are in the professional side of the flyfishing business. Describe for us what you do, and what your life is like working at your shop.

A: My husband, Mark, and I own and operate Your Fishing Partner in Idaho Springs, Colorado. My job at the shop mainly involves the details of the business. I do the bookkeeping, most of the marketing and am responsible for all the clothes and gift items. This means that I do the purchase orders and that I maintain the inventory control. I also do most of the store decorating, but do have someone decorate the windows for us.

Mark handles all aspects of the fishing side of the business. He also guides and coordinates the trips. Many times we work on inventory control and ordering together. He is the primary person working the retail sales, except during busy times when I assist. My life at the shop in the summer is very busy, with long days and mostly seven days a week. I will say that learning to work together was a pretty big challenge in the early days of the business. Now I see how we complement each other, and we have fun working as a team.

Q: What was your previous occupation and how and why did you start your flyfishing career?

A: My previous occupations were: director of volunteers at a non-profit, a preschool director and teacher, and a lab technician. I grew up in Maine and had never fished as a child. My dad had a boat, and I loved going down the river and out into the ocean with him.



Soon after I met my husband I knew that fishing would be part of my life if we were to get married. After we were married my husband taught me to spin fish. In addition to Colorado, I have been fortunate that I have been able to fish on Midway Island, Costa Rica, Belize and Mexico. Mark's lifelong dream was to own a flyfishing shop.

In the spring of 1999 we heard that Clear Water Anglers in Idaho Springs was for sale. It was perfect timing as Mark was between jobs at that time. He said, "I want to buy it," and I said, "I'll keep the books." Little did we know what we were getting into. A bit of history on the unique name of the shop: Just prior to the business purchase we realized we would need to rename the shop. Mark has a very close friend who, from the time he met him, never called him by his first name. He always referred to him as "Fishing Partner." Hence the name, Your Fishing Partner. Mark taught me to flyfish after we opened the

shop, and I took one of the full day workshops offered by CWF.

Q: Where do your clients come from (as in, how do they find out about you)?

A: Our shop is located at 1524 Miner Street, in the historic district of Idaho Springs, right across from Beau Jo's Pizza. Our clientele come from Clear Creek County, Gilpin County, Evergreen and Metro Denver. Since we are the first mountain stop for people traveling west on I-70, many of our customers come from out of state. Often times people are traveling to other destinations and are just passing through. Most of our clients for our flyfishing classes and guided trips find us through our web site, www.yourcoloradofishingpartner.com. We have many repeat customers from all over the country.

Q: Do you do any guiding and go out on the river with clients? If so, on what rivers? And do you specialize in a particular style of guide trips?

A: I personally do not do guided trips. Mark and several other guides take clients to public and private water on Clear Creek and also to public and private high mountain lakes. We specialize in beginner flyfishing trips, although we take anglers of all abilities and experience.

Q: What is it that makes your work fun for you?

A: I thoroughly enjoy interacting with the customers, giving them directions on where they might go fishing and what is currently working. I also like assisting people to find appropriate clothing and fishing accessories. In addition, I enjoy decorating the shop and processing the electronic orders. The growth of the shop over the last eight years has been the most rewarding to me. ♦

PHYLLIS VINSON'S SNEAK PEEK

QUINCY RESERVOIR, Aurora Day Trip: OCTOBER 15

We're finishing off the 2007 fishing season with a return to Quincy Reservoir, so don't retire your belly boats just yet. Quincy is a small reservoir that offers the opportunity of catching several warm water species as well as trout. From the water you will see great views of Mount Evans and the front range. You can fish it from a boat (hand powered or electric only) or walk the shoreline along a path that encircles the lake (note that neither dogs nor bikes are allowed on the path). Often near the end

of the season, the DOW releases brood trout into Quincy, offering the lucky angler the opportunity for a larger than normal catch. Even without these bruisers, there are plenty of chances to get a bend in your rod. The one-time state record pike came from here, and there are still plenty of large ones out there. Smallmouth and largemouth bass, as well as panfish, are also known to ply these waters. Come help us finish off another great season with our trip to Quincy Reservoir

EDUCATION

FLYFISHING TIPS FROM THE CLUB EXPERTS

BY THE NEWSLETTER STAFF

Have you ever arrived at the river only to find you packed your husband's extra large waders and not your own? Have you ever arrived at the weekend Club trip, missing your vest? Have you ever spent the week tying special flies for the weekend fishing trip only to find after you arrive at the river that the flies are still on your work bench at home? We are sad to say that all these mishaps have happened to members — both experienced and inexperienced — on Club trips. We have asked some of our most

JEAN WILLIAMS

Main Secret

Makes preparation a habit to reduce possibility of forgetting something.

Preparation Before Trip

Goes through vest and fly boxes the night before.

Lunch Ideas

Carries it in: Balance bar, lettuce wrap, glazed tofu, fruit, trail mix, water.

Clothing

Key is good layering: capilene base, fleece/expedition weight next. Put shell in vest.

Routine After Trip

Cleans fly line. Cleans vest pockets, replace leader/or add tippet. Pull rod out of case to dry after damp day.

Misc. Fishing Wisdom

Set your own pace. Enjoy the day! If hiking in, take extra clothing in backpack and leave near fishing spot.

CHRIS JUVAN

Main Secret

Do as much as I can the night before: most of gear and lunch in car. Layer clothing.

Preparation Before Trip

Checks leader and puts on new, if necessary. Packs up car the night before with all she can. Pack sun screen; bug repellent in summer.

Lunch Ideas

Winter: bring small burner to heat up frozen/canned soup, along with breads & drinks. Summer: add lots of water. plus addition of dinner since the sun is out longer.

Clothing

Has a winter bag to layer up and keeps extra clothing in car both winter and summer. For summer, wear light weight breathable shirts/socks.

Routine After Trip

Hangs waders and boots to dry; replaces leaders and flies in preparation for next trip.

Misc. Fishing Wisdom

Clothing is key to experience: layer and have extra in case you fall in! Always go with a buddy for safety.

CAROL STEGINK

Main Secret

Make sure your fishing equipment is organized before you leave for the day.

Preparation Before Trip

Clean fly line. Be sure leader is good, long enough, etc. Restock fly box; make sure you have the correct flies for the river to be fished. Be sure waders are in good condition.

Lunch Ideas

Have good breakfast before leaving or on the way, thus light lunch or snack on the river. Always bring water. Beer after fishing is a must!

Clothing

Come dressed in necessary under waders clothes. Then all you have to do is pull on the waders and boots.

Routine After Trip

Return equipment to original carrying bags. Return flies to proper places in fly boxes.

Misc. Fishing Wisdom

Uses as few fly boxes as possible; boxes are arranged in organized manner with similar flies next to each other.

JANICE O'SHEA

Main Secret

Check weather and fishing conditions (including water flow) one or two days ahead. Checks fly boxes for appropriate flies.

Preparation Before Trip

Rigs leader and maybe tippet. before you leave home.

Lunch Ideas

Ham sandwiches are a favorite. Takes lunch with her, unless fishing the South Platte (returns to car).

Clothing

Takes pack of extra clothes to river, when weather warrants it.

Routine After Trip

Makes notes about trip. Cleans waders and boots — and fly line, if necessary.

Misc. Fishing Wisdom

Do your homework about clothing and weather. Knowing rivers and hiking distances helps you plan accordingly.

experienced members to pass along tips for lessening these travails. Note how many of these useful tips are shared by several of the experts.

Some Other Useful Time Savers.

(1.) Purchase a rod case that allows you to leave the reel on the rod; (2.) When trekking from spot to spot, wrap fly line around reel and anchor last fly to guide high up on rod (rather than using the fly holder on the butt of the rod). You will have a nice length of line ready to cast when you arrive at your next fishing spot. Release the line first from the reel, then tap the rod and your fly will disengage from the guide; (3.) Check local fly shops for appropriate flies for trip, rather than having to take the time to stop at a fly shop along the way; (4.) Dry off flies that were used during day so the hooks don't rust; (5.) Take off all flies from fly patch on vest to prevent loss or their catching on other equipment.

ANITA ENGLISH

Main Secret

Attitude: realize that this is not a competition. It is a test or a puzzle. If you don't do as well as you think you should, ask yourself how you could have changed things for the better. Keep a journal.

Preparation Before Trip

Go over your gear. I put my vest on and go through it to see what might be missing or in short supply. Put on a new leader at home. If you have time, prepare one fly box with the flies you might use that day. Make lists and check things off.

Lunch Ideas

Keep it simple. I go with PB&J — and don't forget the H₂O.

Clothing

I fish a lot in the winter so I have bought good clothing for the cold. Of course, layers are the ticket. This year I found a fleece pull-over hat that keeps my head, ears and neck really warm.

Routine After Trip

Put your rod away first and then (if you are not driving) drink a beer and eat crunchy salty things. Clean your line when you get home. Journal asap.

Misc. Fishing Wisdom

Know your boundaries and what your body can do. Carry a rain jacket, always. A summer rain in Colorado can be mighty cold. Because of the places I roam to, I carry a survival fire starter with matches, a good knife, first aid material and a headlamp.

NANCY SHERMAN

Main Secret

Have my gear bag loaded with hats, glasses/sunglasses, gloves, sunscreen, rain jacket, socks, hand warmers and back-up extras (flies, tippets, weights, floatant, clothing).

Preparation Before Trip

Do as much as possible the night before: set out rod, reel, vest (with attached wading staff and net), waders, boots, jacket(s) and lunch.

Lunch Ideas

Usually keep it very simple: water, granola bars, jerky, nuts and/or dried fruit.

Clothing

Dress at home in what I will wear under my waders. If the weather looks unpredictable, I put extra layers in my gear bag.

Routine After Trip

Wash my waders/boots and hang them to dry; clean my fly line and replace leader/tippet/flies as necessary.

Misc. Fishing Wisdom

Buy new tippets yearly. These gradually break down (i.e. lose strength) with time. Periodically retie fly (flies) during the day, as tippet will weaken at the eye of the hook.

PHYLLIS VINSON

Main Secret

Keep a bag with all equipment in one place, including waders, boots, vest, net, outerwear, compression bag with change of clothes, replacement tackle and a box with extra flies.

Preparation Before Trip

Check weather, road conditions, hatch charts and fishing reports (usually online) in advance of the trip to aid with destination choice, attire, flies.

Lunch Ideas

Lunch? Who has time for lunch? After all, we are flyfishing. Now water, that I make time for.

Clothing

Afternoon thunderstorms are a given in the mountains. If you are any distance from your car, bring rain jacket. If nothing else, having it with you will insure it won't rain where you are!

Routine After Trip

Wash used fishing jackets and collect displaced equipment and return to fishing bag.

Misc. Fishing Wisdom

Most of flyfishing is skills which require practice when not on the water. Tie knots while watching TV and go to the park to practice casting.

JOANNE SONDOCK

Main Secret

Drive up wearing your waders. If your Significant Other will allow it, sleep in them the night before.

Preparation Before Trip

I'm so anxious to go fishing, I can't sleep (besides those waders are a little uncomfortable) so I stay up tying flies.

Lunch Ideas

PB&J sandwich on white bread in the back of my vest. It will soon soften to the point that it can be squeezed out of the bag like toothpaste. Yummy.

Clothing

I try to only fish at clothing-optional locations. If it is warm enough, I even remove my waders and wet wade.

Routine After Trip

Apply liberal amounts of aloe to the sun burn I got while opting for no clothing fishing.

Misc. Fishing Wisdom

Actually drink the water you brought, so you can get to work come Monday, so you can take more time off come Friday. Live to fish, fish to live.

CLUB TRIP REPORT

AUGUST 11-12 CHAMBERS LAKE WEEKEND TRIP

BY DAWN DOBSON, TRIP CO-CHAIR

The fifteen members and guests who ventured up the Poudre River Canyon had a wonderful weekend! The weather was fabulous, as the monsoons seemed to subside as soon as we arrived. Although about two thirds of Chambers Lake had been drawn down for irrigation and dam repairs, several fish were caught out of the stream coming from Joe Wright Reservoir. **Sharon von Broembsen** and her sister Deb Brooks had a marvelous time plucking rainbows from the cut banks, using stimulators and Copper Johns.

Meanwhile on the Poudre, **Joanne Sondock** and **Sherri Moore**

were catching nice browns near the fish hatchery and Big Bend campground. Variety was certainly the spice of life as **Pat Nilsson** and **Joanie McCord** traveled over beautiful Cameron Pass to fish Ranger Lakes, where numerous fish were wrangled.

Our more adventuresome members, **Sherry Shrantz** and **Debbie Seiden**, took a 1.4 mile hike up to spectacular Zimmerman Lake, where they were able to watch native greenback cutthroat trout feed in a small pool just below the lake.

All of these tales and more were shared at the Saturday night campfire, where **Chris Juvan** received a fireside make-over, and **Joanne Sondock** gleefully distributed luscious bites of her famous banana boat cuisine. It was a great trip and many participants vowed to return again later this year or next. ♦



CAMPFIRE CAPERS Chris J. gets a makeover (top left); Joanne S. serves her famous banana dessert thing (top right) and the rest just enjoy the show.

OFFSTREAM

The International Women Fly Fishers will hold their 12th annual festival October 4-7 at the Homestead Resort in Midway, Utah. Included in the festivities will be flyfishing classes and an opportunity to fish the Provo River. For more information and registration details, go online to www.intlwomenflyfishers.org.

CLUB TRIP REPORT

JULY 28 EAGLE RIVER DAY TRIP

BY CRAIG STANTON, TRIP COORDINATOR

The trip to the Eagle was made as a two-stage rendezvous. Most of us met at our usual location—the Morrison exit parking lot, which was chock o' block full. Most of us carpooled, so it took a bit of car jockeying to be able to ride together. Second stage rendezvous was at one of the Avon exits to meet up with Nancy Turley and her husband, Steve.

The weather had been wet days before, and a rock and mud slide managed to turn some of our target spots to conditions that were not too favorable. With off-color water we split up and went various places. Some went to the Blue River. Some of us stuck it out on the Eagle and kept heading back upstream to find better water. A group of us ended up above the confluence of the Eagle and the Gore. The water was much clearer but it was still high. Wading was done with caution. It seems a condition to be dealt with—most of the trips in the second half of the summer fishing schedule has been “high water.”

We did have fun in our little group with two or more dogs along. Marley and Barney managed to have a wonderful day. Jane's dog was there, too. Steve, Chris J., and Joanne S. caught several fish but had to work hard for them. I had one small fish. Nancy and I had a chance to catch up on life. I am not sure where Jane, Nancy S., Cathy P. and a few others ended up or how they fared on catching.

We had some new members along. Hats off to them for sticking it out. It was not a usual fishing day. It was, however, a good day—just not for catching.

There is always next time! ♦



PHOTOGRAPH BY STEVE TURLEY

A DAY WHERE DOGS, NOT FISH, RULE.

SPECIAL PROJECTS

THE OCTOBER 7 “RACE FOR THE CURE” LEADS THE WAY INTO THE CWF FALL PROJECTS

BY CAROL STEGINK, EVENT CHAIR

Mark your calendar for the Susan G. Komen Breast Cancer Foundation's “Race For The Cure” on Sunday, October 7. Be part of our CWF team that walks, not runs, the 7:30 a.m. race. At the August program meeting, an announcement was made and some entry forms were given out. There will be more information given and more registration forms available at the September meeting.

For questions, please contact Carol Stegink, CWF's team captain, at 303-771-2078. We look forward to your joining us in this event.

Scouting for a Few Good Women to Cast

CWF will participate Sunday, October 23rd in the 10th Annual Girl Scout 5K/1K Walk & Fitness Fair at Washington Park. This is our fifth year running our Casting Clinic at the Sports and Fitness Fair.

Ours is a VERY popular event, and we will reach 4,000 Girl Scout families and friends. We have a great time introducing basic casting techniques and letting them try their hands with them. Their brothers, and even parents, want to try it! We spend 4-8 minutes with each scout and have a line of eager scouts waiting to participate. It is fun to have the same little ones year after year. Afterwards, we will go for lunch and reward our efforts with friendship and fish stories!

If you want to participate in this fun and rewarding event, please contact me at rxnutt@aol.com or (303) 793-0949. I would love to have your help! — Marion Nutt, Event Chair

Make Plans for the CWF Holiday Party Now

Make plans now to attend the CWF Holiday Party. This year we will celebrate at the Denver Merchandise Mart (58th & I-25) on Saturday, December 8th. If you anticipate spending Saturday night in Denver, call the Comfort Inn next door for a room with one queen-sized bed at the special CWF rate of \$72.99, which includes a complimentary breakfast on Sunday morning. Mention CWF when making a reservation at (303) 297-1717.

More information will follow in the October newsletter. — Jane Francen, Special Projects Chair ♦

IDENTIFY YOURSELF

If you're a new member and would like to feel like part of the gang, or an old member needing a stylish new look, we are expecting delivery of the 2007



CWF clothing order any day now. We will have caps, fleece vests and denim shirts, all with the CWF logo embroidered on

the front. Now you can be proud to walk into that fly shop where everyone will know you're a serious angler. Besides, a lot of us are old and don't recognize each other any more. We need clues! So, stay tuned for delivery dates and prices (always a bargain). For you out-of-town-members, call a friend, have her pick out your size, and we'll ship it to you.

The Raffle Corner - August 2007

Here is something for everyone! At the September monthly meeting we will raffle an 8 ft., 4 wt. 2-piece rod with case. The rod was donated by Dan Hall at Dan's Fly Shop in Lake City and will be a good beginner rod. For the fly tiers we have a B W Sports Travel 'N Tackle Fly Tying Bag. This is a bag with all the neat pockets and clear plastic bags for your tying stuff. The August Fly of the Month from Pat Dorsey at Blue Quill Angler is the #16 Red Quill with recipe.

Door Prizes

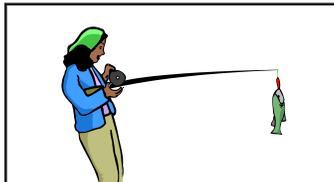
Door prizes will be a Morning Star lanyard, a fish clock, a Colorado Fishing Journal, a pair of clamps from Pudge Kleinkauf (Alaska fishing guide) a beautiful woven wader belt, a hat from the Trout Fisher, Loon Floatant, strike indicators and hopper droppers.

See you soon and good luck to all! — *Karen Williams, Fundraising Chair*

DAN HALL DONATES RODS TO CWF

Our thanks to Dan Hall, owner of Dan's Fly Shop in Lake City, CO, for donating nine rods to CWF. Dan wanted us to be able to raffle these rods, but also said we could keep some for our educational mission. We will raffle off one each month for four months and keep five rods to use with the Girl Scout Clinic, the CWF Spring Clinic or any opportunity that may arise. They will also be available for short-term loans to beginners. These rods are 2-piece, 5 wt rods and are good beginner rods.

If anyone has a reel, with or without line, who would like to donate it, contact Anita English or bring it to the Club program meeting. With the Board's approval, hopefully we will finish equipping the rods with proceeds from your Raffle monies. The rods will reside with the Education Chair, currently Anita. — *KW*



Patagonia is now re-cycling and re-using old Polartec garments and old Capilene garments! You can deliver your used Polartec-branded, Patagonia fleece, cotton tees and Capilene garments to any of the Patagonia stores. Or, you can send them directly to the company. See www.patagonia.com/recycle for more details.

ELEVENMILE FACT FROM THE ANSWER LADY

Every so often fishing trips with friends generate questions about our fishing environment. And sometimes the person who is able to provide answers to these questions is so knowledgeable that she can give us even more good information than what was inquired in the question. A case in point follows with these explanations from Nancy Sherman about the elevations at timberline and Elevenmile Canyon:

“In Colorado, timberline is generally considered to be 11,500 feet. This is for the sunny side of the mountains; timberline is lower on the shaded sides. Also, timberline elevation is inversely proportional to the latitude: The farther you go north (or south) from the equator, the lower the timberline elevation. It is much lower in Alaska, Siberia, Scandinavia, etc. Elevenmile Reservoir's elevation is 8,600 feet at the top of the dam. Lake George is 7,968; therefore, Elevenmile Canyon is roughly 8,000 to 8,500 feet.”

Maybe that's the reason I drink more water when I am fishing in Elevenmile Canyon.
— *Ed.*

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PUBLIC EVENTS

RETAILER SHOW SCHEDULED FOR SEPTEMBER 16 - 18

BY DAWN BLOM, CHAIR

Hopefully, everybody had a wonderful summer, filled with fun and fishing. As we head toward cooler weather, we also head into CWF show season. This month is the Fly Fishing Retailer show held at the Denver Convention Center on Sunday, September 16, Monday the 17 and Tuesday the 18. In the past, this show was held on weekends; however, this is not the only change from previous years. DOW has usually had a table at this show covered by our members, but it has opted not to participate in the show this year. Instead, volunteer CWF members will attend the show to rub elbows with various vendors and industry leaders to make important contacts, request items to donate to our holiday party and possibly set up a wholesale opportunity for the Club.

Thanks to **Jeanette Bourdon, Craig Stainton, Janet Lopez, Ann Howell, Joanie McCord, Phyllis Vinson, Sandy Wright, Fran Sturges and Karen Williams** for signing up.

We are still a bit short handed for this event and could use your support. Please let me know at dawnblom@comcast.net

if you are available to attend the Retailer Show.

January Shows

The Fly Fishing Show West is scheduled for January 4-6 at the Denver Merchandise Mart. **Sharon von Broembsen** is the chairperson for this show. Please contact her at sharon-vb@aol.com if you can volunteer some time to host our booth. Her, and your, help are greatly appreciated! The International Sportsmen's Exposition runs January 24-27 at the Convention Center. I'll keep you posted on the details for each show as the dates get closer and I know more. ♦

LAST CAST

"Remember that your Club is only as good as the leadership provided by its membership."

CWF NOMINATING
COMMITTEE, AUGUST 2007



CWF 2007 MEMBERSHIP Membership for Calendar Year (January - December)

___ RENEWAL

Enclose a check for \$25 made payable to Colorado Women Flyfishers.

___ NEW MEMBER (over 18? yes___ no___)

Name: _____

Address: _____ City _____ State _____ Zip _____

Home Phone: _____ Work Phone: _____

Email: _____ Cell Phone: _____

The Club does not sell or trade or give away members' contact information to outside vendors; however, rosters are printed quarterly for members' personal use only.

Flyfishing Ability: (circle one) Professional Advanced Intermediate Beginner

I would like to serve on the following committees: (Circle as many as you like!)

Programs	Membership	Special Projects	Education	
Outreach/PR	Newsletter	Raffles/Funding	Trips	Public Events

MAIL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137



COLORADO WOMEN FLYFISHERS, INC.

www.colowomenflyfishers.org

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THIS ISSUE:

LOOK FOR FISHING TIPS FROM THE EXPERTS

AND GUIDING LIGHTS - PART NINE

THE RAFFLE CORNER, PLUS

CLUB TRIP REPORTS AND LOTS MORE!