

COLORADO

WOMEN

# FLYFISHERS.®

*A sociable club for women who fly fish*

November 2010 Vol. XIV, No. 11

*At our November meeting...*

## NOVEMBER MEETING

**DATE:**

Tuesday, November 2, 2010

**TIME:**

5:30 - 6:30 Social Hour

6:30 - 7:30 Dinner (Optional, \$10.00)

7:30 - 8:30 Program

**PLACE:**

Piccolo's Restaurant

3563 S. Monaco Parkway (near the corner of Hampden), Denver

**PLEASE BRING:**

A flyfishing friend

*New guests are welcome!*

**How to Get There**

Piccolo's is located at 3563 S. Monaco Parkway, Denver, approx. one-half mile east of I-25 near the southwest corner of Hampden and Monaco in the King Soopers shopping center. Go to the private banquet room on the right side of the restaurant. We will be there! Take light rail for a new and less stressful trip to the meeting.

## NAVIGATING THE CWF WEBSITE

**with Deb Nelson, CWF Technology Director**

This month Deb Nelson, one of our own, will explain the benefits of having a club website and how the website and the Google groups chat site work.

If you are having problems logging on to [cwftalk@google-groups.com](mailto:cwftalk@google-groups.com) or the CWF members only section of the club website, this is a meeting you don't want to miss!—*Mary Manka, V. P. and Program Chair*

## CWF Annual Business Meeting to Follow Program

Election for Board of Directors and annual reports from the board will follow the program. Stay to hear how club activities have fared in 2010.

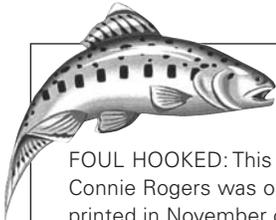
## CWF Calendar

- Oct. 29 . . . Deadline for Mailing CWF Election Ballot
- Oct. 31 . . . Deadline for Emailing CWF Election Ballot
- Nov. 2 . . . Monthly Meeting
- Nov. 9 . . . Board Meeting, REI
- Dec. 6 . . . Reservation Due for CWF Holiday Party
- Dec. 11 . . . CWF Holiday Party

### Welcome New Members

- Carol Brown . . . . .Castle Rock, CO
- Leslie Cavness . . . . .Denver, CO
- Michelle Cummings . . . . .Littleton, CO
- Lynn DeBerry . . . . .Denver, CO
- Mary Hacking . . . . .Denver, CO
- Natasha Japp . . . . .Wheat Ridge, CO
- Sandy McCartney . . . . .Evergreen, CO
- Susan Orona . . . . .Littleton, CO
- LuAnne Rex . . . . .Aurora, CO
- Sara Robbins . . . . .Wheat Ridge, CO

●65 New Members Enrolled in 2010



**FOUL HOOKED:** This Haiku from Connie Rogers was originally printed in November of 2006. Although it is not yet snowing, it seemed a fitting complement to the November Back Cast. — *Ed.*

### Five Fishing Haiku

Snow outside my window.  
Browns spawn on the Arkansas -  
why am I desk-bound?

Below the dam I  
walk knee high in cold water -  
I raise my rod with hope.

Leaves fall, yellow rain.  
River reflects sky and snow.  
Trout ignore my fly.

In the autumn stream  
I send my line across and down -  
Line goes taut, then slack.

On the Arkansas  
hens dust the river bottom -  
anglers leap with joy.

## BACK CAST

### OCTOBER MEETING

BY FELICIA OLSEN

To say that Randy Hicks loves flyfishing would be a great understatement. He is a self-titled “purveyor of information”, and enjoys his role as such. If you have questions, Randy will be one to answer straight forward and honestly. His presentation began with information being tossed at the group in rapid-fire succession, a testament to the passion that Randy feels for flyfishing. Combine that with a room full of passionate CWF members, and you have the makings for an hour of entertainment with a heaping side of information thrown in. How many other meetings, in recent memory, had members volunteering old girdles for the sake of flytying?

Browns, big browns. That is what excited Randy on this particular day. “Big browns are a hungryman stack of pancakes with a side of biscuits.” One can only deduce from that statement that this is a good thing.

**“Big fish eat big stuff - not five hundred midges everyday.”**

**RANDY HICKS,  
ROCKY MOUNTAIN  
ANGLERS**

This time of year, he catches the big browns on streamers and mice patterns. “Streamers are articulated. They move very life-like.” In the fall months, the colors should be orange, brown, and yellow. “Big fish like big patterns — not five hundred midges everyday.” Take the Dream Stream, for an example; Randy’s advice is to fish mice. Don’t strip it, however, wiggle the tip of your rod to make the mouse skitter. He calls this “ interactive fishing— it’s fun to make a mouse dance.”

Large fish do things that the smaller fish don’t. That is the reason they live long enough to get big. For example, big browns are nocturnal. One study Randy quoted had fish moving up to three miles in a day in search of food. “Think differently, and don’t be afraid to try something different.” Use 0x – 1x tippet. Heavier tippet means more fish, it also means better landing and less fish breaking off. Two or three casts is the limit. Four or five casts in the same area will spook big fish. The obvious piece of advice when looking at his photos: have a large net! And net the fish head-on, you will have more success.

Randy has much more information to impart on the subject and is only too happy to share. He has invited anyone to drop in and ask questions. Rocky Mountain Anglers is offering CWF members a ten percent discount on flies and equipment. The shop is located at 1904 Arapahoe Avenue, Boulder, CO 80302. ■

PHOTOGRAPHS FROM THE ROCKY MOUNTAIN ANGLER



**There must be something to his opinions on catching the big browns.**



**This is not stranger-danger-It’s just Randy.**

**Make your reservations for the 2010 Holiday Party and renew your 2011 membership early to receive a special gift. Offer expires Dec. 6, 2010**

## **CLUB TRIP REPORT**

### **LOWER ARKANSAS, CANON CITY, CO; THE LAST CLUB TRIP OF THE YEAR!**

BY AMY SLAUGHTER, TRIPS DIRECTOR

For the last club weekend trip, several of us (at least 18) went back to the Arkansas, the lower and the upper areas. Lower and upper because we started the day on Saturday by meeting at ArkAnglers parking lot in Salida for the yearly river clean-up event. A few people stayed in Salida in order to hit the river clean-up and get out on the water quickly afterward. Some of us stayed at the KOA in Cotopaxi in order to fish the lower sections.

Marion Roper did a great job setting up the river clean-up.

After finishing the clean-up and eating lunch that was provided by CWF, members headed out to fish. It was a wonderful day in Salida and all the way down the canyon to Cotopaxi. Some members decided to hang out around Salida to fish favorite spots while others headed down the canyon.

The Arkansas was in prime fall condition

with lower flows, clear water and easy wading. There was bug action and members reported catching some nice browns on hoppers, beetles, caddis and midges (green seemed to be the color of choice). Some members decided to fish streamers and were rewarded with very nice browns on their lines. There is nothing like stripping a streamer and having a brown trout just attack it! It brings a smile to your face when retelling the story later.

It was a nice weekend with members getting to know each other, reconnecting with members we have not seen in a while and hanging out with CWF members. Just as occurred on the other trips this year, a very good time was had telling fish stories, laughing and making plans for our fishing adventures next year. I was both happy and sad to see Sunday come. Happy because it was a great weekend to have the last trip and it seemed to be a success; sad because it was the last official trip.

While it was the last official trip, there is still a lot of fishing left to do. The fall is a great time to get out on the water, so don't start packing away your gear yet. Pick up the phone, send an email, post a fishing request on the cwfTalk – but get out there and enjoy our wonderful Colorado weather and fall fishing. See you on the water! ■

PHOTOGRAPHS BY FELICIA OLSEN



**A beautiful view of the Arkansas River in Salida.**



**Amy Slaughter, Fran Sturgis and Sandy Wright go above and beyond in the river clean-up, donning waders to pull rusty bedsprings and a hot water heater from the river!**



**New member, Michelle Cummings, doesn't waste time getting involved with Club activities!**

## SPECIAL EVENTS

### RACE FOR THE CURE: A WORTHWHILE WALK IN THE PARK

BY CAROL STEGINK, EVENT CHAIR

This year we broke the record!!! Sixteen club members signed up for the annual Susan G. Komen "Race for the Cure", which was held Sunday, October 3rd. Again the weather cooperated and it was a beautiful, sunny morning for the walk. We had 10 walkers, including Jane Francen, Arlys Warfield, Marion Roper, Dawn Blom, Janet Lopez, Michelle Cummings, Anita English, Felicia Olsen, Cherrie Buskohl, and Carol Stegink. Two slept-in: Nancy Sherman and Mary Ellen Freas and four who couldn't make it but did contribute to the cause: Barb Conroy, Barb Downing, Mary Manka and Joanie McCord.

Our fish, Rhonda the rainbow, in her big net was a great attraction, as always and drew many comments from other people in the crowd. Several wanted pictures and asked about our club.

We ended our morning at the Blue Bonnet Restaurant for brunch — our reward for a walk well done. This is always such a fun event, to get together with friends for a good cause. ■

PHOTOGRAPHS SUBMITTED BY ARLYS WARFIELD



(l. to r.) Anita English, Jane Francen, Janet Lopez, Cherrie Buskohl, Michelle Cummings, Captain Carol Stegink, Arlys Warfield, Dawn Blom and Marion Roper. There's a purple gorilla in there somewhere.



Rhonda Rainbow leads the CWF Team to the start of the race.



The Home Stretch.

#### *Some Breast Cancer Facts:*



*Early detection of breast cancer, through monthly breast self-exam and particularly yearly mammography after age 40, offers the best chance for survival.*

*Ninety-six percent of women who find and treat breast cancer early will be cancer-free after five years.*

*Over eighty percent of breast lumps are not cancerous, but benign such as fibrocystic breast disease.*

*Oral contraceptives may cause a slight increase in breast cancer risk; however ten years after discontinuing use of oral contraceptives the risk is the same as for women who never used the pill.*

*Estrogen replacement therapy for over five years slightly increases breast cancer risk; however the increased risk appears to disappear five to ten years after discontinuing the use of estrogen replacement therapy.*

## **PUBLIC EVENTS**

### **TO TIE OR BUY FOR THE CWF RAFFLE?**

BY DAWN BLOM, DIRECTOR

Each year CWF organizes a raffle to fundraise during the industry trade shows in January and February. In the past we have raffled trip packages, digital cameras and float tubes as some of the items.

This year we are trying something a little different. We are putting together a collection of flies donated by our membership and supporters. The number of flies we collect will determine how many boxes we can assemble as well as the cost of the raffle tickets.

A sign-up sheet was passed at the October meeting and so far over 400 flies are pledged. I am asking members to consider donating flies to support this raffle. If you'd like to get involved, email me your name and the number of flies you'd like to commit to providing. If you know the type or types of flies you're tying or buying include that information, too.

I'd like to have all the flies no later than December 15, 2010. You can bring flies to the November Business Meeting, or mail them to me. Please make sure you include your name with your flies so I know whom to thank! I appreciate all you do for our club!! ■



## **MEMBERSHIP**

### **RENEW YOUR 2011 MEMBERSHIP EARLY**

BY APRILLE HILL, DIRECTOR

It's the wonderful members that make this organization the recognized leader in providing flyfishing education to women and girls. In recognition of your continued support, each member who includes a membership renewal with her Holiday Party reservation will receive a special gift. Booking your reservation and renewing your membership using our web order form couldn't be easier! The party is just a few weeks away, so don't delay! ■

## **CLUB TRIP REPORT**

### **RMNP AND BIG THOMPSON RIVER, ESTES PARK, CO**

BY AMY SLAUGHTER, DIRECTOR

Rocky Mountain National Park and the Big Thompson appear to be a favorite flyfishing destination for several of our members. It was such a popular trip that a request was made, and granted, to have the day trip on both Saturday and Sunday, beginning at Kirks Fly Shop in Estes Park.

Sixteen members attended on Saturday and seven members attended on Sunday. We broke into three groups that headed out to fish in RMNP above Moraine, below the dam of Lake Estes and the Saint Vrain in the Wild Basin area. We took off around 9 a.m. and hit the water in hopes of catching brookies, browns, rainbows and greenback cutthroat trout.

The water flows were low the water was clear, and the sky was blue. All were signs that the fish would have an advantage over us, but the CWF members were not deterred. Joanne and Janet had a great day fishing below the Lake Estes dam and landed quite a few on dries. The Moraine park group did a little hiking and

was rewarded with some nice rainbows and brookies. The Wild Basin group encountered some of the most technical fishing that those members had ever experienced, but fish were caught, nonetheless.

Technical fishing or not, we still had a good time. The day trips saw many firsts: a new member attended her first club trip, one member saw her first wild bear, one member saw a moose and yet another caught her first fish on a fly rod!

The celebrations of firsts did not end on the water or on the hike back to our cars. A few of us met for dinner on Saturday and helped a wedding party from Nebraska celebrate a wedding – the bride actually delivered cake to our table. We also met a very nice young lady that was celebrating her 82nd birthday with her two daughters. The CWF leaves a good impression that is for sure! If this sounds like a good time, then make some time to fish with other CWF members. ■

## **From the Presidential Suite**

Everyone's busy at this time of year what with the days getting shorter, the daily temperatures getting a bit cooler and the holidays right around the corner. Therefore, I will keep my column short and sweet this month.

As most of you know our membership meeting in November is our annual business meeting. The evening will go something like this:

5:30 – 6:30 Social Hour

6:30 Balloting ends and dinner is served

7:00 Club business will be conducted

7:30 Annual Business meeting will begin as stated in our By-Laws.

Article VIII,B. "The Club's annual business meeting shall be held in November, unless otherwise determined by the Board, for the purpose of election of officers and committee chairs, and any other business deemed pertinent by the Board."

7:40 The evening's program will begin.

As you can see, the purpose of the meeting is for the election of officers and directors. As always, if anyone ever has a question about what is going on and why things happen as they do, please feel free to come to the November Board of Directors meeting (or any board meeting). We will be meeting at the REI Flagship Store on Tuesday, November 9th.

Don't forget our annual Holiday Party is coming, as well as the time to renew your CWF memberships for 2011.

Have a GREAT month!

**Joanie McCord,**  
**President**

## **LAST CAST**

***"On flyfishing:  
The tug is the  
drug."***

**RANDY HICKS**  
**ROCKY MOUNTAIN ANGLER**

## CWF HOLIDAY PARTY: COME JOIN THE FUN

BY MARION ROPER, SPECIAL PROJECTS DIRECTOR

It is that time of the year when plans are being finalized for our 14th annual CWF Holiday Party. It will be held again this year at The Denver Merchandise Mart on Saturday, December 11th.

We will start with a social hour beginning at 6:00 p.m. with a cash bar and an assortment of hors d'oeuvres. Our dinner buffet starts at 7:00 p.m. and will include carved roast prime rib of beef au jus, grilled fresh salmon with tequila lime mango salsa, assorted salads, vegetables, fresh baked bread and a selection of desserts. Bottles of wine will be available for purchase from the cash bar.

Since everyone enjoyed the white elephant gift exchange last year, there will be no raffle or silent auction again this year.

We will again have a "white elephant" gift exchange and some exciting door prizes. If you would like to participate in the gift exchange, bring a wrapped, fishing-related item costing around \$10 for the exchange. Participation in the gift exchange is optional.

### Reservations

The reservation form for the party can be found on page 7 of this issue of the newslet-

ter. The deadline for reservations will be Monday, December 6th – sorry, late reservations cannot be accepted.

We are keeping the cost of dinner the same as last year, \$35.00 per person.

### Overnight Stay

CWF has made arrangements with the Comfort Inn for Saturday evening at a special rate. Call the hotel (303) 777-9332 to reserve a room; mention CWF for the special rate — and make your reservation early.

### Volunteers Needed

If you would like to serve on the Holiday Party Committee, please call or email me at (303) 948-7919 or [marion.ropер@comcast.net](mailto:marion.ropер@comcast.net). ■



**SEE PAGE 7  
FOR HOLIDAY PARTY  
RESERVATION FORM**

## PUBLIC EVENTS

### CELEBRATE THE NEW YEAR – WORK THE FLY FISHING SHOW IN JANUARY

BY DAWN BLOM, DIRECTOR OF PUBLIC EVENTS

The Fly Fishing Show is being held January 7, 8, 9, 2011 at the Merchandise Mart. CWF will have a booth at this show where we will be recruiting new members and selling raffle tickets for our fly boxes. This is a great show to attend as a visitor and as a volunteer at our booth. There are demonstrations for casting and fly-tying, seminars on local and exotic destination trips, opportunities to try out different rods, buy new equipment and hob nob with some of the legends of flyfishing.

I am looking for individuals to volunteer for our booth. There will be two shifts each day and each volunteer will receive a pass good for the whole day. For those of you who don't want to volunteer at our booth, but still want to attend, you can purchase a ticket good for the whole day through me for \$10. I need to place my order for passes in early December, so I need to know how many tickets you need and your money by December 1, 2010.

If you buy your ticket at the door, the cost is \$15 for one day, \$25 for two, and \$35 for all three. Whether you volunteer or not, I hope you decide to attend this show; it's always fun!! ■



PHOTOGRAPH SUBMITTED BY ARLYS WARFIELD

**Arllys Warfield and Kellie Heatherly —  
looking a bit mischievous at the 2010 show.**

## CWF Board of Directors 2010

### President

Joanie McCord  
[scottishfisher@comcast.net](mailto:scottishfisher@comcast.net)

### Vice President

Mary Manka  
[erinchrism@earthlink.net](mailto:erinchrism@earthlink.net)

### Secretary

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### Technology

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### Trips

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### Newsletter

Copy and art deadline is the 15th of every month.

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### Membership Roster

Email roster corrections to

Aprille Hill at [alhill1040@aol.com](mailto:alhill1040@aol.com)

# 14TH ANNUAL CWF HOLIDAY PARTY RESERVATION FORM

We have the pleasure of hosting our 14th Annual Holiday Party at the Denver Merchandise Mart on Saturday, December 11th. This special event's social hour, with a cash bar and an assortment of hors d'oeuvres, will begin at 6:00 p.m. and continue to 7:00 p.m.

Our buffet dinner will include roast beef, grilled salmon, assorted salads, vegetables, fresh baked bread, and a selection of desserts. You will also have the option of ordering wine for the dinner table from the cash bar.

\_\_\_\_\_ \$35.00 **Buffet Meal** Please mark the number of orders and include this form with your check.

Member Name \_\_\_\_\_

Guest Name(s) \_\_\_\_\_

Guest Name(s) \_\_\_\_\_

RESERVATIONS AND CHECKS ARE DUE no later than Monday, DECEMBER 6th — this is a FIRM deadline since the Merchandise Mart must have a final headcount on that date. Sorry, no late reservations will be accepted.

**EARN A BONUS GIFT — Renew Your Yearly Membership with Your Party Reservation!!**

## CWF 2011 MEMBERSHIP RENEWAL

Membership for Calendar Year (January - December)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Other Phone [specify CELL (c) or WORK (w)]: \_\_\_\_\_

Flyfishing Ability: (circle one) Professional Advanced Intermediate Beginner

I would like to serve on the following committees: (Circle as many as you like!) Education Membership Programs Special Projects Public Events Outreach/PR Newsletter Raffles/Funding Trips

### REMITTANCE

Dinners: No. \_\_\_\_ @ \$ \_\_\_\_\_ = \$ \_\_\_\_\_ MAKE CHECKS PAYABLE TO COLORADO WOMEN FLYFISHERS.

No. \_\_\_\_ @ \$ \_\_\_\_\_ = \$ \_\_\_\_\_

Plus: \$30 Membership Renewal \$ \_\_\_\_\_

**Total Amount Remitted** \$ \_\_\_\_\_

### MAIL TO:

Aprille Hill, 367 Nome St., Aurora, CO 80010

**DUE DECEMBER 6, 2010**



**COLORADO WOMEN  
FLYFISHERS®**

COLORADO WOMEN FLYFISHERS, INC.

[www.colowomenflyfishers.org](http://www.colowomenflyfishers.org)

P. O. Box 101137

Denver, CO 80250-1137

Address Correction Requested

First Class Mail

**In this Issue:**

**Get your spot reserved for  
the **Annual Holiday Party****



**Deadline is December 6th!**

**Volunteer for the **January Flyfishing Show****

**Renew Early — Get a gift!**

**To tie or buy?**