

COLORADO

WOMEN

# FLYFISHERS.®

*A sociable club for women who flyfish*

January 2013 Vol. XVII, No. 1

## JANUARY MEETING

**DATE:**

Monday\*, January 7, 2012

\*The meeting is on a Monday because New Year's Day is the First Tuesday.

**TIME:**

5:30 - 6:15 Social Hour

6:15 - 7:00 Dinner (Optional, \$12.00)

7:30 - 8:30 Program

**PLACE:**

Piccolo's Restaurant

3563 S. Monaco Parkway (near the corner of Hampden), Denver

**PLEASE BRING:**

A flyfishing friend *New guests are welcome!*

**How to Get There**

Piccolo's is located at 3563 S. Monaco Parkway, Denver, approx. one-half mile east of I-25 near the southwest corner of Hampden and Monaco in the King Soopers shopping center. Go to the private banquet room on the right side of the restaurant. We will be there! Take light rail for a new and less stressful trip to the meeting.

*At our January Meeting...*

### WINTER FLYFISHING TACTICS WITH PAT DORSEY

Pat Dorsey will join us in January to discuss winter flyfishing tactics. For anyone who doesn't already know, Pat Dorsey is the co-owner of the Blue Quill Angler fly shop in Evergreen, Colorado, as well as their head guide.

He has written several books about flyfishing and tying flies for the tailwaters of the South Platte River, not to mention being one of the most known, respected and sought after guides and speakers in the Colorado flyfishing community.

Any serious angler should not miss this presentation. And if any of you out there have a Pat Dorsey book, you can probably get it autographed!

*—Kellie Heatherly, V. P. and Program Chair*

## CWF Calendar

January 1 . . . . .Happy New Year!

**No Meeting**

January 4 - 6 . . . . .Flyfishing Show at  
Merchandise Mart

January 7\* . . . . .CWF Member Meeting

January 16 . . . . .CWF Board Meeting, REI

February 5 . . . . .CWF Member Meeting

February 9 . . . . .West Denver Trout  
Unlimited Fly Tying Show

February 12 . . . . .CWF Board Meeting

\*January 7th is a **Monday**

ARCHIVAL INFORMATION: Please send any published articles featuring CWF, or written by a CWF member to Club Secretary Kimberly Travis, Keeper of the CWF Archives.



### FOUL HOOKED:

*Every Member of CWF has a different reason for joining an all-women's club: Some have partners that don't care to fish; others are single; and some simply need an outlet to connect with other women. I believe that we have some of the very best, pioneering, female anglers in the sport of flyfishing that are members of CWF.*

*The word is out! Women are serious about the sport — they are excelling at it, and are finally being recognized as a viable market by equipment manufacturers, fly shops, and other flyfishing clubs and organizations. So why retain membership in The Colorado Women's Flyfishing Club?*

*For the same point I stated previously, we have some of the very best female anglers in the sport, and they want women to succeed!*

*To quote one of the great women of CWF, Carol Neville, "When you get a bunch of women together, they take care of each other. CWF takes care of others better than most." — Ed.*

## BACK CAST

### DECEMBER MEETING

BY FELICIA OLSEN

December's meeting had us taking a look into the complex process of river restoration, and rehabilitation with Troy Thompson of Ecological Resource Consultants in Evergreen, Colorado. By the end of the presentation, it is clear that Troy wears many hats: artist being the primary — you must have vision to undertake these projects; engineer — to understand exactly what must be done, and how to do it; and perhaps the most important, psychologist — to calm panicked clients when they observe the destruction they have contracted you to undertake on their behalf!



PHOTOGRAPH PROVIDED BY TROY THOMPSON

**"The process is a lot like making sausage, you don't want to watch it, but it tastes good when you are done." Troy Thompson on river rehabilitation.**

been initiated on target areas of rivers and streams without looking at the whole picture. In other words, water is a powerful force, and must be reckoned with. To "fix" one part of an eroding bank without considering the outcome beforehand, will result in a failed project — and in this case, chasing eroding bank upstream or downstream for years. Needless to say, the task of river rehabilitation is quite complex, yet the rewards of proper workmanship with an artist's eye are priceless.

On a side note of interest: there is talk of restoration work being done on the South Platte below Cheesman Dam, but it is a very long stretch of river that is damaged with copious amounts of sediment, and the entire stretch will need to be restored at one time to be effective. Troy mentioned that he will be starting a project on the South Platte below Chatfield Reservoir. Definitely a project to keep your eyes on!

#### What I hope you take away from the presentation:

- The process is complex.
- The client needs to clearly define the need for the project and specific goals of restoration.
- The technical, aesthetic, and sustainability factors need to be considered.
- Many projects are unsuccessful.
- If done properly, restoration can have huge benefits to aquatics, water quality, channel stability, land values, and active and passive recreation.

Troy Thompson is a professional engineer and the co-founder of Ecological Resource Consultants, Inc., a Colorado company that specializes in designing/building stream restoration projects. ERC, founded in 2000, is comprised of engineers, ecologists, biologists and geomorphologists and is a leader in natural restoration and sustainable, quality fishery improvements. Over the past 12 years, ERC has completed restoration work on over 35 streams in the Rocky Mountain region and Alaska. ■

## **PUBLIC EVENTS**

### **BASS PRO DAY ONE RECAP, AND COME SEE THE FLY FISHING SHOW, JANUARY 4, 5, 6**

BY ANN HOWELL, PUBLIC EVENTS DIRECTOR

PHOTOGRAPHS BY ANN HOWELL



**CWF members (Right to left) Diane Kyncl, Cheryl Gerlitz, Sandy Erickson, Maria Landis, and Chris Prelaz serve up dogs, brats and smiles to hungry shoppers at the Bass Pro event on a chilly Saturday!**

#### **Bass Pro Brats n' Dogs/Gift Wrapping**

**S**aturday, we had a very busy day with cooking dogs n' brats and gift wrapping. The day was a great success and we are looking forward to the same on Sunday. We don't have a final count as to the amount of money we made, since we still have one more day to work. It was a chilly day, but everyone pitched in and helped out.

#### **The Fly Fishing Show**

**A**t this time we have all the positions full for the show at the Merchandise Mart. If you would like to be a back-up person just in case someone is unable to make it, let me know and I'll put you on the list.

If you're not on the list to work the show, still come on down and check it out. Admission is \$15 for one day, \$25 for two days, \$35 for three days. Children under five are free, under 12 \$2; Scouts under 16 (in uniform), free. Military with ID, \$10. Cash only at the Box Office; an ATM is available. The show is January 4, 5 and 6. Fri. 10 a.m. to 6 p.m., Sat. 9 a.m. to 5:30 p.m., Sun. 9 a.m. to 4:30 p.m. For more information on seminars and casting demonstrations go to [flyfishingshow.com](http://flyfishingshow.com).

#### **Back again!**

The International Fly Fishing Film Festival is one night only — Friday, January 4 at 6:30 p.m. Tickets are \$15 at the door or \$10 in advance or with a paid Fly Fishing Show admission for Friday. See [www.flyfishingshow.com](http://www.flyfishingshow.com) for more details. ■

## **NEWSFLASH**

### **THE PERFECT NEW YEAR'S RESOLUTION!**

BY MARION NUTT, PROJECT COORDINATOR

**T**his one you can keep! The CWF Women's Clinic for non-members will be Saturday, May 18th, at the Kassler Center at Waterton Canyon.

Why not make a resolution to volunteer for it? We can have fun educating newbies to the sport of flyfishing, have a great lunch, and go fishing together after the clinic. The pond is reserved for Sunday, May 19 from 8-4, so we can put the newbies on the water (if



**Tell me, who can resist Cherrie Buskohl's charm?**

the committee decides to do it), then we volunteers can have a jolly good time fishing for the willing carp, sunfish and trout.

Pencil it in on your calendar and tell your friends who want to try fishing to mark theirs.

Email Marion Nutt at [rxnutt@aol.com](mailto:rxnutt@aol.com) if you want to make this a New Year's Resolution! ■

## **EDUCATION**

### **FISHING EQUIPMENT MAINTENANCE**

BY ANNETTE MCLEAN

*Excerpted from a previously published article in the International Women Fly Fishers Newsletter, Vol. 7, No. 2.*



PHOTOGRAPH BY SHERRI MOORE

**KEEP 'EM CLEAN** Watch out if dirt gets in the reel.

**A**t one time or another all of us are guilty of stashing our fishing equipment without cleaning and general review. Let's start with the fly line. While most fly lines today are much more durable and less dependent on maintenance, we still need to pay attention to them. We need to clean the lines on a regular basis. A clean line not only extends the life of the line, it also avoids the wearing and damaging of the guides on our fly rods. I have seen guides nearly sawn in half from dirty fly lines. When the guides are damaged, then the fly line itself will be cut or torn. Imagine what happens if you decide to replace the old line with new fly line but the guides are still damaged!

A clean fly line is much easier to cast than a dirty line. (*And a dirty line won't float as designed; if it won't float, you won't catch fish --Ed.*) Customers who come to our shop have asked me why their rod won't cast the fly line. When I clean their line and let them cast again, a big smile always comes over their faces.

#### **Rod Upkeep**

The upkeep of a rod is not necessarily a big issue. However, there are some things that you need to do on a regular basis. A good fly rod is a substantial investment and with attention to a few little details, the rod should take you through many fishing seasons. Here are a few tips to keep your fly rod in great condition.

When we reviewed the maintenance issues with the fly line, worn guides was a concern. It is very easy to check for worn guides. Simply use a Q-tip to trace the inside loops on the guides. If there is a problem, the soft cotton Q-tip will fray.

Also check for any loose guides. You should not be able to move them. If you find a damaged or loose guide on your rod, please notify your dealer or rod manufacturer about having the guide replaced.

It is important to keep ferrules clean. Use a Q-tip to clean inside the ferrules. Remove any grit or debris that might build up inside the ferrule. There should not be any wax build-up on the ferrules. This habit masks a questionable ferrule fit and can do damage to a ferrule connection.

It is important that the rod have a good, tight ferrule fit. Otherwise, you will be casting off a section of the rod and chasing it down stream! But you won't chase it too far. It will eventually sink never to be found again, at least not by you.

#### **Cleaning the Grip**

It doesn't hurt to clean the grip occasionally. I know for many of us a soiled grip is a badge of participation, an unreadable scroll of fishing memories. For many of our customers, the grip is not to be messed with. It carries the scents, colors and memories of the fish and their waters.

But there are some folks who like to have a relatively clean grip in their hands. It is easy to achieve. Mild soap in warm water with a soft to medium bristle brush will fill the ticket. I don't

really advocate sanding the grip clean. You can do this once or twice, but if you continue to sand, eventually the grip will not be comfortable in your hand. It is very important that the grip be comfortable. If it isn't, your hand may suffer muscle cramps during fishing or become very fatigued by the end of the fishing day.

The finish on a fly rod can easily be returned to its luster with a little warm, soapy water and a soft cloth. Some folks have used Armor-All to spiff up the shine. But this can also collect dust and grit. Dust isn't a big problem, but grit is an abrasive. A rod finish problem that we see on occasion is the result of a rod having been stored away in its bag and tube while the rod, bag and/or inside of the tube is wet. When a rod is stored in a wet environment, the heat and moisture will blister and fade the finish on a rod. There is no repair for this cosmetic disaster. So be sure that the fly rod, its rod bag and the rod tube are dry when you store them away.

#### **Fly Reels**

Fly reels are easy to maintain as well. Don't be afraid to take the spool out of the cage. When you do this, the internal workings of the reel are exposed to you. (Don't worry, they won't fly out at you.) Be sure that sand or any other grit or debris is not accumulating in there. Clean it as necessary and then lubricate according to the manufacturer's recommendations (*be careful here; some reels should not be lubricated. — Ed.*). Check for line wear on the line guide plate. If you have a habit of stripping line from your reel in a downward motion, be sure to check this plate. You may be wearing a sharp groove in it.

These are a few suggestions for maintaining your fishing equipment. When you make them a habit, it doesn't take very much time, but they do save the most valuable time — that of fishing time. ■

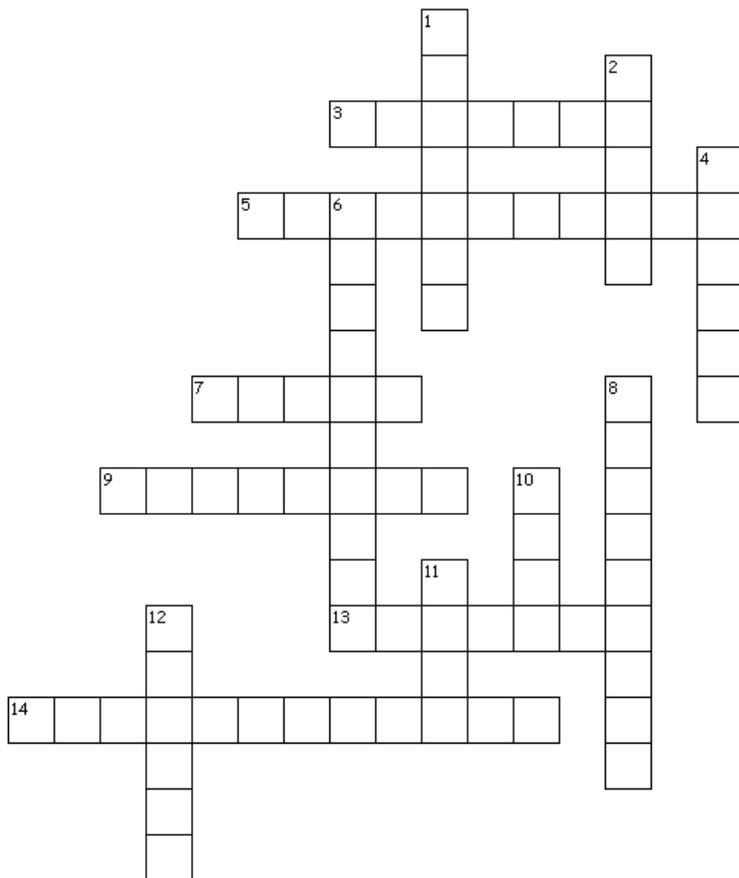
*I keep a thin style "freebie" mouse pad in my wader pocket to use as a mat on the ground for my reel when gearing up to get on the river. — ed.*

# EDUCATION

## JUST FOR FUN!

BY RHEANA GAVAGAN, EDUCATION DIRECTOR

Curl up with a cup of hot cocoa and enjoy this puzzle that is themed all around our favorite pastime. For those of us who can't get out on the river, - we can at least be thinking about flyfishing! The answers to this crossword puzzle will be published on our website ([www.colowomenflyfishers.org](http://www.colowomenflyfishers.org)) under the education link in the member's section in mid - January.



### Flyfishing Crossword Puzzle Clues (Jan Edition)

#### Across

- 3. Not Dun yet, one more stage
- 5. Old Faithful home
- 7. French river or nymph trapper
- 9. Hackle riding high
- 13. Uncased tween
- 14. A brookies back, worm tracks?

#### Down

- 1. Not a coward but the first to run
- 2. Knot for your garden
- 4. Child's play to follow
- 6. Sparkle Caddis Pupa inventor
- 8. Isn't violent- but slashed
- 10. Don't be a \_\_\_\_; adjust it
- 11. New sweater for Carlton?
- 12. Not just for Bai Yun; Vintage

**New membership rosters will be mailed out in the February newsletters. If you have changes to your roster information, please contact our Membership Director, Brenna Richardson, before January 15th.**

**The Members Only password for the CWF Website will be changing on February 1, 2013. After that time, the old password will no longer allow you to access the Members Only section of the Website. The new password will be found on the 2013 Membership Roster.**

## From the Presidential Suite

Well, if you are reading my first article for 2013, we all must have survived the 12/21 Mayan-predicted end of the world! YEA ... now we can look forward to our future of wonderful fishing – hopefully for years to come.

I'd like to thank the 2012 Board for all of the hard work they did this past year – way more than just going to that extra meeting, most months. My gratitude goes out to all of you and our Club has definitely benefited from your hard work, experience, and dedication.

So, with the new year come new challenges, new ideas and new members – both to the Club and to the Board. I'd like to welcome our new Board members: **Kellie Heatherly**, Vice-President; **Jolene Pilcher**, Treasurer; **Brenna Richardson**, Membership Director; and **Carol Stafford**, Special Projects Director. I look forward to their new and fresh ideas that I know they will bring to our Board meetings.

We still, however, are looking for a Fundraising Director. Without a person who is willing to take on the responsibilities of this position, many of the events we enjoy will either cease to be or they will be way more expensive. So, please consider stepping up and give back to a wonderful Club.

By the time you receive this, you're probably wondering where 2012 went, and what 2013 holds in store for us. Things we know for sure are: 2013 will eventually bring warm, sunny days, running clear water through our streams and rivers and fun CWF trips.

Right now, close your eyes – visualize (and listen); warmth on your face as you hear the running water of the stream ... the coolness of the water rushing by your feet and legs ... I feel a slight tug – set! Ah yes – Got 'em! Now doesn't that just bring a smile to your face?!

HAPPY NEW YEAR!

**Joanie McCord,  
President**

CLIP AND SAVE

## The Safe Removal of Flies from Your Face, Fingers or Other Body Parts

*A lesson which bears repeating*

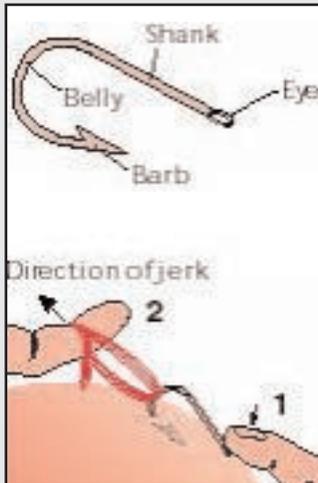
*From the Medical Journals of Harvard College*

The successful technique for removing fishhooks was first described in 1961 by Dr. T. Cooke, a general practitioner from south Australia. He had seen commercial fishermen in New Zealand remove hooks from themselves using only a piece of string.

Nobody knows how long they have been using this technique, or who should be credited for its invention. But as Cooke pointed out, "fishers have long used the string flick technique because it allows them to remove the hook, dip the finger in the sea, and carry on fishing within a minute."

Dr. Cooke published his account in an article titled, "How to remove fish hooks with a bit of string." Since then, it has been described multiple times with a few slight variations; the basic principle is as follows:

- A piece of strong string/suture (or, you could use the fly line) is tied to the bend of the hook.
- The shank of the hook is depressed to disengage the barb.
- While the shank is being depressed, the string is given a hard, sharp, decisive jerk in the direction in which the hook entered the skin. This extracts the hook along the path of entry.
- Clean wound with a bit of antiseptic.



FROM THE MEDICAL JOURNALS OF HARVARD COLLEGE

## MEMBERSHIP

### WHICH COMMITTEE ARE YOU INTERESTED IN?

BY BRENNA RICHARDSON,  
MEMBERSHIP DIRECTOR

#### CFW Committees and Directors

##### Trips — Fran Sturgis

Fran researches and plans our day and overnight trips and often provides fishing reports and fly advice.

##### Education — Rheana Gavagan

Rheana organizes our Club Spring and Fall Training Clinics, including the classes and instructors. She is also instrumental in the implementation of the public Women's Fly-fishing Weekend held in May each year.

##### IT/Website — Deb Nelson

Website manager:

[www.colowomenflyfishers.org](http://www.colowomenflyfishers.org)

##### Vice President — Kellie Keenan- Heatherly

Kellie arranges for the speakers for monthly meetings, working closely with Trip Director Fran Sturgis and Education Director Rheana Gavagan.

##### Special Projects — Carol Stafford

Carol plans our annual picnic and Holiday Party. She organizes our river clean-up and community service events.

##### Public Events — Ann Howell

Ann organizes volunteers for events like the January Fly Fishing Show at the Merchandise Mart, West Denver Fly Tying Clinic and multiple Bass Pro Shop events. She will coordinate efforts with Raffle/Fund Raising Director .

##### Newsletter — Felicia Olsen

Felicia coordinates the writing, production and distribution of the monthly newsletter.

##### Raffle/Fundraising — Vacant

The Director solicits donations from merchants and others for raffles and coordinates schedules and arrangements for Club participation in events like the Bass Pro Shops Spring Fishing Classic in late February and December.

##### Membership — Brenna Richardson

Brenna maintains the membership records and manages the welcome table at the monthly meetings. ■

**Are you new to the sport and don't have equipment yet? Did you break your rod or reel while on the river? CWF has rods and reels to loan! Contact our Trips Director, Fran Sturgis for more information.**

## CFW Board of Directors 2013

#### President

Joanie McCord

[president@colowomenflyfishers.org](mailto:president@colowomenflyfishers.org)

#### Vice President

Kellie Keenan- Heatherly

[vp@colowomenflyfishers.org](mailto:vp@colowomenflyfishers.org)

#### Secretary

Kimberly Travis

[secretary@colowomenflyfishers.org](mailto:secretary@colowomenflyfishers.org)

#### Treasurer

Jolene pilcher

[payments@colowomenflyfishers.org](mailto:payments@colowomenflyfishers.org)

#### Education

Rheana Gavagan

[education@colowomenflyfishers.org](mailto:education@colowomenflyfishers.org)

#### Fundraising/Raffles

Vacant

[fundraising@colowomenflyfishers.org](mailto:fundraising@colowomenflyfishers.org)

#### Membership

Brenna Richardson

[membership@colowomenflyfishers.org](mailto:membership@colowomenflyfishers.org)

#### Newsletter Editor

Felicia Olsen

[newsletter@colowomenflyfishers.org](mailto:newsletter@colowomenflyfishers.org)

#### Public Events

Ann Howell

[events@colowomenflyfishers.org](mailto:events@colowomenflyfishers.org)

#### Special Projects

Carol Stafford

[projects@colowomenflyfishers.org](mailto:projects@colowomenflyfishers.org)

#### Technical Director

Deb Nelson

[webmaster@colowomenflyfishers.org](mailto:webmaster@colowomenflyfishers.org)

#### Trips

Fran Sturgis

[trips@colowomenflyfishers.org](mailto:trips@colowomenflyfishers.org)

#### Newsletter

Copy and art deadline is the 15th of every month.

Editor Felicia Olsen

#### Proofreaders

Miki Seeley, Nancy Sherman,

Kimberly Travis

Production Jane Francen,

Carol Stegink, Nancy Sherman

Printer Alpha Graphics, Denver

#### [cwfTalk@google groups.com](http://cwfTalk@googlegroups.com)

Email subscription questions to

[karenwilliam@comcast.net](mailto:karenwilliam@comcast.net)

#### Membership Roster

Email roster corrections to

[membership@colowomenflyfishers.org](mailto:membership@colowomenflyfishers.org)

PHOTOGRAPH PROVIDED BY TROY THOMPSON



**LAST CAST**  
***"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties."***

**HELEN KELLER**

**"The proof is in the pudding." Troy Thompson shows off a prize caught in one of his river restoration spots in an undisclosed location. (apparently, he follows the philosophy that loose lips sink ships!)**

**CWF 2013 MEMBERSHIP**

**Membership for Calendar Year (January - December)**

\_\_\_ RENEWAL (Member since \_\_\_)

\_\_\_ NEW MEMBER (over 18? yes\_\_\_ no \_\_\_)

*Enclose a check for \$40 made payable to Colorado Women Flyfishers. Members are required to sign an Acknowledgment of Risk and Release of Liability Form as a condition of membership (only required upon initial membership). The form can be found on the CWF website.*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Other Phone [specify CELL (c) or WORK (w)]: \_\_\_\_\_

*The Club does not sell, trade or give away members' contact information to outside vendors. Rosters are printed for members' personal use only.*

Newsletter Delivery Preference: (circle one) U.S. Mail Email

Flyfishing Ability: (circle one) Professional Advanced Intermediate Beginner

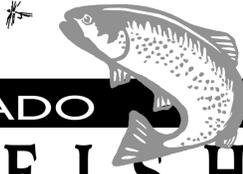
I would like to serve on the following committees: (Circle as many as you like!) Education Membership

Programs Special Projects Public Events Outreach/PR Newsletter Raffles/Funding Trips Website

**\* MAIL TO COLORADO WOMEN FLYFISHERS, P. O. BOX 101137, DENVER, CO 80250 - 1137**

**\* Enclose Signed Acknowledgment of Risk and Release of Liability Form.**

**Contact Brenna Richardson, Membership Director, at [membership@colowomenflyfishers.org](mailto:membership@colowomenflyfishers.org)**



**COLORADO WOMEN  
FLYFISHERS®**

**COLORADO WOMEN FLYFISHERS, INC.**

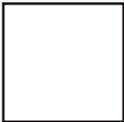
**www.colowomenflyfishers.org**

**P. O. Box 101137**

**Denver, CO 80250-1137**

Address Correction Requested

First Class Mail



**IF THERE IS A HEART IN THIS BOX, put a little love in an envelope and mail in your 2013 renewal dues. If there is no red heart in this box, congratulations, you are a paid up member of the Club and will continue to receive all benefits during 2013!**

**HAPPY NEW YEAR!**

**Pat Dorsey** comes to CWF in January!

**JANUARY SHOW INFORMATION**

**January 1 Flyfishing?**

**Stay tuned to cwfTalk for information.**