

COLORADO

WOMEN

FLY FISHERS.®

A sociable club for women who flyfish

August 2013 Vol. XVII, No. 8

AUGUST MEETING

DATE:

Tuesday, August 6, 2013

TIME:

5:30 - 6:15 Social Hour

“Get Hooked” Reading the Stream;

Trout and Their Habitat

6:15 - 7:00 Dinner (Optional, \$12.00)

7:30 - 8:30 Program

PLACE:

Piccolo’s Restaurant

3563 S. Monaco Parkway (near the corner of Hampden), Denver

PLEASE BRING:

A flyfishing friend

How to Get There

Piccolo’s is located at 3563 S. Monaco Parkway, Denver, approx. one-half mile east of I-25 near the southwest corner of Hampden and Monaco in the King Soopers shopping center. Go to the private banquet room on the right side of the restaurant. We will be there! Take light rail for a new and less stressful trip to the meeting.

At our August Meeting...

**MIKE KRUISE
OWNER OF THE
LAUGHING GRIZZLY
FLY SHOP ABOUT
RMNP AND
BRAINARD LAKE**

This month, CWF has scheduled a trip into Rocky Mountain National Park, including the option of a horse-back trip into the back country.

There is a trip to Brainard Lake scheduled for August as well. Fortunately we will be able to pick the brain of Mike Kruse, the owner of Laughing Grizzly fly shop in Longmont, CO.

Mike considers the waters of Rocky Mountain National Park to be among his favorite fishing spots.

There are so many different options within RMNP, and Mike is a great resource for Park information, as well as Brainard Lake in the Nederland area. Don't miss this presentation on two great spots to fish in Colorado!

—Kellie Heatherly, V. P. and Program Chair

GO FISH ROCKY MOUNTAIN NATIONAL PARK

WEEKEND TRIP AUGUST 16-18, ESTES PARK, CO

BY FRAN STURGIS, TRIPS DIRECTOR

This trip can be done two ways, either wading the local lakes and rivers or taking a horseback ride for an overnight in the park and fishing high mountain lakes and streams. We will use Kirks Fly Shop for our guides. See web link and rates below.

We are joining the group Sisters on the Fly for this trip. They will have 75 campers staying at Mary's Lake for the week. We have Sisters On the Fly members in our Club, and it is always a fun time! They will host a Bar B Q on Saturday night for a fee of \$10, if you want to join.

Directions

Take US 36 through Boulder to Lyons, Continue on US 36 out of Lyons through the canyon, up to the town of Estes Park. Kirk's Fly Shop will be on your left just as you get into downtown. Parking is available along the park across the street.

Where to Meet and Fish

We will rendezvous at Kirks Fly Shop on Saturday at 8:00 a.m. and depart promptly at 9:00, giving folks plenty of time to shop. We are considering two main areas. One is to begin fishing along the Fern Lake trailhead (we probably won't go all the way up to the lake) and fish our way to the pool. Another option would be to take a group to the Wild Basin area and hike up the St. Vrain a bit. If you miss the group in the morning, check in at the shop and ask where our group

headed. Always check cwfTalk before you leave town for any updates or changes due to the weather.

Horseback Trips	1 Person	2 People	3 People	4 People
Full Day (8 Hours)	\$380	\$590	\$750	\$950
Overnight Trips	Minimum 2 guests or minimum rate applies, \$350 per guest for one night			

Kirks Fly Shop, kirksflyshop.com, Toll free 877-669-1859 / 970-557-0790 (We have horses and guides reserved here.)

Accommodations

Lodging

Check here for your price range: www.estesparkcvb.com/lodging.cfm

Camping

At the time of this writing, I have three spaces still reserved and available: \$77.50 for Friday/Saturday nights. Email me if you are interested. Mary's Lake Campground, www.tripadvisor.com.

More information about activities from Sisters on the Fly will be coming. Sign up at the August meeting or email me at trips@colowomenflyfishers.org.

If you want to join the Bar B Q, mail me \$10 in advance and I will put you on their list. ■

GO FISH BRAINARD LAKE AND INDIAN PEAKS

DAY TRIP AUGUST 31

BY FRAN STURGIS, TRIPS DIRECTOR

The Indian Peaks Wilderness is a spectacular area that straddles the Continental Divide. It offers excellent alpine lake and headwater stream fishing. A short hike from the parking lot will allow you to catch you brookies, rainbows, cuttbows, browns and maybe a cutthroat. You can also bellyboat, wade, or bank fish.

What to Bring:

3 wt to 5 wt rod, 5x and 6x tippet, mostly #16 dries with any red orange and/or white coloring: Royal Coachman, Red or Yellow Humpy, Orange Asher, Grey Hackle Peacock and Parachute Adams. Try nymphs too: BH Prince (14-18), Flashback Pheasant Tails, and your favorite soft-hackle wet fly.

Weather can change any time, so bring your layered winter clothing, lunch, float tube (optional) hiking shoes, bug repellent, sun screen and plenty of drinking water.

Directions:

Head west out of Boulder on Highway 119, up Boulder Canyon

to the town of Nederland. WATCH your speed...25 mph before you get into town. Go to roundabout and look for turn to Highway 72 (on right), West to Estes Park. After approximately 10 miles is the town of Ward. The sign for Brainard Lake Recreation Area is on the right and your turn is immediately on the left. This is a fee area. After paying the fee go straight down the road to the first bridge (a small lake is there). We will meet there at 9:00 a.m. CAR POOLING IS STRONGLY RECOMMENDED AS PARKING IS LIMITED. This area accepts the Golden Age Card.

We can car pool from US 36 and Sheridan RTD Park and Ride if enough sign up. Watch cwfTalk for more information.

Camping

Dry camping is available, but it is first-come first-served campsites.

Sign up at the August meeting or email me at trips@colowomenflyfishers.org. ■

TECHNOLOGY

A REFERENCE DATABASE FOR FLYFISHING QUESTIONS

BY DEB NELSON, TECHNOLOGY DIRECTOR

Have you ever wondered what to fish with and forgot to check with the local fly shop? Do you know how to look under rocks to see what natural bugs are in the water? Do you need a refresher on casting? All of these things are available in the Member Section of our website.

Go to www.colowomenflyfishers.org and choose the Member Login link on the far right. Once you have logged in to the Member Section, go to Knowledge Base. The Education Director has populat-

ed it with logs of great information.

The most recent additions to this page include the Entomology Information (12 favorite flies to use in almost any river) the SIMMS and ORVIS links, along with the Joan Wulff Casting video.

Please feel free to contact any CWF Board Member for the login details. ■

EDUCATION!

CWF Lending Library - You're Making it Happen!

BY RHEANA GAVAGAN, EDUCATION DIRECTOR

It never ceases to amaze us how our members can make things happen when they get involved. The ladies of the CWF have come through once again! We received generous book donations from Pat Nilsson and Penny Brackenbury that will build the basis of our new CWF Lending Library. Your Board will be working over the next month to catalog the books, fine tune the lending/return system and build a database that will allow members to view and check out materials online.

The CWF Lending Library will consist of both books and media available for members to check out. Just a few of the current titles include:

Woman's Guide to Fly Fishing by Dana Rikimaru

On The Trout Stream with Joe Humphreys

L.L. Bean Ultimate Book of Fly Fishing

Art Flick's Master Fly Tying Guide

Fly Fishing the Rocky Mountain National Park by Todd Hosman

The titles we have thus far range from beginning to advanced fishing and tying topics, anecdotal stories and destination guides. Would you like to do your part to help make this successful? We are currently accepting donations of books or media to continue to build our base content. Please contact education@colowomenflyfishers.org if you have items to donate or if there are specific titles you would like to see in your library. ■

CLUB TRIP REPORT

Eleven Mile Canyon

BY FRAN STURGIS, TRIPS DIRECTOR

The top of Eleven Mile Canyon's Gold Medal waters did not disappoint us. Fish were abundant, but picky on flies. The water was low (57 cfs), clear and the fish were easy to spot. The extreme fire danger was lifted after we had some afternoon rain storms.

Some ladies caught fish on dry caddis, Griffith's Gnats, RS2s, tiny black midges and worms.

Karen Lee paired up with Nancy Sherman and caught a nice brown trout, which she thought was a snag on the bottom. (SURPRISE!) Nancy caught ten fish. Jane Francen hooked her trout on nymphs next to the big rock. Risers were rare. Anita English had fun bringing in a sucker after catching all her trout. Deb Nelson hooked several nice browns. Chris Prelaz hunted her trout all up and down the river and hooked some nice ones. Chris Juvan used her years of experience, catching and releasing many trout. Barb Conroy and Kirsten Weber had a fun day hooking trout. Ann Gregory hooked many trout and brought in a couple of nice bows. Katja Aviszus found some big ones near the campground and hooked a couple. Club member Jeanne Sonderup hit the river hard where the big boys hang out, and they gave her a good run.

Deb Nelson shared her campsite for the Saturday night fire chat. It was fun listening to Craig Stainton playing on the harmonica and having us guess what song it was. Chris Prelaz did a jig dance to row, row, and row your boat.

It was a fun fishing weekend. ■

Board Retreat for Interested Members

BY THE CWF NOMINATING COMMITTEE

Every year, when their terms have ended, we sadly say farewell to a group of outgoing Board Members and gratefully thank them for their service. The Nominating Committee looks within our ranks to fill those Board positions and give others the opportunity to join this dynamic group. These volunteers are what keep our Club thriving, strong, and most importantly, evolving.

Last month the members of your current Board shared with you their thoughts and experiences about serving on the CWF Board. We will host a Board Retreat this year, on September 1, when any Member who would like to find out more about an available position (or is interested in serving on a committee) is invited to attend. This will be a very fun team-building day doing what we love to do best, spending time one on one with current Directors, learning more about available positions and the CWF Board in general. If you would like to attend the retreat, please contact the Nominating Committee Chair, Felicia Olsen, at newsletter@colowomenflyfishers.org. ■



PHOTOGRAPH BY NANCY SHERMAN

Karen Lee nets her first fish as a member of CWF!



PHOTOGRAPH BY NANCY SHERMAN

The ladies of CWF enjoy an evening around the campfire after a productive fishing day.

SNEAK PEEKS

SAN JUAN RIVER, NAVAJO DAM, NEW MEXICO Weekend Trip, Sept. 20 - 22

The San Juan River below Navajo Reservoir, NM will test the best flyfishers among us. But don't let that deter you from coming along.

This is a unique river. You can dry fly the upper flats, streamer the main channel, combat fish at Texas Hole, sight fish for the big boys and get lost in the braids.

This river has it all!

Accommodations

Make them soon....Daily park pass is \$5. Five-day fishing license and habitat stamp are \$29.

Abe's Motel and Fly Shop, 505-632-2194, www.sanjuanriver.com.

Fisheads of San Juan, 505-634-0463, www.fisheadsofthesanjuan.com. They have cabins on the river starting at \$94.00.

The Octagon Inn, 505-334-6758, www.octagoninn.com.

Equipment

5 or 6 wt. rod, 5 and 6x tippet (fluorocarbon would be best), polarized glasses, big net, wading staff and CLEATED boots.

Suggested Flies

With the high number of fish per mile you would think that you could fish about anything. Not so! These are educated fish with appetites that can be very picky.

Bring mayflies, #18-22, plus midges #22-28 in colors including olive, red, chocolate, black and cream. Matching the hatch is very important. Stop at your favorite fly shop before you go, to find out the latest hot flies. *San Juan River Forum.com* is a good website for flies and general information.

Directions

Take 285 south out of Denver through Fairplay. At the Johnson Village intersection, take Hwy 24/285 south to Poncha Springs. Continue south on Hwy 285 through the San Luis Valley to Saguache and watch for intersection with CO 112. Turn right (west) onto Hwy 112 to Del Norte, where you will take Hwy 160 west. Go through South Fork, over Wolf Creek Pass and through Pagosa Springs to Durango. At Durango turn south on Hwy 550 to Aztec. At Aztec take Hwy 173 east to Navajo Dam. The drive will take about 7 1/2 to 8 hours.

DREAM STREAM, HARTSEL, CO Day Trip, Sept. 28

Hopefully, by this time we will have had plentiful, replenishing rains, and Indian Summer will be in full swing. We will not only catch fish, but also enjoy the fall colors.

The browns should be spawning, and there will be on-going hatches. This will be a good time to use streamers. It should be a beautiful trip! Keep an eye out for more information in the September Newsletter.

Did you know that the CWF Annual Holiday Party is now in October? Stay tuned for more information in upcoming newsletters!

From the Presidential Suite

Do you have a vision for the Club? Do you have a desire to work with others to create and maintain something wonderful?

Do you remember reading this in July's newsletter? I asked these questions and several more last month so you would seriously start thinking about who you would like to see as our next CWF president.

My service to the Club as President started when I took over for the President who quit in the middle of her term then, I was elected for the next two-year term.

I was re-elected for another two-year term. At the end of that term, the Board of Directors asked me to stay on for another two-year. I honored their request. Now, add those years to the ones I put in as Special Projects Director before becoming President... It is time for me to step down. It's been a fabulous journey! I've met some wonderful people along the way. I've learned a lot and grown a lot as a person. Being President has had its ups and downs, wonderful times and challenges, but not once have I regretted a moment of these past seven years, and I have always been honored to serve you all and represent our Club. However, as I said earlier... IT'S TIME.

So, let it be known, that as of December 31, 2013, I will officially retire from being the President of Colorado Women Flyfishers. Until then, though, I will hopefully see you at our monthly meetings, on some of our trips and at our end-of-the-season/holiday party.

May you have tight lines and a bend in your rod.

**Joanie McCord,
President**



PHOTOGRAPH BY KRISTEN WEBER

Craigie Stainton plays her harmonica for the crowd.

CLUB TRIP REPORT

BOULDER CREEK, BOULDER, CO

BY SHERRY SHRANTZ, TRIP COORDINATOR

The water was fast on this day, but the members did okay above the Falls. Bright and early Saturday morning the CWF ladies met at Rocky Mountain Anglers. Randy, the Manager of Rocky Mountain Anglers, had marked the bins of the “go to” flies for the ladies — who were happy to snap them up, along with other flyfishing necessities. He then sent us up the canyon with two of his “Guides in Training.” Matt and Justin were a great help, and the ladies didn’t corrupt them at all!

Matt, said the funniest thing he heard was when one of the ladies said to him, “I’m gonna try to cross. Could you wait downstream?”

Our fishing was kept to a half day, due to lightning and showers — which was acceptable to all since we rendezvoused at the shop after fishing for a BBQ, laughs, and fish stories.

I asked the ladies to write their own quotes that we could add to this article. They are:

Maria Landis, “*The beauty of the day was magnificent.*”

Sue Holton, “*Oops, too slow, or was I too fast?*”

Cheryl Gerlitz, “*The river was fun — great company and food!*”

Deb Nelson’s quote after purchasing this new floatant, “*Fly-Agra, it will turn your size 22 into a size 8.*”

Russ Kyncl, “*What the heck is that stonefly doing down my shirt?*”

Diane Kyncl, “*What a great day to practice pocket water fishing!!*”

Chris Prelaz, “*I am too slow for these fish! I think I heard one say, ‘better luck next time,’ and then it flipped me off.*”

Maria Landis, “*Although I did not catch a fish, I had a wonderful day, thanks. I so appreciate all the effort, the food, the planning and the fun we had on this trip. Great job! It was a wonderful day!*”

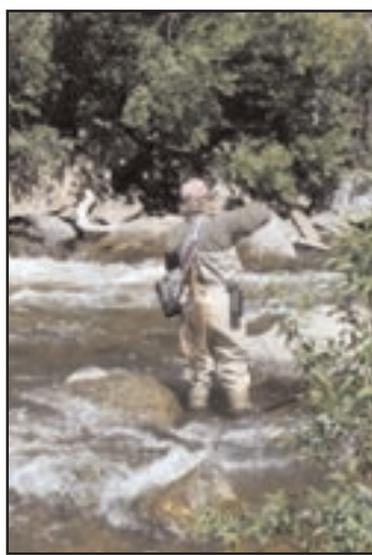
Lynn LaFleur had her first casting help from Fran the night before Boulder Creek. She caught three fish. Go Girl!! Those were tough fishing conditions. You should be proud of yourself.

It pleases me that everyone had a fun day. The water was fast, and those fish were quick. I caught a few on a girdle bug, tied Randy style.

Tip for a great girdle bug: tie it on a bent hook and weight it in the middle to allow the hook to float upside down. It gets down into fast pockets, doesn’t snag, and allows for a hook in the top lip. Easier to get in when these buggers are fast and the water high. We sincerely appreciate Randy’s generosity! ■



Jaqueline Eicher, Sue Holton and Diane Kyncl gear up for the rough water.



Deb Nelson hooked up in the fast water

CWF Board of Directors 2012

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Newsletter

Copy and art deadline is the 15th of every month.

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Membership Roster

Email roster corrections to

membership@colowomenflyfishers.org

PHOTOGRAPH BY FELICIA OLSEN



With any luck we will never get too old to enjoy a swing. Stephanie Sondock and Betty Peterson's granddaughter, Ezri are bridging the generation gap.

LAST CAST

"The wilderness and adventure that are in fishing still recommend it to me"

**HENRY DAVID THOREAU
"WALDEN"
1854**

CWF 2013 MEMBERSHIP

Membership for Calendar Year (January - December)

NEW MEMBER (over 18? yes no)

Enclose a check for \$40 made payable to Colorado Women Flyfishers. Members are required to sign an Acknowledgment of Risk and Release of Liability Form as a condition of membership.

RENEWAL (Member since _____)

Northern Colorado Chapter

Name: _____ Date: _____

Address: _____ City _____ State _____ Zip _____

Home Phone: _____ Phone [specify CELL (c) or WORK (w)]: _____

E-mail: _____ *The Club does not sell or trade or give away members' contact information to outside vendors.*

Newsletter Delivery Preference: (circle one) U.S. Mail Email

Flyfishing Ability: (circle one) Beginner Intermediate Advanced Professional

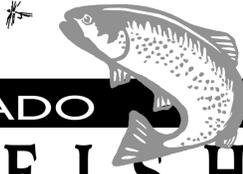
I would like to serve on the following committees: (Circle as many as you like!) Programs Membership

Special Projects Outreach/PR Newsletter Raffles/Funding Education Trips Public Events Website

*** MAIL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137**

*** Enclose Signed Acknowledgment of Risk and Release of Liability Form.**

Contact Kris Trierweiler, Membership Director, at membership@colowomenflyfishers.org



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